

LAKE GRACE LINK NEWS

Produced at the
LAKE GRACE COMMUNITY RESOURCE CENTRE
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Keeping It On The Fairway

Suzanne Reeves. Photo Reid Stubberfield

The green grass has been a luxury for the start of the golf season however the never ending sunshine and lack of precipitation is starting to take its toll.

However dry conditions didn't impede the opportunity for wannabe golfers to take part in a coaching session with Rob Farley, a regular visitor over the last 20 plus years to Lake Grace fairways.

The training was partially funded by the WA Golf Foundation and IGA Community Chest with the remainder made up by the participants paying a small fee.

During the morning Rob ran a 1.5 hour session with 13 juniors before then having a 1.5 hour session with eight very enthusiastic adults who are keen to get out on the course and practice their new found skills.

Rob will be back in June to run another coaching session, if you would like to give it a go then keep an eye on the Golf Club's Facebook page or touch base with Club President Chad Stanton or Captain Reid Stubberfield.

The club are pleased with how the season is progressing with a steady number of golfers teeing off each week; it is particularly pleasing to see so many younger golfers have adopted the game.

Reid and Vice Captain Mark Livall have been adopting a new approach with the sponsorship and keeping the format of each week's game close to the chest to keep everyone on their toes.

While there's been a good turnout of men on the course the club is keen to get more women back out there; they're looking at starting a three hole game on a Sunday afternoon to encourage newer golfers (pointless wearing them out with 18 holes) and to perhaps even draw in some of the players who would like to dust off their clubs.

Golf is played every Sunday, names need to be in by midday for a 12:15pm hit off.



Above: Coach Rob Farley with participants of the coaching clinic.

Back: Josh Willcocks, Max Stubberfield, Ben Walker, Sam Walker, Seth Argent, Tyler Argent, Jonti McKenzie, Sam Stanton, Kyle Harwood.

Front: Zane Harwood, Levi Argent, Lilly Stubberfield and Elise Carruthers.

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LAKES LINK NEWS

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Colour	\$200	\$165	\$165	\$150
<i>Conditions do apply.</i>				

CRC Opening Hours

9:00am - 5pm


Closed from midday to 1pm for lunch when short staffed.

Deadlines and Editions

All articles, news and advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

Next Deadline
Friday 2nd June

Next Edition
Thursday 8th June



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.

Thank you also to our many contributors of articles.

Lee Duckworth
Dick Phillips Annie Slarke

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- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
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260 copies circulated each fortnight

Editorial

- I just had a video conference training session on cybersecurity and as per usual there was some interesting stuff; the logic is not if you get scammed but that it will happen to everyone at some point and the key is being able to protect yourself as much as possible. There has been a massive rise in cyber crime in the last five years and we need to learn how to keep the scammers out. The prediction is that by 2025 there will be 75 billion devices online, that's an average of 10 per person. You may be thinking 'no way', but just look around the house; the computer, tablet, phone, TV, CCTV, doorbell, fridge etc.; all of those devices provide a gateway for scammers to get in. Food for thought.
- We've pretty much come to the end of looking for photos for the Across The Lake reprint. Those we haven't received will be replaced with something similar, left out or scanned from the current copy which will be poor quality compared to the others.
- Now in June we have our Understanding Grief and Loss workshop, it is postered as 'What to do After an Accident' but it is one and the same. After that we will have a SOYF information session. Both sessions are free and anyone is able to book in, simply ring the CRC to register your interest.
- In July we have our HC/MC workshop, we would love to see some more names for this. It will be held in the week beginning 17th July so give us a call.
- We have also booked an accredited First Aid workshop with St John for Friday 6th October. This workshop is for youth (16-18) and will come under the banner of Lake Grace Roadwise. We will be looking for funding to cover the costs of this workshop to keep any costs to a minimum (preferably free). Lake Grace Roadwise is keen to give youth the skills and confidence to act if they are involved in or come across an accident while driving. We are more than happy to take expressions of interest.
- Please take note in our change of emails and make the effort to save the main email in your digital address book. Remember if you send to an individual and that person is away your email won't be read so best to send to the main one. Be aware that if you simply click on reply that your email will go to the person rather than the main email account. The email addresses are as follows:
 - Main Email - central@lakegracecrc.net
 - Suzanne - manager@lakegracecrc.net
 - Elizabeth - staff02@lakegracecrc.net
 - Kayleigh - staff01@lakegracecrc.net
- Just a heads up that the silversmithing workshop won't be happening until August, if you're interested please let us know.
- Another idea we're looking at is obtaining grant funding to create a video that sells Lake Grace as a great place to live, something that could be used by local business when advertising for employees. We want a snapshot that highlights the vibrancy and assets of the community. Perhaps your business would also like to take advantage of this opportunity to create something tailor-made for your business. Would you like to be a part of this? If so please email or give a call.

Suzanne Reeves



LAKE GRACE
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INC

Are you a Men's shed member? Cost is only \$11 pa. Membership renewals were sent out in July, if you haven't received a renewal notice then please drop into the CRC so that we can rectify the situation.

If you would like to be a member then drop into the shed on a Tuesday or Thursday morning and fill in an application form.

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About Town

- Spotted around town was this father and son duo manning the gate at Saturdays home game on the 20th May. Steve Lankford donating his time for the Lion's Club was joined by his son Joe Lankford during the morning. Both Hope and Joe Lankford are current members of the Leo Lions of Armadale, with family ties there. It was wonderful to see Joe volunteering his time to help his Dad and the Lions Club. Photo courtesy of Arthur Slarke.



- After about 70 years the Sportsman's Club has a new roof! All the asbestos has been removed and the building is looking much fresher!

Happy Birthday

- 26th May Bailey McGlinn
- 28th May Lee Duckworth
- 29th May Anton Kuchling
- 30th May Paul Wheeler
Maddison Wheeler
- 31st May Chase Kuchling
Riven Clarke
- 1st June Michael Naisbitt
Dale Gooch
- 2nd June Meagan Zweck
- 4th June Rohan Trevenen
- 7th June Anke Stoffberg



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Book Review: *Road Trips Australia* by Don Fuchs

Suzanne Reeves

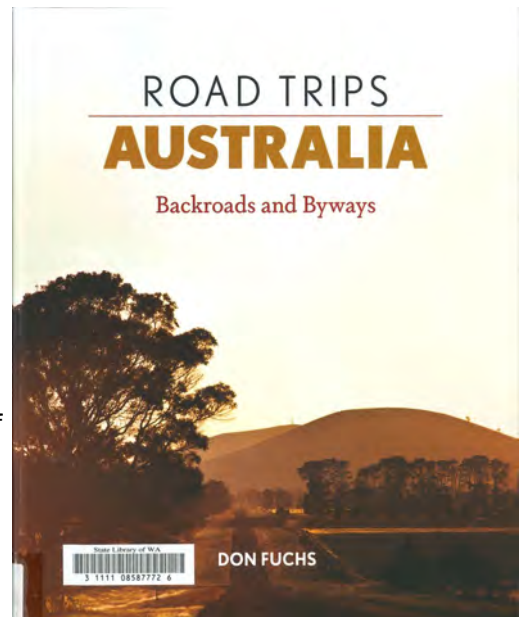
I had a little trawl down the non-fiction aisle this fortnight to see what is available in the Lake Grace Library, sometimes we forget about the great titles that are available to us.

Now this is a good one if you're thinking about a road trip and want to give yourself a few ideas. It gives a snapshot of a few regions from each state, let's face it there's so much out there to see you couldn't get a book big enough to cover it all.

Australia is the ideal country for adventurous road trips. A gigantic network of roads, many unpaved or backroads, runs through the almost endless expanse. Fascinating national parks are connected with country towns' long stretches of coastline, vast forests and large tracts of the outback are accessible. All you need is a sturdy vehicle (SUV or 4WD for some trips), camping gear, navigation skills and a good dose of common sense. And time, of course.

There is, however, no need to always venture to the remotest parts of Australia to have a good time and make discoveries. Some of the road trips suggested in this book find their stage in the more densely populated parts of the continent. Sometimes the unknown and fascinating is just around the corner. No matter where you venture, there is no better way to shake off the hectic lifestyle of our cities and everyday life in suburbia than on an adventurous trip down the roads less travelled.

Now if holidays aren't your thing there's a great little book called Baskets by Tabara N'Diaye, perhaps you could find yourself a nice sunny spot and create one of the 16 projects detailed in the book. Functional pieces such as placemats, baskets, bowls and bags.



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Lions Eye Institute

One million reasons to celebrate 40 years of saving sight

In 2023 the Lions Eye Institute is celebrating in more ways than one. This year the Institute marks 40 years of saving and restoring eye sight to the people of Western Australia. It also marks a significant milestone with one million patient visits since the Institute first started treating patients.

The Lions Eye Institute was founded by Professor Ian Constable AO in 1983. Professor Constable was recruited to Australia from Boston, USA and was attracted to the role as he could see the enormous need for improved eye health care in Western Australia.

“When I arrived in 1975, eye surgery was not universally available. Patients had to travel interstate for some conditions. Rural and remote services were very limited,” said Professor Constable.

At the time, Perth-based Lions clubs had established and were running a very successful Glaucoma Detection Clinic, operated from a now-iconic caravan. The clubs went on to form the Lions Save-Sight Foundation WA to expand on this work, and the rest is history.

Over the years, the leadership baton for the Lions Eye Institute has passed from Professor Constable to Professor David Mackey AO and then to the current Managing Director, Professor Bill Morgan.

As a not-for-profit organisation, ongoing philanthropic support has been the cornerstone of success at the Institute, leading to exciting discoveries, breakthroughs and inventions – all in the name of saving eye sight.

Some of the Institute’s biggest breakthroughs, inventions and treatments include:

- Inventing the first soft artificial cornea
- Discovering gene therapy to treat age-related macular degeneration
- Inventing the XEN® Gel Stent, the most used surgical glaucoma implant in the world, and the Virna Glaucoma Drainage Device, an affordable treatment for glaucoma used in Indonesia
- Creating the Barrett Universal II Formula used in cataract surgery
- Pioneering the central retinal vein occlusion (CRVO) bypass laser surgery procedure, a world-first cure for CRVO
- Making a significant scientific discovery into cytomegalovirus infections, which was awarded the Australian Museum Eureka Prize for Scientific Research.

“Over the last 40 years, the Lions Eye Institute has discovered many new sight-saving treatments and therapies,” said Professor Morgan.

“This is largely due to the ability of our medical researchers to work closely with our ophthalmologists, some of whom are researchers themselves, to ensure that patients receive the best possible and most

advanced treatment available.

“However, none of this would be possible without the early and ongoing support of Lions clubs, the Lions Save-Sight Foundation WA, federal and state governments and the generosity of philanthropic supporters. Many have been on the journey with us ever since,” he said.

For people living with glaucoma, the invention of the XEN® Gel Stent has saved sight and changed lives. Co-invented by Professor Morgan and Professor Dao-Yi Yu AM, the XEN® Gel Stent was one of the first commercially available minimally invasive surgical devices to treat glaucoma.

One grateful recipient of the XEN® Gel Stent is Jill, a patient of Professor Morgan. “In 2002 an ophthalmologist confirmed I had glaucoma, and advised me to see Professor Bill Morgan, who specialises in glaucoma. At the time, I was 54 years old and worried I might have to retire early,” said Jill.

“Professor Morgan initially treated me with drops but they didn’t work. I was then asked to be involved in a clinical trial for what is now known as the XEN® Gel Stent,” she said.

“I am so grateful to the Lions Eye Institute. The XEN® Gel Stents changed my life.”

Professor Morgan said uncovering advances in treatments such as the XEN® Gel Stents that saved Jill’s sight were the driving force behind the Institute’s significant and ongoing commitment to world-class medical research and its translation into clinical practice.

“Often referred to as the most valued of our senses, sight is a gift to be treasured,” said Professor Morgan.

“The need has never been greater for the Lions Eye Institute to discover new treatments and cures for eye diseases, in order to provide better vision for all. We have a strong focus on the future eye care needs of Western Australians and beyond.”

Since its beginnings at the Queen Elizabeth II Medical Centre in Nedlands, the Lions Eye Institute has opened clinics in Murdoch, Midland and Broome. In 2013, the Lions Eye Institute introduced Lions Outback Vision to provide eye health care to the state’s remote, rural and Indigenous communities. Over the decades, the Lions Eye Institute has undertaken clinical and research work in neighbouring countries such as Indonesia. The Lions Eye Institute also includes a day surgery, Lions Eye Bank, Lions Laser Vision, a Clinical Trials Centre, optometry clinic and research laboratories.

Over four decades, the Lions Eye Institute has grown to be an organisation which:

- Sees up to 80,000 patients across Western Australia each year
- Undertakes more than 70 clinical trials per annum

Lions Eye Institute *(cont.)*

- Employs approximately 300 people
- Facilitates approximately 400 corneal and scleral transplants per annum
- Receives up to \$5 million in donated gifts each year.

In recent years the Lions Eye Institute has partnered with The University of Western Australia to establish the state's first Optometry School. The Institute is also actively expanding research capacity with the appointment of two new Professorial Chair positions. These collaborations support the Institute's commitment to teaching the next generation of eye healthcare professionals.

The Lions Eye Institute's 40th anniversary is being celebrated throughout 2023 lei.org.au/40-years.

At the Lions Eye Institute, we make a difference to people's lives through excellent patient care and by pushing the frontiers of science to discover new treatments and cures for eye disease. As a not-for-profit organisation, the Lions Eye Institute spans the dual complementary pathways of research and clinical care. We bring together a globally recognised team of researchers and clinicians who continually build on each other's discoveries, knowledge and expertise to

deliver sight-saving treatment and care around the world. The quest for knowledge and its life-changing applications for patients drives our work. For more Lions Eye Institute media stories, visit our news page.

Key facts:

2023 marks 40 years of saving sight in Western Australia for the Lions Eye Institute.

It also marks one million patient visits since the Institute first started treating patients.

One of the Institute's most significant inventions, the XEN Gel Stent, has saved the sight of countless people worldwide. Patient Jill said "I am so grateful to the Lions Eye Institute. The XEN Gel Stents changed my life."



WANTED

Bridal creeper locations for a prospective LCDC (Land Conservation District Committee) project.

Take a photo on your phone (make sure location tags is enabled) and email the image through to the Lake Grace CRC. From this we will be able to map infestations.

Central@lakegracecrc.net

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Lake Grace Weather

Date	Min	Max	Rain
10/05	13.0	20.4	0
11/05	4.2	17.4	0.6
12/05	6.5	21.8	0
13/05	9.8	18.6	1.0
14/05	5.2	15.9	1.6
15/05	9.2	19.1	0
16/05	5.3	21.3	0
17/05	7.7	24.2	0
18/05	7.8	23.0	0
19/05	5.1	21.3	0
20/05	2.8	18.2	0
21/05	7.2	19.8	0
22/05	6.7	21.3	0
23/05	7.7		0

Lake Grace

CWA Cookbook



The reprint is now available.

\$23 a copy

This is a fundraiser for the Lake Grace branch.

Copies are available from the Lake Grace CRC and Lake Grace Visitor Centre.

Defibrillator Locations in Lake Grace

- **Liberty Roadhouse** - cnr Stubbs St/South Rd
publicly accessible AED
Open 7 days 6:00am - 8:00pm
- **IGA - Lake Grace Plaza** - Stubbs St
publicly accessible AED
Open 7 days 6am-7:45am 8:30am-5:30pm
- **St John Ambulance sub centre** - Stubbs St
(accessible 24 hours a day)
- **Sporting Pavilion**
publicly accessible AED when pavilion is in use
- **Lake Grace Police Station** - Stubbs St
(accessible 24 hours a day)
- **Lake Grace Men's Shed** - Bennett St.
(accessible 24 hours a day)
- **Lake Grace Swimming Pool** - Bishop St
publicly accessible AED during opening hours
- **Lake Grace Sportsman's Club** - Stubbs St
(accessible 24 hours a day)
- **Lake Grace Caravan Park** - Mather St
accessible 24 hours a day)
- **Lake Grace CRC** - School Place
(accessible 24 hours a day)
- **AFGRI** - Absolon Street
(accessible 24 hours a day)
- **Saltbush Inn - Griffiths St**
(accessible 24 hours a day)

Dial 000 for emergencies.

If you are responsible for a defibrillator or have one in your building be mindful that the pads need to be in date and battery may be running low (may beep). If you have any questions contact Debbie Carruthers at the Lake Grace Sub Centre on a Tuesday or Friday on 0428 110 446.

**You will face many defeats in life,
but never let yourself be defeated.**

Maya Angelou

Lake Grace Sportsman's Club

Position Available

Secretary/Treasurer

This is a Paid position, approximately 10 hours per week

All enquiries about the position, call Steve Hunt on 0427 651 585

10 Questions with...

What is your name?

Jacki McGlinn

What do you do for a living?

Daycare Educator

What's the best part of your job?

Watching the children develop and learn life skills

What's your favourite thing about Lake Grace?

Family and friends

If you could be any animal in the world, what would it be and why?

Lioness - energetic, strong and protective

What's your favourite snack? Chicken tenders

What's your favourite movie? The Hitman's Bodyguard

Do you have any hobbies? Playing sports

What do you do to relax? Watching movies

Who is your favourite actor and why? Ryan Reynolds- I find him funny



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Frank Finger's Working Dog Health Tips

Without a healthy dog, you don't have a dog

Frank Finger, winner of the ABC's Muster Dog program, knows a thing or two about training working dogs and preparing them for farm life.

The Clermont, Queensland cattle farmer transitioned to using working dogs on his property outside of Emerald in 1996 and hasn't looked back. He has been training working dogs for years and ensures the health and well-being of all his working dogs, declaring "without a healthy dog, you don't have a dog."

Frank shares his top tips below to keep working dogs healthy.

Diet

To keep dogs fit and healthy, Frank feeds his dogs once a day on a diet of bones, boiled meat, rice, and vegetables. "I also use dry pellets as a back-up but too much of this gets boring for dogs and is akin to a person eating dry Weet-Bix for breakfast each day." Overweight dogs have a shorter lifespan, and Frank notes overfeeding is an issue all dog owners should be aware of. "Feeding dogs once a day is more than enough to keep them healthy." Importantly, regular monthly tape-worming and removal of raw sheep meat and offal from a dog's diet can control tapeworms.

Sleep

Removing potential distractions is key to ensuring dogs get a good night's sleep. Frank's dog kennels are divided so the dogs can't see each other and any view of cattle, the house, or wildlife from the kennels is also blocked to remove distractions. "This ensures the dogs get a good night sleep. If the dogs see cattle or other animals, they immediately start thinking about working, which is what you don't want in the evening."

Illness prevention

With research showing there is a 1 in 11 chance a dog has worms, investing time, guidance, and care into a working dog to ensure their well-trained and healthy is all about looking after a mate. Frank uses Simparica Trio®, a once a month tasty chew, to protect his dogs against deadly heartworm and treat and control fleas, ticks and intestinal worms. "Simparica Trio is a very convenient once-a-month treatment. I give it to them just before they're fed and the dogs don't mind it at all."

Barking

Minimising distractions is also important to reduce dogs' barking both in the evening and during the day. One of Frank's tips is to keep the radio on. "I let them listen to music, the dogs love it, it's just enough to keep their attention and makes any slight commotion which may cause them to bark not as appealing."

Communication

Communication is also key to rearing healthy, well-trained working dogs. "Speaking as softly and calmly as possible will ensure happy dogs," says Frank. "They've got a good sense of hearing and owners and trainers don't need to shout."



Community Crop Community Grants

Under the umbrella of the Lake Grace
Development Association Inc.

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Medium - \$1,000 — \$5,000
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*Drop into the Lake Grace CRC or email
them on Central@lakegracecrc.net for an
application form.*





POLICE NEWS

LAKE GRACE POLICE STATION
56 STUBBS STREET, LAKE GRACE. 6353
Phone : 9890 2000 Fax : 9865 1429

Email: Lake.Grace.Police.Station@police.wa.gov.au

Personnel: Sergeant Joshua Egan-Reid, 1/C Scott Oatridge, PC Wade Humphrey.

STATION NEWS

On a station news front, we have had a new member join the team. Gone is the Holden Commodore and welcome the Kia Sorrento... I guess? Interestingly, the police don't own the cars we use but rather lease them. At the end of the lease we take off all of the additions, and they go to auction. A key point to note about the new car is that it still has everything from the previous car, it's just slightly larger and... slower.

Wade heads to Albany this week for his Negotiator course which is a difficult yet highly rewarding qualification to obtain. Only 5 members from the Great Southern District were selected and we are glad Wade will be able to obtain further skills to assist the town and staff when needed.

CRIME NEWS

We had a firearm handed into us a fortnight ago. The owner had left the firearm, minus its bolt, in his former employer's firearms safe. In cases where multiple people store firearms in the same safe, the firearms need additional security so only the owner can use the firearm. A trigger lock for example.

Now this wasn't the case with this firearm, in fact the owner had been gone for 6-8 months and the former employer couldn't get hold of him. The correct thing to do would have been to surrender the firearm to police immediately upon it being left behind, as the employer was technically in possession of a firearm they weren't licenced for.

Long story short, we now have the firearm and the owner has been charged with failing his storage obligations (leaving it in a safe for 6 months while others had access), and failing to update the storage location of the firearm. Police licensing should be updated when you move a firearm to a new storage location, it's just a simple form. The owner never did this.

To make matters worse the owner, who still has the bolt to the firearm, has failed to surrender the bolt to police at our request. He is refusing to disclose his location, which isn't going to end well for him. Further charges will be laid in regards to this and we have made an application for his firearms licence to be cancelled immediately.

TRAFFIC NEWS

Whilst heading to Perth to swap our Holden Commodore for the new Kia Sorrento we came across a nasty crash moments after it happened. It occurred on the Albany Highway near North Bannister. A white Range Rover turned right onto the highway, pulling out in front of a

green Commodore that was travelling straight.

Thankfully no one was seriously injured but the driver of the Commodore and his two young children received bruising from their seat belts. We arranged for an ambulance and they were all taken to hospital to be checked out as a precaution.

The driver of the Range Rover told us when interviewed that a car ahead of the Commodore had turned left, obstructing his view to the right. He didn't check to see if a car was behind this turning vehicle and pulled out. Given the speeds involved it was very lucky no one was seriously hurt.





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Warrior Wellbeing Article

Understanding Stress

Stress is usually associated with not being in control of a situation or an environment leading us to feel uncomfortable in body and/or mind. It is a part of life and it affects everyone at one time or another. Stress is normal, a certain amount of stress energizes people consequently improving performance and efficiency.

When stress levels get too high, problems can develop and start to take their toll on our mental health, physical health and social/spiritual wellbeing, sometimes with dire consequences. At RMHI we refer to *situational distress* to explain those times in our lives that create extreme stress which can start from situations that are unresolved in our lives. If we are always saying things like *I haven't got enough time, I must get this done before..., I'll never finish in time, I can't get anything done*; we might be in danger of moving from *stressed* to being *distressed*.

It is important to remember that what might be stressful for some may not be stressful for others. We all deal with things differently and have different capacities to cope.

How do you currently cope with stress? Are your coping strategies healthy or unhealthy, helpful or unproductive? Many people cope with stress in ways that compound the problem. Below are unhealthy strategies that may temporarily reduce stress but will cause more damage in the long run:

- Sleeping too much;
- Filling up every minute of the day to avoid facing problems;
- Withdrawing from friends, family and activities;
- Taking out your stress on others (lashing out, anger outbursts, physical violence);
- Drinking too much;
- Procrastinating;
- Overeating or undereating;
- Over analysing;

- Smoking;
- Using pills/drugs to relax;
- Zoning out for hours in front of the television or the computer.

Here are some tips that may help deal with stressful situations:

- **Avoid** the stressor. Learn to say *no*, limit time with those who stress you out (if possible), control your environment i.e. turn the news off if it makes you anxious, give the bookwork to the bookkeeper.
- **Alter** the stressor. Communicate your concerns i.e. *Talk to a Mate®*, ask for a behaviour change but be willing to also compromise, be more assertive, manage your time better.
- **Adapt** to the stressor. If you can't change the stressor, change yourself, look at the stressful situation more positively, will it matter in the long run? If the answer is *no* refocus elsewhere, set reasonable standards not perfectionism, look at all the good things in your life if feeling stressed out.
- **Accept** the stressor. Some stressors are unavoidable, in such cases accept things as they are. This can be difficult but easier than railing against an unchangeable situation.

Finding and creating ways to relax when you are stressed out will also help i.e. exercise, get a massage, listen to music to calm down and/or ... before it all gets too much ... *Talk to a Mate®!!* Most importantly if you feel you are not coping, despite your efforts to do so, we recommend a visit to your GP before you reach a crisis point.

The Regional Men's Health Initiative

P: (08) 6314 1436

E: menshealth@4blokes.com.au



Crochet Workshops

From 10am to midday, most Fridays - starts 14th April.

Lake Grace Community Resource Centre

Learners welcome, some hooks available for purchase with a small range of wool to practise on.

Work on Wheelchairs for Kids blankets or your own project

Call 9865 1470 if you have any queries.

If you prefer to work on your own project that is okay. Everyone welcome.



Employment Opportunities

around Lake Grace

Have you been looking for work? Maybe you are after a change in industry.

Here are a list of jobs currently available in Lake Grace

- **Spencer Shearing**
Shearers and Shedhands—full time positions
Contact Darren Spencer 0428 651 339
- **GS Mobile Mechanical Services**
Heavy Duty or Light Duty Mechanic
Trade Assistant / Tyre Fitter
Full Time Permanent Positions
Contact - 9865 1291
Email - gsmobilem@bigpond.com
- **AFGRI - Full Time Service Technician/s**
Contact - tbell@afgri.com.au
Tyson Bell 0427 890 058
- **AFGRI - Apprentice Technicians**
Applications for apprenticeships welcome now
Contact - tbell@afgri.com.au
Tyson Bell 0427 890 058
- **Rosies Cafe**
Casual Counter Staff
Students welcome to apply for school holiday work.
For more details phone Nut on 048 528 352.
- **Saltbush Inn—Casual Staff needed**
For more details contact Andrew on 0447592954
- **Farmers Centre**
2 - Diesel Mechanics
Contact Malcolm 0429 651 094
malcolm@farmerscentre1978.com.au
- **School Bus Drivers**
Casual Drivers wanted
Expression of Interest
Permanent bus driver for us coming position for more information contact Winston Garret on 0410 049 715
- **Shire of Lake Grace**
Plant operator/general hand Lake Grace, Gardener/
General hand Newdegate.
Contact Lake Grace Shire on 9890 2500

Scanning

The Lake Grace CRC can now scan up to A0

A0 - \$5 A1 - \$4

A2 - \$3 A3/A4 - \$2.50

Discounts for members.

Drop in with your maps, plans etc and we can do up a digital (or hard) copy for you.

9865 1470

Central@lakegracecrc.net

Katanning Vet Clinic



Phone: 08 9821 1471

Fax: 08 9821 1473

A/H Emergencies: 0427 017 462

3/114 Clive Street

PO Box 841

Katanning WA 6317

www.kojonupvethospital.com.au

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Saturday 8:30am - 12pm

Located in Lake Grace Plaza

Contact Dean Sounness: 9865 1225



Looking For Mary

State Library WA (for photos see facebook.com/StateLibraryWA/)

The State Library of Western Australia would like to acknowledge the Whadjuk Noongar people on whose land we are posting and all the Aboriginal and Torres Strait Islander people whose land the pictures and stories take place. It is by sharing these stories we hope to initiate meaningful and respectful relationships with non-Aboriginal people. By acknowledging the truths of our past we hope to heal together.

In February 1955, an elderly Aboriginal woman became lost in the bush. The acting supervisor of the Cundelee Mission at the time was Robert McKeich. This is his account of the search.

On my way to Zanthus to dispatch mail and meet the Tea and Sugar train to get meat, I was met by Aboriginal people who told me that Jacky and Mary, an old couple, had wandered into the bush and were lost.

I hurried back to Cundelee, prepared the Jeep and trailer, and left with Aboriginal trackers Jimmy Maadi and Don Sinclair for the search.

Jacky was there when we arrived, but his wife Mary was missing. He had left her to hunt a kangaroo, and when he came back, she had wandered away.

At first light Dan, Don, Jimmy, Jacky, and I headed north along the Coonana/Cundelee track and then took off into the bush. Don and Dan walked, and the rest of us followed in the Jeep through bush and spinifex.

At about 8.45 am we sighted Mary's tracks heading south toward the Trans line. The temperature growing considerably. By 11.30 am there were no more tracks to be seen.

While the others continued searching, Jimmy, Jacky and I drove to Coonana where I decided to leave Jacky who was no help in trying conditions. I sent a telegram to Cundelee saying - "Woman not found. May not be home tonight. Bring four gallons of petrol to Zanthus. Robert."

Found Mary's tracks again, evidently, she was wandering around in no particular direction but we lost them again as the ground became hard and stony.

The trackers, especially Dan, hardly stopped throughout the day and must have walked 30 miles zigzagging through the bush. Finding the way in the Jeep was not easy, but certainly much easier than walking, following almost imperceptible footprints, as the trackers were forced to do.

Found Mary's tracks again at 6 pm but had to turn for Coonana. Lit two big fires and left the stretcher ready to start again the next day.

Slept fairly well, even though the Aboriginal people wailed throughout the night believing Mary to be dead. Up at dawn for breakfast of porridge and tea.

At 6 am I drove to Bill Hillyer's (ganger) to fill the Jeep with eight gallons of petrol which he gave freely. The day's team was Dan, Don, Snowy, and me.

Jimmy refused to come with us despite my encouragement. I thought he was hard-hearted and insensitive to Mary's plight and told him so in the best Wongai I could muster. No one explained to me that Jimmy was not allowed by Aboriginal Law to be in the presence of Mary's dead body because of a tabooed mother-in-law relationship.

Continued to follow the tracks. Picking our way through thick bushes, mostly gum trees, some fallen. At one point the exhaust pipe was torn off and we sounded like a diesel.

At 8.45 am we discovered a spot where Mary had rested a few days before. The trackers knew this by noting on which side of the bush she sat for protection and related it to the position of the sun. The systematic way the Aboriginals did their tracking was interesting. Always at a quick walk or run. They saw the tracks where I could not and took great delight in pointing out interesting information to me; where Mary had dug for a lizard, where she rested, what time of the day or night, where she bumped into a tree at night, where she urinated.

If the trackers were ahead of us in the Jeep, or if we missed them for some reason, they'd light a fire about every 100 yards or so along their line until we caught up with them.

Mary was now heading north. We passed several dry rock holes and saw a mallee hen's nest. Where there was no open space, we had to knock down trees, and at other times barge through heavy scrub.

When the Jeep got a flat tyre changing the wheel in the intense summer heat was no fun. The tools were too hot to handle, and every effort was tiring.

We lost Mary's tracks again about 25 miles from Cundelee. Headed east again then decided to stop and discuss the situation. We were all tired, a little frustrated, and needed to relax our thinking. Then one man strolled away from the Jeep for a few yards and found her tracks right there!

An hour later we found Mary lying under a tree. She was absolutely parched, weary, and near death, almost unconscious. She could not have lasted another day. I estimated that she must have walked about 40 miles over four days, in the intense heat, without food or water for most of the time.

I gave her some sips of water and later added orange juice. After feeding her a little, we put her on a stretcher, placed it sideways in the jeep, and set off for Cundelee at 5.30 pm

We had to bulldoze our way through thick bush and must have punctured the Jeep's radiator core because the engine boiled. We had to allow the engine to cool off and put in some of our precious water, careful to save a cup for Mary.

Then as the sun began to set it started to rain. A heavy summer thunderstorm sent huge drops, which quickly

Looking For Mary *(cont.)*

formed streams and filled small rocky depressions. The rain continued in torrents, and as we moved along, billy cans were held under the drips from the hood, and the water was eagerly drunk. At one point I scarcely had time to stop before the men were out, flat on their faces, to drink from rocky depressions.

We arrived at Cundelee at 8.30 pm, all desperately tired. That night I drank milk, tea, coffee, soft drink, water, and anything wet, but could not shake my thirst. I was dehydrated and did not sleep very much.

We had travelled about 100 miles in the bush by Jeep. The trackers must have walked 65 miles but a life was saved with full credit to them and the sturdy Jeep.

GALLERY - Many of the remarkable photographs in this gallery were taken during the search for Mary. Aboriginal and Torres Strait Islander viewers are advised that this gallery may contain images of deceased persons.

SOURCE – Dairy extract from Robbie's poetry and short stories

McKeich, Robert, 1923-2012.

Print Material | 1997.

Available at 3rd Floor Stack (Call number: Q 821A[W]/ stories

Rosies Café & Bakery

Opening Hours

Monday to Friday

7am - 3pm - kitchen closed @ 2:30pm

Saturday and Sunday - 8am - 3pm - kitchen closed @ 2:30pm

Phone: 6801 7090 / 0456 390 205

Lake Grace CRC is a Department of Human Services Access Point



DHS Customers are able to:

- Access a self service terminal
- Print off documents
- Use the telephone / fax
- Access Internet

All free of charge for DHS business



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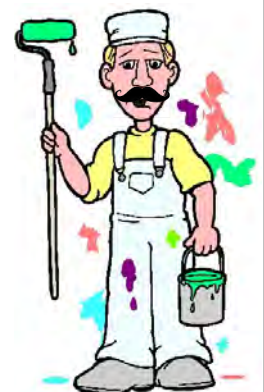
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In the ATO's sights this tax time

Australian Taxation Office

The Australian Taxation Office (ATO) has today announced its 3 key focus areas for this Tax Time:

- rental property deductions
- work-related expenses
- capital gains tax.

ATO Assistant Commissioner Tim Loh said the ATO is continuing to prioritise areas where we often see mistakes being made.

'Within these areas, we have identified common mistakes, and are particularly focused on addressing these and supporting taxpayers and registered tax agents to get their claims right this year.'

Rental property deductions: landlords – listen up!

The ATO's review of income tax returns show 9 in 10 rental property owners are getting their return wrong, and often sees rental income being left out, or mistakes being made with property related deductions – like overclaiming expenses or claiming for improvements to private properties.

Around 87% of individual rental owners use a registered tax agent to prepare their income tax returns.

'We encourage rental property owners and their registered tax agents to take extra care this tax time and review their records before lodging their return,' Mr Loh said.

The ATO is particularly focused on interest expenses and ensuring rental property owners understand how to correctly apportion loan interest expenses where part of the loan was used for private purposes (or the loan was re-financed with some private purpose).

'You can only claim interest on a loan used to purchase a rental property to earn rental income – don't forget, if your loan also includes a private expense, such as for a new car or a trip to Bali, you can only claim an interest deduction for the portion relating to producing your rental income,' Mr Loh said.

The ATO has sophisticated data matching capabilities which include rental property-related data and has recently implemented a new residential investment property loans data matching program.

'This is just one example of the work we are doing to help you get your return right and make sure people are claiming expenses correctly,' Mr Loh said.

For more information visit ato.gov.au/rental

Work-related expenses: avoid the 'copy-paste'

'We continue to see shifts in the way Aussies are working, and it's important to consider whether your claims reflect your working arrangements this year.'

'There have also been some changes in how you calculate things like working from home deductions, so don't be tempted to just copy and paste your prior year's claims. We know a lot of people are working back in the

office more compared to last year,' Mr Loh said.

This year, the ATO is particularly focused on ensuring taxpayers understand the changes to the working from home methods and are able to back up their claims.

To claim your working from home expenses as a deduction, you can use the actual cost, or the revised fixed rate method, so long as you meet the eligibility and record-keeping requirements.

'Keeping good records will give you flexibility to choose the right method that suits your circumstances and gives you the best deduction this tax time,' Mr Loh said.

For more information visit ato.gov.au/home

Capital gains tax: have you considered all assets?

Capital gains tax (CGT) comes into effect when you dispose of assets such as shares, crypto, managed investments or properties. To ensure you are meeting your obligations and paying the right amount of tax, you need to calculate a capital gain or capital loss for each asset you dispose of unless an exemption applies.

'Generally, your main residence is exempt from CGT, however if you have used your home to produce income, such as renting out all or part of it through the sharing economy, for example Airbnb or Stayz, or running a business from home, then CGT may apply,' Mr Loh said.

The ATO is reminding taxpayers of the importance of keeping records of the income-producing period and the portion of the property used to produce income to calculate your capital gain. If you used your property to earn income, and qualify for an exemption, make the election in your tax return.

'Don't fall into the trap of thinking we won't notice if you sell an asset for a gain and don't declare it,' Mr Loh said.

For more information visit ato.gov.au/CGT

Help and support is here

'We know many people are doing it tough this year. We expect fewer people will receive a refund or may receive smaller refunds than they were expecting, and more may have tax debts to manage,' Mr Loh said.

The ATO is committed to supporting taxpayers to meet their obligations and has a range of resources available to help.

'If you're feeling overwhelmed or getting behind with your tax, let us know as early as possible or have a chat with your registered tax agent so we can work with you to find a solution. Don't bury your head in the sand,' Mr Loh said.

The Good News Page

Kevin Seaman

With the major events of late, informing us of what to expect from the federal and state budgets for 2023/24. Monies for roads, the Albany Ring Road, the Bunbury Ring Road.

- The cost of living
- The housing problem
- The financial assistance for the needy, to make ends meet etc etc etc

It was also pleasing to see and hear the good times being reported on tv, radio and papers.

- The coronation of King Charles III (who can put on a pageantry display)
- The seeding process is well under way
- Repairs to the Kulin/Lake Grace roads
- Construction of the new park next to the Visitors Centre in downtown Lake Grace
- The exercise stations around the town

But I am sure the following "Good News Stories" will make you realize that "yes there are a lot of good, helpful people and events ongoing around our grief stricken world," so read on McDuff.

Doctors Performed Brain Surgery On A Baby Before She Was Born.

A baby girl who developed a life-threatening brain condition was successfully treated before she was born.

The baby's condition, known as vein of Galen malformation, was first noticed during a routine ultrasound scan at 30 weeks of pregnancy. The condition occurs when a vein connects with an artery in the brain. These two types of vessels have different functions and should be kept separate. Arteries ferry high-pressure flows of oxygenated blood from the heart, while thin-walled veins carry low-pressure blood back the other way.

When the two combine, the high-pressure blood flow from an artery can stretch the thin walls of the vein.

"Over time the vein essentially blows up like a balloon," said Darren Orbach, a radiologist at Boston's Children's Hospital in Massachusetts, who treats babies born with the condition.

The condition can result in brain damage, heart problems and breathing difficulties after birth. It can be fatal.

The baby girl was born healthy a couple of days later weighing 4 pounds and 1 ounce. She is now seven weeks old and thriving and there's no indication that she needs any additional interventions.

Doctors around the world are thrilled with the results.

"This is a really exciting breakthrough," said Greg James, a paediatric neurosurgeon at Great Ormond

Street Hospital in London.

"It's giving a chance to kids who would otherwise have very little possibility of survival," said Timo Krings, a neuroradiologist at the University of Toronto.

"This is a very elegant and exciting solution to a difficult problem," said Ibrahim Jalloh, a neurosurgeon at Cambridge University Hospitals NHS Foundation Trust in the UK.

Abandoned Dog Seen Wandering Detroit Streets With Stuffed Toy Has Been Rescued.

A German Shepherd who was wandering Detroit with a stuffed toy after her owner died, is safe and preparing for her forever home after animal rescue groups and animal lovers came together to find her.

Once her story was posted online, people with It Is Pawzable, South Lyon Murphy Animal Recovery, Sugar Mutts Dog Grooming, Almost Home Animal Rescue and others came together to find the German Shepherd by showing photos of her to nearby residents.

"All she had left was the stuffy from her owner she was carrying around. Our hearts broke when we saw this photo and heard what happened to her, it reminded us of the movie "Annie" where Annie kept a locket close to her heart from her parents," Almost Home wrote in a Facebook post.

"Everybody was posting pictures in Detroit of whom they were calling Nicholas, now Nikki because it's a female, and of course started tagging Heather, South Lyon Murphy – can you help trap this dog?" said Katrina Weaver, the owner of It Is Pawzable Dog Training.

"Everybody comes together and works as a team, which is so amazing," she added.

One neighbour had been feeding Nikki while she was homeless. She is now working with the rescues to find the dog a home.

This Guy Is Batman: Hero Bus Driver Jumps Into Driverless Car Through Window and Stops It

A quick thinking bus driver is being praised for preventing a potentially devastating accident involving a driverless vehicle.

The incident took place in Aydin, Turkey.

The bus driver noticed an approaching vehicle moving recklessly down the road and quickly stopped the bus.

He then exits the bus, jumps into the moving vehicle's window and successfully brings the driverless car to a complete stop by pulling the hand brake.

His heroic actions were captured on the bus' security camera.

Black Bear Breaks Into Woman's Car, Guzzles 69 Cans Of Soda

A black bear broke into a woman's car and drank nearly

The Good News Page *(cont.)*

6 cases of soda, only leaving a few cans of diet cola untouched.

Sharon Rosel, from British Columbia's Sunshine Coast, was awakened by her dog barking at 3am last Thursday. She looked outside and saw a black bear near her car.

She watched the bear break through one of the car's windows with a noise that sounded "like a gunshot," Rosel told Coast Reporter.

He was after the cases of soda she had just purchased for her food truck business.

Rosel said she watched from her balcony for an hour and a half as the bear used its teeth to break open the cans and slurp their contents while making a huge mess in her car's interior.

The bear drank 69 of the 72 cans of soda, leaving behind only three diet sodas.

Rosel said it seemed to prefer the Orange Crush.

The black bear's antics were caught on Rosel's security camera. She posted a few photos to Facebook to encourage others in the area not to leave any food or drinks in the car.

"Do not underestimate their sense of smell," said Rosel.

"We have to be bear aware. We have to live with them, and bears have memories."

K

Want your negatives scanned and saved?



How about your slides?
The Lake Grace CRC is able to scan your negatives, slides and photographs.
They can then be saved to disc for future use or printed.

Enquiries to 9865 1470

JOB OPPORTUNITY

Plant Operator / General Hand

Full Time— 9 day fortnight



Competitive salary; Staff housing with subsidised rent available

We are seeking **TWO** reliable Plant Operator / General Hands to join our Infrastructure Team to carry out tasks associated with the maintenance and construction of road systems throughout the Shire of Lake Grace.

The application package including a position description can be found on the Shire website www.lakegrace.wa.gov.au or call 9890 2500.

Applications should be addressed to the Chief Executive Officer, Shire of Lake Grace, PO Box 50, Lake Grace WA 6353 or email to shire@lakegrace.wa.gov.au

Applications close 4.00pm on Friday 2 June 2023

The Shire of Lake Grace is an equal opportunity employer

Community Information

Office Open Hours

Monday - Friday 8.30am - 4.00pm
Staff can be contacted by phone between 8am - 5pm

Licensing Payments

All licensing payments are to be made in person at the Shire of Lake Grace Administration office, 1 Bishop Street, Lake Grace, *(please phone ahead for availability)*

Monday to Friday from 8:30am to 4:00pm

As an agency, we process the majority of transactions including: renewals, transfers, number plate orders, boat registration renewals and new licence applications.

With every transaction we perform, we try to offer the best service possible.

We do ask all licensing customers to be considerate, even though we are aware of people being 'locals' it does not exempt us from following the rules set by the Department of Transport.

Driving Assessor

The Practical Driving Assessor (PDA) will be at the Shire of Lake Grace Office on:

Friday - 9 June

Friday - 7 July (to be confirmed)

Bookings are essential for all Practical Driver's Licence Assessments and we advise booking in advance as there is often a waiting list.

All bookings to be made at the Shire office on 9890 2500 until further notice.

Lake Grace has one assessment day each month held on the first Friday of the month. For more information go to: www.transport.wa.gov.au.

Libraries

Lake Grace Public Library School Place Absolon St
Monday - Friday 9am - 5pm
Closed for lunch 12.30 - 1pm

Newdegate Public Library Collier St
Monday - Thursday 8.30am - 4.30pm
Closed for lunch 12noon - 1pm
Friday 9am - 2pm

Lake King Library Newdegate/Ravensthorpe Rd
Tuesday and Thursday 8.30am - 3.30pm

Building Surveyor

Building Surveyor, can be contacted through the Shire Office on 9890 2500 or email shire@lakegrace.wa.gov.au.

Town Planning & Building

The Shire's Town Planner consultant Joe Douglas, can be contacted via the Shire on 9890 2500 or email shire@lakegrace.wa.gov.au.

Environmental Health

The Shire's Environmental Health Officer, Brendon Gerrard. Can be contacted via the Shire on 9890 2500 or email shire@lakegrace.wa.gov.au.

Tip Times

Lake Grace

Monday & Wednesday 9am - 2pm
Saturday & Sunday 9am - 4pm

Newdegate

Wednesday 9am - 1pm
Saturday 9am - 1pm

Lake King and Varley

Open every day

Recycling Services

Household Waste Collection is a weekly service and collected each Tuesday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is a fortnightly service and alternates between Lake Grace and Newdegate. See below for the upcoming recycling collection dates.

Lake Grace	Newdegate
Tuesday 6 June	Tuesday 30 May
Tuesday 20 June	Tuesday 13 June

Please Note: There is no kerbside recycling collection service in Lake King or Varley.

The recycling bins are collected by Warren Blackwood Waste and transported to a recycling facility. If items which are not recyclable are found the content can't be recycled and the load will be directed to the landfill.

If an item is covered in food, it is not recyclable. Food is one of the worst contaminants in the recycling process. By using the yellow top recycling bin correctly you are contributing, in a combined community effort, to reduce the amount of rubbish that is directed to landfill facilities each year.

For more information on Waste Management visit the Shire's website www.lakegrace.wa.gov.au.

Community Information

UPDATE: - The lights at Lake Grace Hockey/Football Oval and Newdegate Hockey Field will be adjusted as soon as the Cherry Picker from CBH becomes available.

Licensing

What documents do I need when I am applying for a WA Driver's Licence?

Whether you are applying for a learner's permit, or transferring from interstate or overseas, you must provide us with a combination of **5 ORIGINAL DOCUMENTS**. These documents will ensure we can verify your Full Name, date of Birth, and Residential Address.

There are two different combinations of the 5 documents you can provide:-

Category A : Establishment of Identity

Category B : Link between identity and person

Category C : Evidence of Identity in Community

Category D : Evidence of Residential address

Combination 1 requires 1 document from Category **A, B & D** + 2 documents from Category **C**

Combination 2 requires 1 document from Category **A** and 2 documents from Categories **C & D**

A list of the documents that can be used can be found at the Shire office or on the Department of Transport

The licensing Team

Community Emergency Service



It is good to see that seeding is well underway across the Shire, with reports of good progress and early crop growth. While we are now experiencing cooler weather, I would like to encourage you to register any planned burns by calling 9353 9210 as this helps minimise reports of fire by travelers.

Following a recent meeting of regional fire chiefs and delegates, the Shire of Corrigin strongly encouraged everyone to spread the message about removing asbestos prior to it being impacted by a fire. Through the recovery and clean up process, they have learnt that removal and disposal of fire-impacted asbestos can only be completed by specialised contractors and can only be disposed of at a few sites within WA. Expected clean-up costs have been far greater than initially budgeted, more than allowed in typical insurance policies, putting strain on the community. In July 2020, the Australian Taxation Office (ATO) published a taxation ruling "TR2020/2 allowing income tax deductions for expenditure on 'environmental protection activities', including asbestos removal and disposal. The representatives from the Shire of Corrigin strongly recommended that everyone take steps to remove and dispose of asbestos as soon as possible to avoid the inconvenience of removal after being impacted by fire.

An asbestos factsheet relating to the taxation ruling is available from the Shire office on request, via a link on our website.

Matt Castaldini
Community Emergency Services Manager

Chicken, Bacon and Vegetable Pot Pies

Ingredients:

12 Skinless chicken thigh fillets (1kg)
8 Rashers dry-cured smoked streaky bacon
1 tbsp mild olive oil
2 onions
2 sticks celery
3 medium leeks
Several fresh thyme sprigs
1 tbsp butter
200 g button mushrooms
2 tbsp plain flour, plus extra for rolling
400 ml chicken stock
200 ml half-fat crème fraiche
1 tsp Dijon Mustard
1x 500g pack frozen puff pastry, defrosted
1 medium egg
Salt and pepper



Method:

1. Cut the chicken thighs and bacon into bite-sized pieces.
2. Heat a large frying pan or shallow heatproof casserole over a medium heat and add the oil. After 30 seconds, add half of the chicken and bacon to the pan and season with salt and pepper. Fry for about 8-10 minutes, stirring often, until golden all over. Scoops onto a plate using a slotted spoon, then repeat with the second batch.
3. While the chicken cooks, finely slice the onions, celery and leeks. Once both batches of chicken are cooked and set aside, add the vegetable to the pan, then cover and cook gently for about 10 minutes, until soft.
4. Pick the thyme leaves from their stalks. Turn the heat back up a little, then add the butter, mushrooms and thyme. Fry, stirring, for about 3 minutes, until the mushrooms and vegetable take on a golden tinge. Return the chicken to the pan.
5. Take the pan off the heat, then stir in the flour. Add the stock gradually to make a smooth sauce around the chicken and vegetables. Simmer for 20 minutes, until the chicken is tender.
6. Swirl the crème fraiche and mustard into the pie filling.
7. taste the sauce for seasoning before you add any salt (the bacon will have added plenty). Season with pepper. Spoon the chicken pie filling into 6 individual pie dishes leaving at least 2.5cm at the top so that the filling can bubble without escaping. Leave to cool.
8. Flour the work surface a little, then roll the pastry to a square about 45 x 45 cm. Cut six rectangles of pastry, each a little wider than the tops of the pie dishes. Use a fork to beat the egg with 1 tablespoon water to make a glaze. Dampen the rim of the dish with a little of the glaze. Press the pastry over the top.
9. Lightly brush the glaze over the pastry. Make a few small slashes in the top of each pie with a small sharp knife. The pies can be chilled for up to 2 days at this point.
10. Preheat the oven to 200 degrees Celsius. Put the pies on the baking sheet and bake for 20 minutes or until the pastry is golden and the filling is bubbling up in the middle. Pies cooked straight from the refrigerator will take a few minutes longer to cook.

Puzzles and Stuff

Some words for 11th May edition of Boggle

Answers for 11th May edition of Sudoku

- Kurrajong Kaon
- Jargon Knar
- Koruna Knur
- Kronur Koan
- Argon Kuna
- Groan Nark
- Guano Rang
- Krona Rank
- Orang Roan
- Organ Rung
- Agon
- Gran
- Guan
- Gunk
- Junk

4	8	9	1	5	3	6	7	2
2	6	1	7	9	8	5	3	4
3	5	7	2	4	6	8	9	1
6	7	4	8	1	2	3	5	9
8	9	3	4	6	5	2	1	7
5	1	2	9	3	7	4	8	6
1	2	8	3	7	4	9	6	5
7	4	5	6	8	9	1	2	3
9	3	6	5	2	1	7	4	8

2	8	5	7	1	9	4	6	3
1	3	6	4	8	2	7	5	9
9	7	4	6	3	5	2	1	8
7	4	1	3	2	6	9	8	5
3	5	9	8	7	4	1	2	6
6	2	8	9	5	1	3	4	7
4	1	7	5	6	3	8	9	2
8	6	2	1	9	7	5	3	4
5	9	3	2	4	8	6	7	1

M	Y	O
N	T	H
E	C	A

This week's Boggle (Every word must include the middle letter)

Animals

Across

2. Quack quack

7. They are white and have wool on them

9. Super fast

11. King of the Jungle

13. Have black and white stripes

16. Swim around and chomp stuff up

17. Small green and can jump high

18. Swings from tree to tree

Down

1. Lives in the ocean and has big teeth

3. Drives Santa's sleigh

4. Grey, big, and have a trunk

5. Orange with brown stripe

6. Green and has a shell

8. People ride on them and they have four legs

10. Pink and go oink oink

12. Bird and awake at night

14. Brown with long neck

15. People have them as pets and you pet them

Australian Animals

L D I H M M P L A T Y P U S J B G
 E W B Y Q A W B J Y X O C E Q B H
 V J C F Z G O I P O S S U M L X N
 D L H M C P M L Y E Q S R Y W V A
 G T P L D I B B L C Y U B D B S Z
 C F C T R E A Y M H F G J O S R L
 X M Q O F J T M C I N A X D W R E
 E K M Z R E K I W D U R R T H N G
 Y A Z Z K S V D A N M G F K A S J
 Z N G O A N A I L A B L D O Y Y Y
 W G U R A C Y N L C A I J A E I Y
 U A S X R V J G A J T D M L M U V
 R R L R V G X O B Z J E J A U P Q
 Q O E W N L F G Y B G R M N R H G
 K O C Q G O K C R O C O D I L E R
 U V A S Z L Y I W T R E E F R O G
 W H I M R G Y W A I Q J J G U F Y

bilby	crocodile	dingo	echidna
emu	goana	kangaroo	koala
magpie	numbat	platypus	possum
sugar glider	tree frog	wallaby	wombat

Lake Grace Golf Notes

Mark Livall

Sunday 14th May

On the 14th of May we were lucky enough to have Rob Farley travel to Lake Grace and provide 2 coaching clinics for the kids and beginner golfers. The Clinics were well supported with 14 kids and 8 adults taking part and learning the ins and outs of trying to hit a golf ball. Many thanks must go to Rob who has been traveling down for 20 years, it's greatly appreciated.

After the clinics, we then started our fourth round of the season, playing a stroke day sponsored by Mallee Hill Mechanical and Lewis Building and Maintenance. It was also our first qualifier for championships. Once again, we had another great turnout of 10 golfers and great conditions for golf. Winners for the day and not a bad score for his first hit off for the year was Harry Slarke with a 94 Gross 64 Nett. Runner up in a count back was Shaye Bowron with a 101 Gross and 71 Nett. Good to see the coaching clinics paying off Shaye!

Long Putt 9 – Outback TV – J Randall

Nearest To the Peg 18 – Fyfe Transport
– G Featherstone



Above: L-R; Rhiannon Stubberfield, Jo Oatridge, Gemma Pauley, Letisha McGlinn, Rachael Leagas, Shaylah Medlen

Sunday 21st May

On Sunday, we played a 2 Person Ambrose sponsored by Tiger Spark Electrical and Elders Insurance. Once again, we had another great turnout of 14 golfers and conditions superb for playing golf. Winners for the day with an 81 Gross and 66 Nett were Rohan Ballard and Reid Stubberfield. Runners up with 82 Gross and 69 ½ Nett were Chad Stanton and Kevin Naisbitt.

Nearest to the Pin 4 – Nutrien Lake Grace – J Randell

NTP 6 – AFGRI Lake Grace – J Randell

NTP 15 – ACDC Auto Electrics – G Featherstone

NTP 18 Lake Grace Meat Supplies – S Hunt

Long Putt 9 – McKenzie Concrete – G Featherstone

Long Drive 2 – Ironstone Fabrication – R Ballard

Best 2nd 7 – Elders Lake Grace – M Thornton & J Randall

Best 3rd – Lakes Plumbing and Gas – M Stanton & J Wright

****LADIES COMP** Sunday 21st May**

In the afternoon we also held a 3 hole Ladies competition for fun. We had 6 ladies come out and have a go. We will have another 3 hole comp this weekend and then look at running it fortnightly after that, slowly increasing it to 5 holes then ultimately 9 holes by the end of the year, depending on the participants. If you're interested in coming out for a hit, please contact Reid Stubberfield.



Lake Grace-Pingrup Football Notes

Chris Poot

Saturday 13th May

Round 5 v Gnowangerup

League

Hard fought win with plenty of positives throughout the game. Great to see Ashton Gray play his first game of the year and 3rd game in 3 years after a tough couple of years working through 2 knee recons.

Goals: Jackson Callope 3, Jack Carruthers 3, Konnah Holmes 2, Hamish Ryan 1, Mitch O'Neill 1

Best: Luke Bairstow, Konnah Holmes, Ashton Gray

Final Score : LGP 76 GNO 54

Reserves

The 2 Hunt boys Marcus & Fraser made it out onto the oval again and proved to be very handy. Great to see the young brigade stepping up every week with Madison Matthews proving she is just as good as her brothers

Goals: Liam Koresec 3, Fraser Hunt 2, Kael Gray 1

Best: Liam Koresec, Mitch Matthews, Zac Matthews

Final Score: LGP 45 GNO 64



Above: Liam Korosec, with his dad Will.

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- Collages

Lake Grace-Pingrup Football Notes

Chris Poot

Saturday 20th May

Round 6 v Jerramungup

League

With a few senior players out with injury brings opportunity for others. Liam Koresec took his opportunity with his League debut on the weekend and proved all that hard work through the pre-season is paying off. His form through the Reserves has been very good each week and he has been knocking on the door for selection for a few weeks. Coach Holmes had plenty of praise for the young debutant after the game.

This game was also Belt Up round which is a popular fixture amongst all country football leagues and players. It is always an honour to be presented with the Belt Up football at the end of the League game and this year it went to Konnah Holmes for his outstanding performance. Konnah has been a stand out player since returning to the club this year and I reckon veteran midfielder Luke Bairstow is pretty happy to have another big bodied midfielder to help him out every week.

With a couple more injured players out of the game, the 2 byes could prove handy to get some players back from the rehab group.

Goals: Jackson Callope 4, Jack Carruthers 3, Trivan Davey 3, Reece Walton 2, Konnah Holmes 2, Tyson Prater 2, Darcy Townsend 1, Luke Bairstow 1, Mitch Thornton 1, Liam Koresec 1

Best: Konnah Holmes, Luke Bairstow, Liam Korosec

Final Score: LGP 136 JER 34

Reserves

The reserves comp is alive again with consecutive games. This is fantastic and helps get development into the younger players and keeps the more senior players in match fitness and getting them the opportunity to build a consistent form. It will be a very strong side once some league players come back from injury and help bolster the reserves.

Goals: Not supplied

Best: Chris Trevenen, George Chircop, Lenny Klein

Final Score: LGP 48 JER 63

Round 7 we have the bye and then there is a general bye for the June long weekend.



Above photo: Reserves Best & Fairest; Chris Trevenen and Jack Carruthers



Far left photo: League Best & Fairest; Konnah Holmes and Chris Poot



Left: Raffle Winner; Trivan Davey

Lake Grace-Pingrup Junior Hockey

Karissa Pelham

Saturday 13th May

Round 5 v Gnowangerup

Home game vs Gnowangerup. Taj Trevenen ran the team out as our captain today. The kids fought hard with some good team play. 0 all at half time. The team worked harder in the 2nd half having we had many shots on goal. Had a short corner and all kids jumped in on the rebounds pushing and determined to score. Tyler reversed jinked the ball and scoring our first goal. Not long after we scored our second off a short corner with a nice hard hit from Tyler

Well done team.

BOG Taj Trevenen

2nd Best Dakota Pelham

Coaches Mitchell Gooding

Milkshake Will Skerris

Goal scorer Tyler Argent x2

Saturday 20th May

Round 6 v Jerramungup

Paige Trevenen captained the junior Bombers today and we won the toss and started with the ball.

The team started strongly and determined to score with so many opportunities. Bella Callope scored the first goal.

The kids played well as a team with Darcey Pelham scoring the 2nd goal.

Leading 2-0 at half time.

Some specky play and team passing, Beau Trevenen held his position and scored a goal from the post. With 2 seconds to go Mitchell Gooding, determined to bang a goal and he did.

4 goal scorers. Winning 4-0

Awesome team effort !

Best on Ground: Tyler Argent and Bella Callope

Coaches award: Beau Trevenen

Milkshake: Mitchell Gooding



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Lake Grace-Pingrup Junior Netball

Courtney Withnell

Saturday 13th May

Round 5 v Gnowangerup

A great win of 38-1, and the junior side continues their winning streak into series 2.

Our defence was brilliant this week, with Rebekah having plenty of great intercepts.

Bella, Annabelle and Zahlia showing fantastic team work at our shooting end.

Well done to Xavier on his first juniors game! Great to see all the year fives coming in and giving it their all, every week.

Award winners Best on Ground– Bella Callope

2nd best on Ground Annabelle Adams

Coaches award Xavier Pawsey

Net set go v Gnowangerup

Only 3 quarters played this week due to the rain, but all kids trying their hardest and cheering on their team mates in the cold conditions. Lake Grace Pingrup kids heavily controlling the game. A great learning experience for all involved. Well done net set go kids!!

Saturday 20th May

Round 6 v Jerramungup

Unfortunately, had our first lose of the season to Jerremungup, 26-31. All the kids played their hearts out in the sun but we were just unable to catch them. Paige and Zahlia provided a great defence setting up many turn overs. Well done to Layla Fleay who had her first juniors game and did a wonderful job helping the ball into the circle.



Bella Callope taking a great ball

RICK WILSON MP

FEDERAL MEMBER FOR O'CONNOR

*Working hard for
the Wheatbelt*



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✉️ rick.wilson.mp@aph.gov.au 🌐 rickwilson.com.au 📘 RickWilsonMP

Authorised by Rick Wilson MP, Liberal Party of Australia, 345 Hannan Street, Kalgoorlie WA 6430.



Lake Grace-Pingrup B Grade Netball

Misha Holmes

Saturday 13th May

Round 5 v Gnowangerup

This week we played Gnowangerup in Lake Grace. Luckily for us the rain stayed away for our game, and although not the nicest weather, it didn't dampen the girls spirits as they took to the court.

Our first quarter was a ripper as the girls put into practice some new game plays from training. Some great talking and accurate passing saw us take the lead, and at quarter time we were up by 2 goals.

We kept playing well in the second quarter. Our defence in the circle was particularly good and the girls leads and passes down court were mostly short and sharp and hitting there targets. By halftime we were down, but only just, as scores sat GNP 24 and LGP 22.

The girls were super positive in the break and went back onto the court in the 3rd Quarter pumped. Unfortunately, as with previous weeks, we seemed to tire and the score jumped out, particularly in the last quarter. The last 5 minutes of the last quarter the girls had an extra burst of energy and put it to Gnowangerup again but it was a little too late and Gnowangerup ended with the win.

Final score LGP 35 Gnowangerup 54

Even though we didn't win, the girls just keep improving and we have no doubt a win is just around the corner. Well done to the girls for being so encouraging and supportive to each other. The mood after the game was so positive and it was impressive to watch how strong they are as a team when they play as a team and gel together. Great job girls!

BOG – Danie Drummond- Hay

2nd BOG – Tayla Stone

Coaches Award – Racheal Leagas



Well done on a game played hard. B-Grade Netball team on Saturday 20th May.

Back Row: Phebe Reidy, Courtney Withnell, Mariska Jordaan, Misha Holmes (Coach), Tiana Hobbins, Georgia Mills, Shanae Prater (Coach), Danie Drummond-Hay (with Grayson), Latishsa McGlenn, Payton Callope, Rachael Leagas.

Front Row: Grace Simon, Tayla Stone, Sammy Palmer, Courtney Shepherd

Saturday 20th May

Round 6 v Jerramungup

Our second home game in row saw us take on Jerramungup in Lake Grace for the start of the Second Series. This was always going to be a tough game and it was still fresh in our minds our previous match up where we lost by over 40 goals....

The girls were pumped and keen to put to good use everything they had learnt in training. Our first quarter was amazing! The girls ran hard, provided multiple leads down the court, re offering if needs be and got the ball to the shooters who didn't disappoint. We finished the quarter with a handy 7 goal lead.

Second quarter Jerry came right back at us and managed to outscore us. At half time we were down by 5.

The girls were still positive and in the last half played some great netball once again. They worked as a team and kept encouraging each other. The last quarter especially, the girls didn't tire as in previous games, they kept going and fought it out right till the last whistle.

Final score was Lake Grace Pingrup 39 Jerramungup 46.

We were so proud of the girls efforts this week. They have improved so much and are continuously working hard at training. It was difficult to pick awards this week as they all played so well, and deserved one.

BOG – Tayla Stone

2nd BOG – Payton Callope

Coaches Award – Racheal Leagas

We have 2 byes in a row, so the girls get a little rest before we take on Newdegate in a few weeks time.

Lake Grace-Pingrup A Grade Netball

Karen Bairstow

Saturday 13 May

Round 5 v Gnowangerup

Played at home against a strong Gnowangerup team.

A slow start to the game found us playing catch up netball for the first half. Their zoning all down the court and around the circle made it hard for us to get the play flowing down court.

The last quarter was our best outscoring Gnowangerup, we were able to look down court and get the ball into the shooters.

A good note to finish the game on.

FINAL SCORE: LGP 35 - GNOW 48.

BEST ON GROUND: JOELY SLINN who continued her great form in defence and rebounded many of Gnowangerup's shot on goals.

2ND BEST ON GROUND: CLAIRE GRAY supported Joely and tried hard all game, getting the ball down court.

COACHES AWARD : TUSCANY DEW Ran all day and was good in our defensive end trying to link up play.

Saturday 20th May

Round 6 v Jerramungup

Start of the second round playing Jerry at home.

After working on a lot of areas at training the girls were ready for this game. A close tussle in the first quarter being all tied up at 13 goals each.

The energy was great at the break and the girls fired in the second quarter outscoring Jerry by 6 goals, back to playing our style of game.

With fresh players coming into positions with rolling subs, it helped us greatly and we put great pressure on the opposition forcing them to overturn the ball.

Our attack was well on top and with turnovers in our defence we ran out comfortable winners.

An absolute great team effort by everyone.

We need to take that energy and effort into the next game against Newdy in two weeks time.

FINAL SCORE: LGP 52 - JERR 41

BEST ON GROUND: CHLOE MCDUGALL made herself the front position player with great positioning to hold her defenders behind her to get first use of the ball and great rebounding all game, well done Chloe.

2ND BEST ON GROUND: MAGGIE PRATER played a strong game outside the circle and outran her defenders to get back in the circle and shoot goals, great game Mags.

COACHES AWARD: VYNKA DEVREE took on board what we did at training and stuck to her task keeping pressure on the WA, creating turnovers and taking the ball down to our attacking end. Great game!



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Lake Grace Doctors Surgery Doctors Dates

25th & 26th May— Dr Lawal & Dr Linda Haines

29th May—1st June—Dr Olumide

2nd June— Skin Doctor, Dr Ola

5th-7th June— Dr Olumide

Closed during lunch hours 1:00pm -2:00pm daily

Classifieds

Rural West Financial Counselling

A free service available to regional small businesses, primary producers, not-for-profits and community clubs. For more information contact Donna Spurgeon by email Donna.Spurgeon@ruralwest.com.au or phone 0408 107 326. Alternatively you can contact the information line on 1800 612 004.

Cancer Support Coordinator

Barbara Brennan from Cancer Council WA is the Cancer Support Coordinator for the Wheatbelt Region. Call Barbara on 9621 1810 for information, support and assistance.

CWA Bookings

CWA rooms are available for hire. There is a COVID Safety Plan in place that hirers will need to adhere to. Anyone using the rooms must fill in the log book. If you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

Community Bus Bookings

Are to be done through the Lake Grace CRC. Ring 9865 1470 or email central@lakegracecrc.net The community bus is owned and managed by the community, is available to any individual, group or organization to hire and costs \$1 per kilometre to use. All proceeds go toward the management and running of the bus and toward bus upgrades.

Southern Agcare

This is a free and confidential Family and Individual Counselling Service. Please contact Southern AgCare main office for an appointment. Phone (08) 9827 1552 or admin@southernagcare.org.au referral forms can also be found on our webpage www.southernagcare.org.au

Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed. Batteries can be left at the Men's Shed or you can contact Walter Perry on 0448 795 070 if you require them to be picked up. Thank you for your ongoing support.

Dr Linda Haines

Is available in Lake Grace on
25th & 26th May
12th & 13th June
Ring 9865 1208 for an appointment.

First Aid Kits

Are now available for purchase at
CCL Hardware Lake Grace.

Seniors Lunch Thursday 1st June

At Lake Grace Hotel
\$20pp, seated from 12:15pm
for 12:30pm lunch.
Call Natalie Gambuti 0429 793 973

Expressions of Interest

Relief School Bus Drivers Wanted
Please contact Lois on 0427 651 137

Fire Brigade AGM

7th June 2023 at 6:30pm
At the Fire Station
New & Existing Members Welcome

Lake Grace Development Association

The next meeting will be Monday 5th June 2023
(public holiday)
Contact Paula Carruthers LGDA

Lake Grace Shire Councillors

Councillor	Telephone
Cr Len Armstrong – Shire President	0429 843 785
Cr Ross Chappell – Deputy Shire President	0428 654 058
Cr Deb Clarke	0428 654 041
Cr Ben Hyde	0428 752 042
Cr Roz Lloyd	0428 711 534
Cr Anton Kuchling	0427 206 030
Cr Jeff McKenzie	0458 694 014
Cr Steve Hunt	0427 651 585

Local Containers for Change ID Numbers

Don't want to collect for yourself but want to give to a local organisation, then here's your chance.

Lake Grace Golf Club - C10455139
Lake Grace DHS - C10364782
Lake Grace Sportsman's Club - C10379797
Lake Grace Lions Club - C10477141
R.F.D.S - C10336670

Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com
CWA	Suzanne Reeves	0427 651 310	LakeGracecwa@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	LakeGraceelc@gmail.com
Lions	Steve Lankford	0429 917 805	lglionsec@gmail.com
Men's Shed	Wally Perry	0448 795 070	allwood93@yahoo.com.au
Playgroup	Sarah Clarke	0438 634 152	LakeGraceplaygroup@mail.com
Sportsman's Club	Mathew Hobbins	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Joely Slinn	0477 014 347	lgtoylibrary@outlook.com

Winter Sports

Lake Grace Golf Club	Chad Stanton	0459 110 805	golfclub@lakegrace.wa.au
Lake Grace / Pingrup Football Club	Kate Willcocks	0427 853 347	lgpfootball@outlook.com
Lake Grace / Pingrup Hockey Club	Anna Taylor	0427 828 357	Lgphc.president@outlook.com
Lake Grace / Pingrup Junior Footy	Sarah Allen	0407 650 819	lgpjfc@gmail.com
Lake Grace / Pingrup Netball Club	Jenni Roche	0409 770 978	lgpnc@outlook.com
Lake Grace Gymnastics Club	Debbie Carruthers	0438 895 101	lakegracegymclub@gmail.com

Crisis Care Numbers

Doctor's Surgery -9865 1208	Hospital - 9890 2222	Ambulance/Fire/Police - 000	Electricity Faults - 13 13 51
Rural Link - 1800 552 002	Main Roads - 138 138	Directory Assistance - 1223	Water Faults - 13 13 75
55 Central Men's Refuge 9272 1333	Family Helpline 1800 643 000 / 9223 1100	Ngala 9368 9368 www.ngala.com.au	Lifeline Australia - 13 11 14 www.lifeline.org.au
Wheatbelt Mental Health Service Northam - (08) 9621 0999 Narrogin - (08) 9881 0700	Kids Helpline 1800 551 800 www.kidshelp.com.au	Crisis Care WA - 9223 1111 / 1800 199 008 www.community.wa.gov.au	Citizens Advice Bureau 9221 5711 www.cab.wa.com.au
Beyond Blue - 1300 22 4636 www.beyondblue.org.au	Seniors Information Services 9321 2133 www.cotawa.asn.au	Youth Legal Service 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au	Poisons Information 13 11 26
Suicide Call Back Line - 1300 659 467 www.suicidecallbackservice.org.au	Parent Drug Information Service - 1800 653 203	Family Court of WA 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au	
Alcohol and Drug Information Service 1800 198 024 https://www.mhc.wa.gov.au/	Mental Health Emergency Response Line - 1300 555 788	Holyoake Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	Relationships Australia Fair Programme 9336 2144 https://relationships.wa.gov.au 1300 364 277

Justices of the Peace

Colin Connolly	0427 858 066
Ron Dewson	0428 651 213
Amanda Milton	0429 654 011
Geoff Sabourne	0429 651 171

Church Times

Catholic Church		Anglican Church	
Sunday 28th May	8am	Sunday 28th May	No Service
Communion			
Sunday 4th June	8am	Sunday 4th June	10am
Mass		Reverend John Jones	
For inquiries please phone 9865 1248.		Enquiries: St Johns Albany	9841 5015
		Wally Perry	0448 795 070

COMMUNITY CALENDAR

May/June 2023

Fri 26 Op Shop Open (10am-1pm)
 Crochet @ CRC - 10am
 Dr Linda Haines in Lake Grace
 Fish & Chips @ The Sportsmans Club

Sat 27 Rubbish tip Open (9am-4pm)
 Craft @ CWA (look for flag)
 Ongerup Round 7: LG/P BYE
 Roe Hockey: Souths V Burracoppin

Sun 28 Rubbish tip Open (9am-4pm)
 Golf

Mon 29 Rubbish tip Open (9am-2pm)
 Piloting Workshop @ CRC

Tue 30 Rubbish Collection
 Piloting Workshop
 SOYF Exercises 10am @ Pavilion
 Men's Shed (morning)
 Op Shop Open (1pm-4pm)
 Playgroup 9:30-11:30am
 Chair Aerobics - 1pm @ Village Hall
 Junior Netball Training 4-5pm

Wed 31 Rubbish tip open (9am - 2pm)
 Containers for Change pickup
 Jnr Hockey Training (Roe) - 3:30pm
 Hockey Training @ 6pm

Thurs 1 Men's Shed (Morning)
 Seniors Lunch @ Hotel from 12:15pm
 Football Training @ 6pm
 Jnr Hockey Training (OHA) - 3:30pm
 Minkey @ 3:30pm
 AUSKICK @ 4pm

Fri 2 Crochet @ CRC - 10am
 Op Shop Open (10am-1pm)
 Lakes Link News Deadline
 Fish & Chips @ The Sportsmans Club

Sat 3 Rubbish tip Open (9am-4pm)
 Craft @ CWA (look for flag)

Sat 3 Ongerup GENERAL BYE

Sun 4 Rubbish tip Open (9am-4pm)
 Golf

Mon 5 WESTERN AUSTRALIA DAY
 Rubbish tip open (9am-2pm)

Tues 6 Rubbish Collection
 Recycling Collection
 SOYF Exercises - 10am @ Pavilion
 Men's Shed (morning)
 Op Shop Open (1pm-4pm)
 Playgroup - 9:30-11:30am
 Chair Aerobics - 1pm @ Village Hall
 Junior Netball Training 4-5pm

Wed 7 Rubbish tip open (9am - 2pm)
 Containers for Change pickup
 Jnr Hockey Training (Roe) - 3:30pm
 Hockey Training @ 6pm
 Fire Brigade AGM @ 6:30pm

Thurs 8 Men's Shed (morning)
 Lakes Link News published
 LGDHS Faction Cross Country
 Football Training @ 6pm
 Jnr Hockey Training (OHA) - 3:30pm
 Minkey @ 3:30pm
 AUSKICK @ 4pm

Coming Events
 9th June - Driving Assessor in Lake Grace
 11th June - Golf Clinic
 12th June - LGDHS P&C Meeting @7pm
 12th & 13th June - Dr Linda Haines in Lake Grace
 14th June - After a road crash: Supporting yourself and others @ LGCRC 9am -1pm
 14th June - SOYF Information session 2pm-3pm
 17th-18th June - Great Southern Colts Carnival in LG
 7th July - Driving Assessor in Lake Grace (TBC)
 17th July - HC/MC Truck Training & Assessment

	5	3	6			9		
2		7				3		8
	9			5	3	2		
	8		3			6		
3	7		2		8		9	1
		4			1		7	
		8	9	3			2	
5		2				7		9
		9			5	1	3	

Sudoku

- The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

6			9			3		
				8			6	
	5				4			9
	2	1					8	
		8		2		1		
	6					2	4	
5			7				1	
	3			1				
		4			2			3