

9th November 2023

\$2.00 inc GST

Vol 29 Issue 22

Never, Never, Never Give Up

Suzanne Reeves



Above: Laure-Ann Maalouf helping to paint the tree blue on Sunday 5th November at the Lions Rest Area, Lake Grace.

American media personality Phil Donahue described suicide as a 'permanent solution to a temporary problem'; and in most cases he is probably correct. How do we, as a society, fight an illness that we don't fully understand and more often than not can't recognise?

It's frightening to know that an average of nine Australian's a day die by suicide, a rate of 12.3 per 100,000 population, there were 3,249 deaths in 2022. It is the leading cause of death in Australians aged 15-24.

Both mental and behavioural disorders and psychosocial



Above: Keith Higgs and Gaye van Berkel headed up Lake Grace's Blue Tree Project.

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LAKES LINK NEW (2023 Advertising Rates)

| | Standard | Members | NFP | NFP Members |
|---------------|--------------|---------|---------|----------------|
| Classified | \$1 per line | FREE | FREE | FREE |
| Public Notice | FREE | FREE | FREE | FREE |
| 1/8 page | \$14 | FREE | FREE | FREE |
| 1/4 Page | \$20 | \$16.50 | \$16.50 | \$13.50 |
| 1/2 Page | \$35 | \$27.50 | \$27.50 | \$22 |
| Full Page | \$60 | \$50 | \$50 | \$37.50 |
| Insert (d/s) | \$50 | \$35 | \$35 | \$30 |
| Thank You's | FREE | FREE | FREE | FREE |
| Editorial | FREE | FREE | FREE | FREE |
| Colour | \$200 | \$165 | \$165 | \$150 |

Conditions do apply.

CRC Opening Hours

9am - 5pm

Closed from midday to 1pm for lunch when short staffed.

Deadlines and Editions

All articles, news and advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

Next Deadline

Monday 20th November

Next Edition

Thursday 23rd November



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.

Thank you also to our many contributors of articles.

Annie Slarke Dick Phillips Teresa Walton

DISCLAIMER

- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

260 copies circulated each fortnight

Editorial

- Have you got a stall or display that you're wanting to book in for the Harvest Festival? If so we would love to hear from you. We've got some bookings already and that new little park in the main street is going to be a great addition to the evening.
- Very pleased to report that the CRC has been lucky enough to receive a \$6,748.00 grant from Lotterywest to cover our costs for the Harvest Festival.
- But wait there's more!!! The CRC has auspiced on behalf of Lake Grace CWA for a Lotterywest grant to do a makeover on their kitchen. We're pleased to report that we have received \$25,000 for this project. Thank you Lotterywest!!
- It's great to be able to report that we have moved forward with the purchase of a new bus; it promises to be roomier and will have some extra seating.
- There is a three hour silversmithing workshop coming up on 18th November. Cost is dependent on the item that you make. Gives us a call if you are interested and we'll be able to send you the link to book in.
- Summer sports are now well underway, a big thank you to those who have been helping out by getting the sports notes in. It's always good to be able to keep abreast of what is happening out there.
- There is only three more Lakes Links for 2023, the subscription form will be coming out in the next edition. I know I say this every year but could everyone get their subscriptions in by the end of the year; it makes the start to the new Lakes Link year so much smoother.
- Our 2024 calendars are out and looking pretty good, at \$20 a copy they make great Christmas gifts.
- We're still working toward getting our workshops planned for next year, hopefully by the next issue I will have some dates.
- Please take note in our change of emails and make the effort to save the main email in your digital address book. Remember if you send to an individual and that person is away your email won't

Lake Grace CRC is a Department of Human Services Access Point



DHS Customers are able to:

- Access a self service terminal
- Print off documents
- Use the telephone / fax
- Access Internet

All free of charge for DHS business

be read so best to send to the main one. Be aware that if you simply click on reply that your email will go to the person rather than the main email account. The email addresses are as follows:

- Main Email central@lakegracecrc.net
- Suzanne manager@lakegracecrc.net
- Elizabeth staff02@lakegracecrc.net
- Kayleigh staff01@lakegracecrc.net
- We are always looking for more articles and local news to put in each fortnight. Did you know that putting in an article is a great way to get your information out to the community and into the archives for future generations? Give us a call or send us an email if you see or know of anything that your local community should know about.
- Don't forget that Kayleigh is here to help you out with IT training; this could be with your phone, iPad or desktop. Can be run on a Monday or Thursday, give a ring on either of those days and set up a time.
- We've got another carton of showerheads so if you're needing to do replace yours now is the time to do it. Just bring in your water account and we can do that for you. If you're not on the scheme then drop in anyway and we'll sort something out.

Suzanne Reeves

Harvest Festival 2023

....aka Late Night Shopping....

Thursday 14th December 4:30pm - 7:30pm

We are looking for stalls, displays and activities....

if you have something in mind please give the CRC a call/email and register your interest. If any businesses are planning on staying open later then please let us know.

Contact the Lake Grace Community Resource Centre

on 9865 1470 or





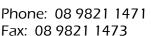
About Town

 Nat Curtin (formerly from Lake Grace) married Naomi Udiljak on 14th October at St Michael the Archangel Chapel in West Leederville, followed by a reception at the Quarry Amphitheatre, City Beach. Congratulations to you both.



 A very belated best wishes to Sheridan Fyfe and Rupert Butcher who announced their engagement on the 24th July while travelling in the Blue Mountains.

Katanning Vet Clinic



A/H Emergencies: 0427 017 462

3/114 Clive Street PO Box 841

Katanning WA 6317

www.kojonupvethospital.com.au kvc@kojonupvethospital.com.au



Happy Birthday

9th November Tess Stanton

Summer Earnshaw

10th November Letty Leo
11th November Holly King
13th November Royce Taylor
Darryl Palmer

Darryl Palmer
Vynka de Vree
15th November Kevin Seaman
18th November Debbie O'Neill
19th November Kyle Harwood
20th November Trenton King
21st November Linda Hunt
22nd November Emmett Kuchling

Anniversaries



12th November Dean and Michelle Sounness

JEWELRY WORKSHOP

Make your own Ring or Bangle



3.5 hour workshop I will guide you through the process of measuring, heating up the metal, hammering, sawing, soldering, filing and polishing and you will walk home with a unique Ring and Bangle made by you from start to end. Choose your design from set options.

Contact: www.mawedajewelry.com Location: Lake Grace Regional Artspace

Phone: 0420 515 280



Lake Grace Artists Creating Chooks

Kerrie Argent





'Creating chooks' was the theme of the last meeting. Bambi Lay shared her fabulous skills and taught us how to make her gorgeous little chooks.

Taking a lump of clay and turning it into a chook is always a challenge and now we have the most eclectic collection of little hens getting ready to investigate their new home in our hospital garden.

A number of our members came to play and create these very eccentric collection of hens before our general meeting. Thanks Bambi for sharing your fabulous skills. The chooks are still works in progress and will hopefully take up residence in the hospital garden after Christmas.

We have had a couple of requests for a workshop in making hens and being able to take them home to your own garden. If you are interested please let Jayne Argent know at the Lake Grace Post office and if there is a few interested we will organize a workshop.

There are still places available in our workshops this weekend, the 10th 11th & 12th of November.

Starting on Friday night using alcohol ink, from 5pm onwards with pizzas for tea.

Then cold wax and oil paints on Saturday and Sunday. If you are interested in attending any of these workshops, it's not to late to book in. Just go onto the Lake Grace Artist group Facebook page and there is a try booking link in the comments. Gayle Mason is our excellent tutor otherwise again chat to Jayne at the post office.

Just a reminder you don't have to be a great artist to be a member in our group, just have a love or passion for art, please come along and join in.

The three best things about the artist journey:

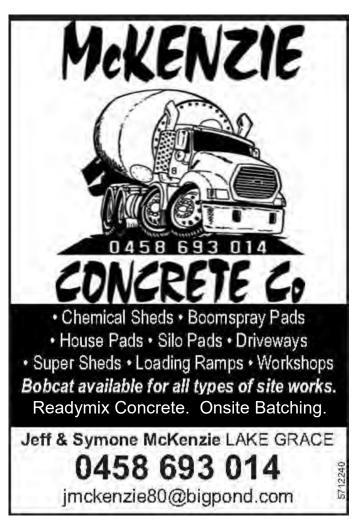
- 1. It is available to anyone
- 2. You get to make absolutely anything you want.
- 3. Sharing the process of figuring it out will grow you.

There will be a canvas making workshop in January 2024 on 24 and 25 January at the art space, for those

who like to paint. This will give you the skills to make any size canvas you want at home, instead of waiting until you get somewhere to buy one, or not to be able to get the exact size you want.

Our next meeting is the 15th November, with 9am start doing pattern making and deconstructing flowers, with the general meeting to follow at 12:30pm.

New members are always welcome.



Political Correctness — Is It a Strain on Our Wellbeing?

Warrior Wellbeing-Phone: (08) 6314 1436 Email: menshealth@4blokes.com.au

Political correctness is a doctrine which holds forth the proposition that it is entirely possible to pick up a bit of shit by the clean end. In my opinion, political correctness is a major inhibiting factor when interpreting bureaucracy and applying common sense (often the ingredient missing out of lots of decision making) in our daily life. This ultimately can affect our wellbeing.

Bureaucracy on its own does have its place, however at times it can limit how we do things because of the many layers of rigid rules that can complicate getting the job done on the ground. This occurs in everyday life whether completing tedious processes, filling out pages of paperwork, or dealing with a system that appears to be more focused on processes rather than helping achieve an outcome.

When a disaster strikes (i.e. catastrophic fires, floods and droughts) or personal health and safety issues arise in our life, layers of bureaucracy are not always helpful, they can exacerbate an already tense environment. We have spoken to many blokes who feel both frustrated and restricted in their reactions to these disasters because of the many layers of procedures that had to be adhered to. Common sense was taking second place!

The point about the effects of this political correctness doctrine, is that it enshrines both bureaucracy and common sense and quite often masks/dilutes what should be done and said and can also inhibit robust discussions.

Blokes, by our own nature are hard wired to be action orientated i.e. we want to solve problems, and we want to do stuff now. Once this is stifled by political correctness, a few things can start to happen:

- normal stress can become distress;
- short cuts can be taken (with increased risk);
- our natural problem-solving process is inhibited;
- blokes shut down and stop seeking help (we go into our cave and don't come out);
- It creates an us versus them mentality.

So where have we gone wrong and how can we make changes?

- Don't allow political correctness to mask what should be done and said. Sometimes we must be critical and blunt about our processes to keep them relevant and up to date;
- Bureaucracy should facilitate what we do, not dictate how we do it (not create barriers and thus frustrate people who are trying to deal with a challenging situation at the coal face);
- The common sense rule should be applied to everything we do. I repeat, apply it to everything we do;

- People/communities have the innate ability to band together and deal with stressful situations. This should be fostered thus empowering individuals and communities rather than disempowering through micro-management and removing them from vital decisions regarding their own lives and local community;
- Language is always important. Appropriate language that can be understood needs to be used. A robust discussion is vital to air all points of view and to prevent mistakes being repeated.

Remember at the end of the day we are responsible for our own wellbeing. Hopefully these suggestions, encourages communities to claim back some responsibility and ownership. This would bring about positive change not only in blokes lives but the whole of the community.



Youth Mentoring

Suzanne Reeves

Idle hands may be the devil's workshop but the Shire of Lake Grace's Community Economic Development Officer Aimee Egan-Reid, Lake Grace District High School Principal Kerrianne Mills, along with Lake Grace Community Men's Shed President Walter Perry have devised a plan, youth mentoring.

Working parents and school holidays have left some of Lake Grace's youth with a lack of focus on constructive and fulfilling activities, a proactive approach has been taken and the Shire / Men's Shed partnership has been born.

Aimee, and LGDHS Teacher Amanda Trevenen, hosted a meeting with school children

from Newdegate and Lake Grace along with other stake holders earlier this year in which the children group chatted about what they would like to see in their community. Sport for children, particularly in the primary years, is quite well catered for; however not everyone is into sport and there's many other activities and learning opportunities that can be looked at to provide engagement and knowledge.

From this meeting the Youth Advisory Council was reborn, they are meeting after school on a regular basis as they thrash around ideas, and ways of bringing in funds.

Meanwhile, back in the Shed, Walter and his crew of merry men have been hosting youth 12 and up after school on a Wednesday. In their first sojourn to the Shed the youth were shown the facilities and the rules were explained; by their second visit they were constructing wooden cutting boards as well as wooden games. With these they got to learn how to use some of the tools, gluing and clamping as well as some sanding.

Having an influx of a dozen youth keen to be involved has left the Men's Shed with a predicament of a lack of tools and more importantly safety gear. They need safety glasses as well as earmuffs to ensure that correct safety standards are met. A huge thank you to Chloe McDougall from Roma and Kay Café as well as Murray, Cobi and Chad Stanton from Lake Grace IGA who have offered a helping hand to cover some of these costs.

The Men's Shed are still looking for funding assistance so that they can have a quantity of the basic tools, along with an ongoing supply of safety gear as well as timber to work with. Funding will be sought to offer a long-term solution but there is a short-term immediate need, if you would like to offer support by donating tools, safety gear, timber or money to purchase these, then the Men's Shed would love to hear from you. Drop into the Shed on a



Cutting boards and Christmas Trees were the order of the day for Walter Perry, Tyler Argent, Taj Trevenen, Dakota Pelham, Ella Ward, Malcolm Harwood and Kyle Harwood.

Tuesday or Thursday morning and have a chat with the members.



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Book Review: The Lie Maker by Linwood Barclay

Suzanne Reeves

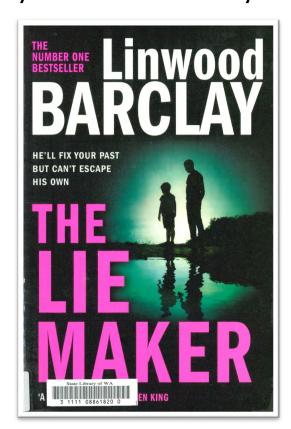
This was a cracker of a read, an author who has quite a different approach to the plot which is refreshing.

Your dad's not a good person. Your dad killed people son. These are some of the last words Jack Givin's father spoke to him before he was whisked away by witness protection, leaving Jack and his mother to pick up the shattered pieces of their lives.

Years later, Jack is a struggling author, recruited by the US Marshals to create false histories for people in witness protection. Jack realizes this is a chance to find his dad – but then he discovers he's gone missing, and he could be in serious danger.

Jack knows he has to track him down. But how will he find a man he's never truly known? And how will he evade his father's deadly enemies – enemies who wouldn't think twice about using his own son against him?

There are a couple more titles from this author in the Lake Grace Library, all recommended reads.



SOUTHERN AGCARE

Counselling and Support for Rural People

GENERAL MEETING

&

ANNUAL GENERAL MEETING

WEDNESDAY 22nd NOVEMBER 2023

10.30AM

GNOWANGERUP COMMUNITY RESOURCE CENTRE

An invitation is extended to the General Public and Interested Community Groups to join us for the AGM & General Meeting

Southern Agcare are active in assisting people within your shire and need your support

We are a unique, not-for-profit organisation that will only benefit from having the care & backing from your area to be able to maintain our high standard of service

Any queries please contact Shannon on 9827 1552 or email to admin@southernagcare.org.au

Lake Grace Reconnect

Vicky Nolan

Inviting ALL women, of all ages and all walks of life, to join us for our very first event, a luncheon for mental health. Enjoy a beautifully catered luncheon, be inspired by special guest speakers, and be entertained by live music whilst building amazing support networks with other women. Tickets go live on Friday the 10th of November via the link: https://www.trybooking.com/CMRCC or by using the barcode on the invite.

As a way of supporting each other, if you are aware of someone who isn't able to access the online ticketing system themselves, or who doesn't have access to social media to keep up to date with our event, give them a hand to purchase their ticket and pass this info along.

If you need more information please contact us at lakegrace.reconnect@gmail.com; alternatively if you see any of us in person we are more than happy to answer any questions you may have!

Warmest regards,

Natalie Livall, Maggie Prater, Laura Ballard, Vicky Nolan and Georgia Gray

Lake Grace Reconnect Committee



JOB OPPORTUNITY

Plant Operator / General Hand





Competitive salary; Staff housing with subsidised rent available

We are seeking a reliable Plant Operator / General Hand to join our Infrastructure Team to carry out tasks associated with the maintenance and construction of road systems throughout the Shire of Lake Grace. Applicants must hold an HC licence and a White Card.

The application package including a position description can be found on the Shire website www.lakegrace.wa.gov.au/employment or call 9890 2500.

Applications should be addressed to the Chief Executive Officer, Shire of Lake Grace, PO Box 50, Lake Grace WA 6353 or email to shire@lakegrace.wa.gov.au

Applications close 4.00pm on Friday 1 December 2023

The Shire of Lake Grace is an equal opportunity employer

Lake Grace Weather

| Date | Min | Max | Rain |
|-------|------|------|------|
| 25/10 | 8.7 | 29.3 | 0 |
| 26/10 | 15.4 | 28.3 | 0 |
| 27/10 | 9.1 | 22.0 | 0 |
| 28/10 | 5.5 | 24.9 | 0 |
| 29/10 | 7.5 | 24.4 | 0 |
| 30/10 | 6.0 | 21.4 | 0 |
| 31/10 | 7.1 | 25.1 | 0 |
| 01/11 | 9.6 | 28.5 | 0 |
| 02/11 | 11.5 | 28.4 | 0 |
| 03/11 | 11.0 | 28.7 | 0 |
| 04/11 | 13.3 | 31.0 | 0 |
| 05/11 | 15.0 | 35.6 | 0 |
| 06/11 | 15.3 | 31.9 | 0 |
| 07/11 | 14.2 | 27.8 | 0.2 |

Community Crop Community Grants

Under the umbrella of the Lake Grace Development Association Inc.

Funding now available

Small - under \$1,000 Medium - \$1,000 — \$5,000 Large - over \$5,000

Drop into the Lake Grace CRC or email them on Central@lakegracecrc.net for an application form.



Defibrillator Locations in Lake Grace

 Liberty Roadhouse - cnr Stubbs St/South Rd publicly accessible AED
 Open 7 days 6:00am - 8:00pm

 IGA - Lake Grace Plaza - Stubbs St publicly accessible AED Open 7 days 6am-7:45am 8:30am-5:30pm

 St John Ambulance sub centre - Stubbs St (accessible 24 hours a day)

• Sporting Pavilion publicly accessible AED when pavilion is in use

• Lake Grace Police Station - Stubbs St (accessible 24 hours a day)

• Lake Grace Men's Shed - Bennett St. (accessible 24 hours a day)

 Lake Grace Swimming Pool - Bishop St publicly accessible AED during opening hours

 Lake Grace Sportsman's Club - Stubbs St (accessible 24 hours a day)

• Lake Grace Caravan Park - Mather St accessible 24 hours a day)

 Lake Grace CRC - School Place (accessible 24 hours a day)

 AFGRI - Absolon Street (accessible 24 hours a day)

 Saltbush Inn - Griffiths St (accessible 24 hours a day)

Dial 000 for emergencies.

If you are responsible for a defibrillator or have one in your building be mindful that the pads need to be in date and battery may be running low (may beep). If you have any questions contact Debbie Carruthers at the Lake Grace Sub Centre on a Tuesday or Friday on 0428 110 446.

Lake Grace Doctors Surgery Doctors Dates

13/11 - Dr. Timmy 9-5

14/11 - Dr. Timmy 9-5 & Dr. Ines 9-5

15/11 – Dr. Timmy

16/11 - Dr. Timmy 9-5 IN NEWDEGATE

17/11 – Dr. Timmy 9-5

20/11 - Dr. Timmy 9-5

21/11 - Dr. Timmy 9-5 & Dr. Ines 9-5

22/11 - Dr. Timmy

23/11 - Dr. Timmy 9-5 IN NEWDEGATE

24/11 - Dr. Timmy 9-5

PLEASE BE AWARE – The doctor is qualified to present at the hospital. This may result in delayed appointment times or rescheduling of appointments.

Many thanks, Livingston Medical



Lake Grace Photo Stories



Scholastic Book Fair held from Monday 16th to Tuesday 26th at the Lake Grace Community Library had a good turn out with many books sold! A total of around \$1500 was collected, which was up from 2022. Some of the commission has been spent on 11 new books for the library and the rest has gone to reward points.

Tyler and Levi Argent are pictured seeing what is on offer.

Halloween fun trick or treating

Below Left: Dakota Pelham & Kelsea Roukens Right: Rebecca Pawsey, Ayla Pawsey, Declan Franks, & Isaac Pawsey



Below Right: Axel Slarke, Hunter Bell, Blake Carruthers, Braydon Wilcox, Charli Bell & Amelia Pitcher





November is Lung Cancer Awareness Month

Cancer Council WA

Did you know?

Lung cancer is the third most common cancer affecting both women and men in Western Australia.

In 2019, 693 Western Australian men and 564 Western Australian women were diagnosed with lung cancer.

Common symptoms of lung cancer include:

- Coughing or spitting up blood (once or more)

 Or, for more than four weeks:
- A new cough or change to your usual cough
- A lot of chest infections
- Finding it hard to breathe
- Losing weight without trying
- Not feeling hungry
- Pain in your chest and/or shoulder
- Feeling tired or lacking energy
- Changes to your voice, such as hoarseness or croaky voice

If you have coughed up blood, even if it was just once,

it's important to tell your doctor, clinic nurse or Aboriginal health worker straight away.

If you have had any of the other symptoms for more than four weeks, tell your doctor, clinic nurse or health worker. It doesn't mean you've got lung cancer – often these symptoms turn out to be something less serious. But it's important to tell your health professional and get checked out to be safe.

If it is lung cancer, the earlier it's found, the earlier it can be treated.

For more information about lung cancer symptoms, visit www.findcancerearly.com.au or call the Cancer Council Information and Support Line on 13 11 20.



Gardening Tips

Sourced by Yates

How to grow lettuce

Growing your own lettuce will give you salad in a flash! You can be picking young lettuce leaves in just a few weeks. You can grow them in your garden, patio or even balcony – they're small plants, so they're perfect for containers.

Step 1 - Choose a Position & Prep the Soil

Choose a spot in your garden that sits in full sun and enrich the soil with Yates Dynamic Lifter Soil Improver & Plant Fertiliser.

Step 2 - Sow Seeds

Lettuce seeds are very tiny and only need to be sown 3 mm deep. Don't sow them any deeper, otherwise they won't be able to grow. Sow a few seeds directly into each planting hole and lightly cover with soil. You can also raise in trays of Yates Seed Raising Mix and transplant when 3-4 cm high. For all Yates Lettuce varieties, such as 'Cos' or 'Salad Mix', head to our vegetable product category page.

Step 3 - Feed & Mulch

Once seedlings appear, feed weekly with Yates Thrive Vegie & Herb Liquid Plant Food. Mulch around the base with organic mulch like sugarcane or pea straw.

Step 4 - Water

Water regularly to keep the soil moist, otherwise lettuce can be bitter tasting.

Step 5 - Sow More Seeds & Prune

Make successive sowings every few weeks to extend your harvest window and snip or pick outer leaves often to encourage more growth.

Lettuce Growing Tips

Lettuce seeds can be sown straight into the garden (or pots) or you can start them off in trays or punnets first.

Keep the seeds moist while they germinate and start to grow. They also like to be kept moist, so water them well, especially on warm days.

The quicker lettuce grows, the more tender and sweet it is! This means it's important to feed lettuce plants every week with a fast acting liquid fertiliser like Yates Thrive Herb & Vegie Liquid Plant Food, which helps lettuces grow lots of lovely leaves.

You don't need to pick the whole lettuce. You can pick off some of the outer leaves as you need them, remembering to break the leaves off near the base. Picking these leaves also helps to keep the lettuce growing for longer.

Water at soil level, rather than overhead, to minimise risk of disease.

Common Problems of Lettuce

Why Are My Lettuce Leaves Going Yellow & Twisted?

Aphids and Whiteflies are small sap-sucking insects that can cause Lettuce leaves to yellow or distort. These insects can also transmit damaging plant viruses.

How to Get Rid of Aphids, Whiteflies, Thrips & Mites on Lettuce

As soon as Aphids, Whiteflies, Thrips or Mites are noticed, spray plants thoroughly every 5-7 days with Yates Nature's Way Vegie & Herb Spray. It's important to spray both sides of the foliage, as pests commonly hide on the undersides of leaves.

Why Are There Holes in My Lettuce Leaves?

The top three chewing pests that eat holes in the leaves of Lettuce are Caterpillars, Snails, and Slugs.

How to Get Rid of Caterpillars on Lettuce

There are several types of Caterpillars that attack Lettuces. As soon as Caterpillars (or their damage and droppings) are noticed, spray plants every 7-14 days with Yates Success Ultra.

Why is My Lettuce Not Growing?

Lettuces need lots of water and nutrients to promote lush healthy green leaf growth. Ensure that the soil or potting mix is kept moist and feed Lettuces each week with a fast acting liquid fertiliser like Yates Thrive Vegie & Herb Liquid Plant Food. Well-fed and watered Lettuces will also promote quicker growth, which is more tender and sweet.

Don't forget to head on down to CCL Hardware for all your gardening needs.

When you think you been working for 4 hours and it's only been 17 minutes



10 Questions with...

What is your name? Vicky Klein

What do you do for a living? PE Teacher

Controversial but do you like pineapple on your pizza? Yes if its Hawaiian

Do you drink coffee or tea? Tea, but will get a cappuccino for a treat!

If you could go anywhere in the world where would it be? Anywhere warm where it's summer all year round – the tropics

What is your favourite meal? A cooked breakfast

Who is your favourite band or singer? No favourite but I like a mix of styles inc. country, pop, hip hop etc.

What do you do to relax? Listen to music or visit friends, otherwise read a book with a cup of tea haha

If you could be any animal what would you choose and why?

A bird - the freedom of flying anywhere

What is your favourite time of year? Definitely Summer!







Western GPS Service is a newly established business that began in 2023. We are working towards the future of agriculture. Providing your farm with full mapping of external and internal boundaries.

WESTERN GPS SERVICE



Westerngpsservice@outlook.com

Data Management

Configuring all screens and machines to have all the same boundaries and run lines.

Technology

Western GPS Service 0400119699

From full mapping to setting up all your screens with the same data. We will also help you set up your My John Deere & My Operations. For non John Deere Clients we are able to convert to Top Con & soon Trimble @ RTK accuracy.

Hotel Hackers: Scam Alert for Holidaymakers

www.dmirs.wa.gov.au

If you're looking forward to a dream holiday, then watch out for a sophisticated new scam that could risk it turning into a nightmare.

Consumer Protection's WA ScamNet team is warning travellers about unexpected messages from their accommodation providers seeking additional credit card verification, as it could be the work of scammers who have hacked into the hotel's computer system.

This two-pronged scam begins with the scammer targeting a hotel by posing as a genuine customer who needs help with downloading some 'important' information regarding an upcoming stay. They might claim to suffer from allergies to cleaning products and need the hotel to cross-reference the substances used, or they could ask for a map they've created to be printed off for their technology-challenged parents. Whatever the excuse, the endgame is the same – once the hotel employee downloads the malware-infected documents, the scammer will have full access to their sensitive information, including login credentials, financial details and contact information for their other customers.

That's when the scammer ups the ante by sending a convincing message to the hotel's future guests asking for additional credit card verification as soon as possible via a fake booking link.

With the message originating from within the hotel's own

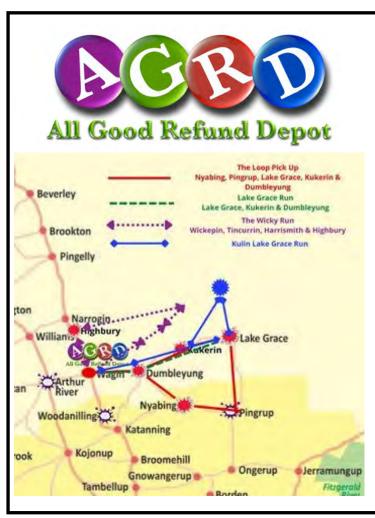
booking system – and it being about a genuine upcoming trip – WA ScamNet is concerned that even the most scam-savvy consumers could be more inclined to hand over their credit card details than they otherwise would.

While this is a very sophisticated scam, consumers can beat the scammers by following WA Scamnet's usual advice to protect against malware and phishing. This includes to avoid clicking on unexpected or unsolicited links, even from trusted businesses. Instead, contact the company directly at an official email address or phone number to confirm the veracity of the message. Do not rely on contact details in an unexpected message.

Be suspicious of messages encouraging you to act quickly and never enter personal or banking details into any website unless you are certain it is genuine and you have checked the URL carefully for indicators of deception.

If you have provided your financial information through a suspicious link or in response to an unexpected message, contact your financial institution immediately and follow their guidance on securing your finances.

To report a scam or get further assistance, contact WA ScamNet by making an online report at www.scamnet.wa.gov.au or call 1300 30 40 54.







We have regular pick ups from Lake Grace, Kukerin, Dumbleyung, Nyabing, Pingrup, Wickepin, Tincurrin, Harrismith, Highbury & Kulin.

Find out more about our drop points 0439 956 175.

Bulk pick ups can be arranged on farm anywhere along this route.

All Good Refund Depot is serious about stopping containers from going into landfill.

Pick ups from Lake Grace **is now weekly!** with check in stops at Kukerin & Dumbleyung.

Call us to find out more 0439 956 175 or email allgoodbusiness@westnet.com.au

Proudly servicing Lake Grace and the extended lakes region since October 2020



POLICE NEWS

LAKE GRACE POLICE STATION 56 STUBBS STREET, LAKE GRACE. 6353 Phone: 9890 2000 Fax: 9865 1429

Email: <u>Lake.Grace.Police.Station@police.wa.gov.au</u>
Personnel: 1/C Scott Oatridge, PC Wade Humphrey.

Station News

We still don't have any further news regarding the vacant Officer in Charge (OIC) position at the Lake Grace Police Station, we will of course keep you updated as soon as we receive any further news.

Traffic News

It has been a steady past fortnight for us, we seized a vehicle on our way back from Narrogin last week, the offender was stopped for travelling at 158Kph which is an Impound offence. To add insult to injury, it wasn't the offenders first rodeo, this meant their vehicle was impounded for three months as opposed to 28 days which is the period for a first impound offence.

Reminder corner

Bicycle helmets.

Please ensure that you are wearing a bicycle helmet whilst cycling on either the road or footpaths. It may not seem like a big deal to those who either don't have one to wear or they just can't be bothered type. The early mornings and after school (for obvious reasons) are the times where the offending appears to be at its worst.

Please remember that it is an offence under the Road Traffic Code for a person that is not wearing a protective helmet whilst riding on a road or any path, more importantly it will be Lake Grace Police that will be scraping the person off the road and informing their next of kin that they have suffered a head injury or worse so please do the right thing and wear a helmet.

Towed Agricultural Implements.

Towed Agricultural Implements Regulations 1995 was repealed in 2015 and incorporated into the **Road Traffic (vehicles) Regulations 2014** in Part 13.

Key definitions:

- agricultural implement means a vehicle without its own motive power, built to perform agricultural tasks
- agricultural machine means a machine with its own motive power, built to perform agricultural tasks
- on a road includes partly on a road but does not include on a road when an agricultural implement is being towed from gate to gate.
- gate to gate means 2 gates facing each other, one on each side of a road, where the distance between each gate is 20 m or less. No permit required, can be moved day or night.
- lighting equipment means lights, reflectors and

ancillary equipment. (stop, turn and park inclusive)

 clearance light means a light which, when lighted, gives an indication of the width of the towed vehicle from the front and from the rear of that vehicle.

Key points:

Do you need a permit to tow an agricultural implement on a road?

YES! And the good news is that they are free and come in the form of an annual permit. It is important to have a permit because it serves as a third-party person insurance document in the event a person is injured as a result of towing the implement on a road. Government to pay not the farmer. Permits are available at the police station.

Do you need lighting equipment on a towed agricultural implement?

Yes, but only at night (hours of darkness). During the day? generally No unless you do not have a flashing amber light fitted to the rear of the implement.

If you have lighting equipment installed it cannot be higher than 1.5m or lower than 400mm from the ground.

If an agricultural implement with a width exceeding 2.5 m is towed on a road at night, a clearance light must be fitted to each side of that implement.

Every component of a towed vehicle being towed on a road must be maintained in a condition that is unlikely to render the use of that towed vehicle unsafe.

Each agricultural implement being towed on a road must be connected to the towing vehicle, not only by a coupling but also by safety chains. (2 chains and must be crossed)

Any braking system on a towed vehicle which is capable of being connected to the towing vehicle must be connected to that vehicle while it and the towed vehicle are in motion on a road.

Headlights, an agricultural vehicle, or the front vehicle in an agricultural combination, must have its low-beam headlights on while travelling in the daytime.

Mirrors, unless a flashing amber light is fitted to an agricultural combination and is operating when being moved on a road, a towing vehicle must be equipped with mirrors which enable the driver to see vehicles approaching from the rear.

Warning flags, an agricultural combination that exceeds

POLICE NEWS (cont.)

2.5 m in width must not be used on a road unless warning flags, made of high visibility yellow or orange material and of at least 450 mm square in size are attached to each lateral extremity of the combination.

Warning signs for oversize agricultural combinations, an agricultural combination which exceeds 3.5 m in width or 25 m in length must not be used on a road unless warning signs displaying the word "OVERSIZE" are affixed to the front of the towing vehicle and the rear of the towed implement and it is preceded, at a distance of not more than 500 m or less than 300 m, by a pilot vehicle and followed, at a distance of not more than 300 m or less than 200 m, by a pilot vehicle.

Warning signs must have in black lettering on a yellow reflective background in upper case and at least 200 mm high with a brush stroke at least 28 mm wide for the word "OVERSIZE"; and 100 mm high with a brush stroke at least 15 mm wide for the words "LOAD"

AHEAD"

Speed restrictions, an agricultural combination must not travel at a speed exceeding 20 km/h below the local speed limit.

If an agricultural combination exceeds 4.3 m in height or may come into contact with an electricity supply line while being used on a road it must not be used on that road unless written permission has been obtained from Western Power.

Take care and stay safe.

Regards

Lake Grace Police





CCL Hardware

8 Stubbs Street Lake Grace WA 6353 PHONE: 9865 1104



GO WHERE THE TRADIES GO

The proper hardware store

Opening Hours

Monday - Friday: 7:30am - 5:30pm

Saturday & Sunday: 8:30am - 11:30am

Local Stockists of:

- Kleenheat Gas
- Nursery supplies & plants
- □ Bulk soils & mulches
- □ Tools, hardware, steel & timber
- ONEGAS Welding Gas

If you don't see it in store, please ask, we are happy to source and get in for you.





EDITORIAL

Don't miss the opportunity to see
Austalia's premier Country Crooner
perform live in concert as part of his
2023 national concert tour.

FORMER "LOCAL" RETURNS

Since his early inspirational years on the family farm at North Ravensthorpe WA, where he believes his upbringing in that often harsh rural environment, taught him to appreciate the 'true values of life', BRIAN LETTON has certainly cemented his position as one of the premier entertainers in the Australian Music Industry. In a professional career that now spans more than 3 decades, Brian combines an annual non-stop touring schedule, legions of fans and a long lasting successful recording history. Along the way, Brian has accumulated many of Australia's most prestigious music awards and accolades.

In 1989, Brian began his professional career as a full time entertainer, after a decade working as a part time musician with various local bands. A succession of highly acclaimed awards were instrumental in Brian making the decision to move into the music industry full time. Brian writes and sings of his country and his fellow man with a rare feeling. He writes of the things he knows, understands, loves and believes in. His songs have won him Australian and International acclaim. He has had a succession of top 10 radio hits and his first ever nomination for the prestigious "Country Music Awards of Australia" for which the coveted Gold Guitar is the trophy rewarded Brian with making the "final five" in the "Best New Talent" category, in 1991. Over the ensuing years, Brian has been a finalist in these awards on no less than 16 occasions.

Brian released 20 albums for one of Australia's major independent recording label's, LBS Music before adding to his already impressive recording history when he commenced his own recording label, BL Recordings, in 2015. Five further CD releases sees Brian's albums totalling 25 since relocating across the Nullabour in 1989. And to add to this impressive list, Brian has just released his first DVD, "BRIAN LETTON 'LIVE' AT THE BARHAM SERVICES CLUB".

Possibly the best description of BRIAN LETTON and his music is "passionate". Brian stands tall as a shining example of the success that is possible. He is totally committed to his music, his songwriting, recording and most importantly his supporters. His commitment remains unwavering and the future holds much more in store for this extremely talented performer.

DON'T MISS

BRIAN LETTON 'LIVE' IN CONCERT

AT A VENUE NEAR TO YOU SOON

for more information go to: www.brianletton.com.au



Community Newsletter

PO Box 50,Lake Grace WA 6353 Ph: (08) 9890 2500 Fax: (08) 9890 2599 Email: shire@lakegrace.wa.gov.au





CEO Chat

The Newdegate Country Club renovations and refurbishment was officially opened by Mr Rick Wilson Federal Member for O'Connor | Shadow Assistant Minister for Trade on Friday 3rd November.

Speeches were heard from Shire President Len Armstrong and Rick Wilson before the unveiling of the commemorative plaque. A group photo was taken for posterity followed by some light refreshments.

Attendees included representatives from the Newdegate Machinery Field Days Inc. Committee, Newdegate Community Cropping Group, Newdegate Golf Club, Newdegate Bowling Club, Newdegate Country Club, life members, Shire staff and interested ratepayers.

This project was funded with significant input from the Newdegate Community Cropping Group, Newdegate Machinery Field Days Inc. Committee, Shire of Lake Grace, and federal government funding through the Drought

Communities Program and Local Roads and Community Infrastructure Programs.

Finally, with harvest well and truly underway we would like to remind everyone about the increased truck traffic on the roads. Please be vigilant and patient when travelling.

Alan George Chief Executive Officer

Highlights from the 25 October Council meeting.

- Deb Clarke, Roz Lloyd and Len Armstrong were sworn in as Shire Councillors.
- Len Armstrong was sworn in for another term as Shire President and Steve Hunt was sworn in as Vice President.
- A transfer of funds saved from a road project was transferred to complete the installation of soft fall at the Newdegate Adult Gym.
- A Development Application for a new additional dwelling on a farming property in Varley was approved.
- Council approved an amendment to the Shire of Lake Grace Local Planning Scheme No.4 to allow the rezoning of Lot 500 Wattle Drive, Lake Grace from: Special Use Roadhouse, Motel and Aged Persons Accommodation to R30 Residential.
- Councillor representation on various committees of council and outside committees was determined. Details are available from the Shire office.
- Approval was given for McKenzie Concrete Co. to erect temporary storage on Lot 101 Stubbs Street for a maximum term of 12 months.
- Council approved a sponsorship request from the Isolated Children's and Parent's Association for the Lake District Branch which is hosting the ICPA State Conference in March 2024.
- Council approved the sale of the last two residential blocks in the Quondong Court subdivision, subject to public comment.
- The contract for the construction of the Lake Grace All Abilities Playground has finally been awarded with a commencement dated being determined.

An **Ordinary Council Meeting** will be held at 3.30pm **20 December 2023,** Shire of Lake Grace Council Chambers, **1** Bishop Street, Lake Grace WA 6353

The Agenda will be available on www.lakegrace.wa.gov.au

(A minimum of 15 minutes is set aside for public question time, giving members of the public an opportunity to ask questions relating to Shire activities. All welcome)

Community Information

Community and Economic Development

Shire administration have several development funding applications under consideration for approval; including:

- Headworks to progress the development of much needed residential land at the east end of Lake Grace townsite
- Redevelopment of the Lake King Sports Pavilion
- Development of 4 or 5 light industrial blocks on Dewar Street, Lake Grace; in conjunction with Development

We await the results of these funding applications with much anticipation. In the meantime, the Shire was successful with recent grant applications for upcoming community events. Planning is now under way for:

- WA Seniors Week (12-19 November 2023) Beyond the Generations; Students from LGDHS and Newdegate Primary School will join community members aged 55+ for intergenerational activities and a shared morning tea in both towns. (Event supported by the Department of Communities and Lotterywest)
- Thank a Volunteer Day 2023 Community Sundowner and BBQ; this event is normally held in early December, however due to harvest and the busy Christmas period, events will be held around the shire in the New Year.
 (Event supported by Department of Communities)

Youth Initiatives

A recent Youth Forum held at the Shire of Lake Grace Council Chambers has resulted in a number of youth initiatives being introduced.

A joint collaboration between the Shire, Lake Grace Community Men's Shed, Lake Grace District High School, and WA Police has seen the formation of a popular weekly Youth Mentoring Program at the Men's Shed.

A Youth Advisory Committee has also been re-established, with students from LGDHS and Newdegate joining together with the Shire, LGDHS teacher, Amanda Trevenen, and representatives from both communities, to work on various projects, ideas and youth issues.

One of the committee's early ideas was intergenerational activities with older members of their community, which saw the formation of a successful grant application for Beyond the Generations.

Thank you to LGDHS and Newdegate Primary School Principals, Kerrianne Mills and Judy Garlick, for their on-going support of the committee.

> Aimee Egan-Reid Community Economic Development Officer

Community Emergency Service



We have received a fire truck from DFES as part of the State Operational Support Fleet (SOSF) that will be based around Lake Grace for this high threat period. We will be using the truck to demonstrate why we need a truck, intending to support all fires in Zones 1 & 2, as well as further afield as requested. The key requirement of using the truck is that fires need to be reported to 000. DFES have advised that the Grain Harvest Water Bombers are now activated and will be progressing from Geraldton to Esperance. We are expecting the aircraft in Narrogin from 16 November unless required earlier.

With the forecast risk of an above-average fire potential this year, I would strongly encourage you all to develop a Bush Fire Plan for your family.

Resources are available online:

https://mybushfireplan.wa.gov.au/, or through the Shire of Lake Grace. With a recent fire triggering an evacuation of the Corrigin townsite, it is important to know what you need to do in that situation.

Matt Castaldini Community Emergency Services Manager





Follow our Facebook page https://www.facebook.com/ShireofLakeGrace/



SHIRE OF LAKE GRACE PUBLIC NOTICE

2024 COUNCIL MEETINGS

In accordance with section 5.25(g) of the Local Government Act 1995, residents of the Shire of Lake Grace are advised of the following Council Meeting arrangements for 2024:

| DATE | TIME | PLACE |
|------------------------|--------|---|
| January | N/A | No meeting (annual break) |
| Wednesday 21 February | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |
| Wednesday 27 March | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |
| Wednesday 24 April | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |
| Wednesday 22 May | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |
| Wednesday 26 June | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |
| Wednesday 24 July | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |
| Wednesday 28 August | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |
| Wednesday 25 September | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |
| Wednesday 23 October | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |
| Wednesday 27 November | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |
| Wednesday 18 December | 3.30pm | Council Chambers, 1 Bishop Street, Lake Grace |

Council meetings are open to the public and members of the community are encouraged to attend and ask questions and make comments relating to Shire activities.

A minimum of fifteen (15) minutes is allowed at the beginning of each meeting for questions from the public.

The Council Agenda is available prior to the meeting and can be viewed on the Shire website at www.lakegrace.wa.gov.au

Minutes of Council meetings are available on the Shire website at www.lakegrace.wa.gov.au

For more information contact the Executive Assistant on 9890 2500 or email shire@lakegrace.wa.gov.au

ALAN GEORGE CHIEF EXECUTIVE OFFICER

Community Information

Office Open Hours

Monday - Friday 8.30am - 4.00pm Staff can be contacted via phone between 8am — 5pm.

Licensing Payments

All licensing payments are to be made in person at the Shire of Lake Grace, 1 Bishop Street, Lake Grace, (please phone ahead for availability).

Monday to Friday from 8:30am to 4:00pm

As an agency, we process the majority of transactions including: renewals, transfers, number plate orders, boat registration renewals and new licence applications.

Lake Grace Swimming Pool

Open: Wednesday to Monday 12.00pm-6.00pm

Closed: Tuesday

Early Morning Swimming:

Monday, Wednesday, Friday 5.30am-7.00am

Driving Assessor

Lake Grace has one assessment day, held on the first Friday of each month.

Bookings are essential for all Practical Driver's Licence Assessments as there is often a waiting list. Bookings can be made at the Shire office on 9890 2500 until further notice.

The next Practical Driving Assessor (PDA) will be at the Shire of Lake Grace office on:

December (to be confirmed)

For more information go to: www.transport.wa.gov.au.

Libraries

Lake Grace Public Library School Place Absolon St

Monday - Friday 9am - 5pm

Closed for lunch 12.30 - 1pm

Newdegate Public Library Collier St

Monday - Thursday 8.30am - 4.30pm

Closed for lunch 12noon - 1pm

Friday 9am - 2pm

Lake King Library Newdegate/Ravensthorpe Rd

Tuesday and Thursday 8.30am - 3.30pm

Town Planning & Building

Please contact the Shire of Lake Grace on 9890 2500 or email shire@lakegrace.wa.gov.au for all Town Planning and Building Surveying enquiries and requests.

Environmental Health

The Shire's Environmental Health Officer, Brendon Gerrard, can be contacted via the Shire on 9890 2500 or email shire@lakegrace.wa.gov.au.

Tip Times

Lake Grace

Monday & Wednesday 9am - 2pm Saturday & Sunday 9am - 4pm

Newdegate

Wednesday 9am - 1pm Saturday 9am - 1pm

Lake King and Varley

Open every day

Recycling Services

Household Waste Collection is a weekly service and collected each Tuesday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is a fortnightly service and alternates between Lake Grace and Newdegate. See below for the upcoming recycling collection dates.

| Newdegate | Lake Grace |
|---------------------|---------------------|
| Tuesday 14 November | Tuesday 21 November |
| Tuesday 28 November | Tuesday 5 December |

Please Note: There is no kerbside recycling collection service in Lake King or Varley.

The recycling bins are collected by Warren Blackwood Waste and transported to a recycling facility. If items which are not recyclable are found, the contents can't be recycled and the load will be directed to the landfill.

If an item is covered in food, it is not recyclable. Food is one of the worst contaminators in the recycling process. By using the yellow top recycling bin correctly you are contributing, in a combined community effort, to reduce the amount of rubbish that is directed to landfill facilities each year.

For more information on Waste Management visit the Shire's website www.lakegrace.wa.gov.au.





BEYOND THE

Generations

Community members aged 55+ are invited to join students from Lake Grace District High School for a shared morning tea, games and activities

Lakes Village Hall, Bishop Street, Lake Grace

Thursday 16 November 2023,

9.30am - 11.30am



SHIRE OF LAKE GRACE LOCAL PLANNING SCHEME NO.4



NOTICE OF PUBLIC ADVERTISEMENT OF PLANNING PROPOSAL

Planning and Development Act 2005 Shire of Lake Grace

The local government has received an application to use and/or develop land for the following purpose and public comments are invited.

Land Details:

Lot 85 on Deposited Plan 33429 Hyden-Lake King Road, Varley

Proposal

Permanent approval for an existing 27,510 tonne grain storage bulkhead on the abovementioned property previously approved by Council on a temporary basis on 27 July 2022 and constructed on 2 December 2022.

Details of the proposal are available for inspection at the Shire Administration Centre at 1 Bishop Street, Lake Grace and on the 'Public Notices' section of Shire's website (http://lakegrace.wa.gov.au/publicnotices/).

Comments on the proposal are now invited and can be emailed to shire@lakegrace.wa.gov.au or posted to the Shire's Chief Executive Officer at PO Box 50 LAKE GRACE WA 6353 by no later than Friday 24 November 2023.

All submissions must include the following information:

- Your name, address and contact telephone number;
- How your interests are affected; whether as a private citizen, on behalf of a company or other organisation, or as an owner or occupier of property;
- · Address of property affected (if applicable); and
- Whether your submission is in support of, or objecting to the proposal and provide any arguments supporting your comments.

All submissions received may be made public at a Council meeting and included in a Council Agenda, which will be available on the Shire's website, unless a submission specifically requests otherwise.

Alan George Chief Executive Officer Shire of Lake Grace

7 November 2023

Good News Page

Kevin Seaman

Even though our theme for 'The Good News Page' is only to promote good happy news, it is very hard not to think of the evil in our world now tainted with violence with things like war-torn countries, terrorist activities, soaring crime rate, devasting flood toll etc, just to name a few. Ever on the increase, it is hard not to think about it and will the problems even be resolved so the world will become a better place.

Maybe when turning on our tv's, radios, computers and reading the papers, the only thing we get bombarded with is music, especially country music. What a better world it would be.

There is one song which comes to mind and I actually sing (or hum) it. A song written in the 1960's by songwriter, Bourdeaux Bryant and recorded by Bob Luman. Aptly titled 'Let's Think About Living'. I am sure if you recall it, you and the leaders will adopt it as their theme song, it can only lead us to a better world to live in.

So the following are the lyrics to the inspirational c/w song, Let's Think About Living, from way back in 1960.

In every other song that I've heard lately Some fellow gets shot And his baby and his best friend both die with him

Wanted to Buy

Old petrol bowsers, enamel signs or any old signs, oil bottles, oil tins, and racks.

Vintage cool drink bottles, vintage motorbikes, vintage farm machinery, etc.

FREE appraisals 25 years experienced antiques dealer.

Will travel anywhere cash paid on the day.

Happy to buy one item or entire collections.

Phone or message Jim on 0439 912 272. Email jimsmoker55@gmail.com



As likely as not In half of the other songs Some cat's crying or ready to die We've lost most all of our happy people And I'm wondering why

Let's think about livin'
Let's think about lovin'
Let's think about the whoopin' and the hoppin'
And the boppin' and the lovin', lovie-dovie

Let's forget about the whinin' and the cryin'
And the shootin' and the dying
And the fellow with a switchblade knife
Let's think about livin'
Let's think about life

We lost old Marty Robbins
Down in El Paso a little while back
And now Miss Patti Page or one of them
Is a-wearin' black
And Cathy's Clown has Don and Phil
Where they feel like a-they could die
If we keep on a-losin' our singers like that
I'll be the only one you can buy

Let's think about livin' Let's think about lovin' Let's think about the whoopin' and the hoppin' And the boppin' and the lovin', lovie-dovie

Let's forget about the whinin' and the cryin'
And the shootin' and the dying
And the fellow with a switchblade knife
Let's think about livin'
Let's think about livin'
Let's think about lovin'
Let's think about the whoopin' and the hoppin'
And the boppin' and the lovin', lovie-dovie

Let's forget about the whinin' and the cryin'
And the shootin' and the dying
And the fellow with a switchblade knife
Let's think about livin'
Let's think about life

Let's think about livin' Let's think about life Let's think about livin' Let's think about life Let's think about livin'

And just to show you there are still good people doing good things, no matter what, here is good news story.

Miraculous Rescue: Missing two-year-old found safe by hunter

In a heartwarming turn of events, a two-year-old girl who had gone missing in Newberry County, South Carolina, was miraculously found safe and sound after an intensive search effort. The young child had last been seen at approximately 3pm nestled beside her mother,

Good News Page (cont.)

but was reported missing later in the day.

What followed was a remarkable chain of events that led to her safe rescue.

Around 6pm, the situation took a hopeful turn when a deer hunter in the area heard the cries of the missing child. Reacting swiftly, the hunter placed an emergency call to the Newberry County 911, alerting authorities to the child's location.

Newberry County 911 operators sprang into action, utilizing advanced mapping technology to pinpoint the coordinates provided by the hunter. This crucial information was then swiftly transmitted to a South Carolina Law Enforcement Division (SLED) helicopter and the county's dedicated first responders, who were already en route.

With the location data in hand, a search team was quickly dispatched to the wooded area, situated nearly a mile away from the child's home. The tireless efforts of these responders ultimately led to a heartwarming and miraculous reunion. The hunters and the missing two-year-old were found safe and unharmed, in the dense forest.

The child was carefully transported to a waiting Sheriff's Office vehicle before being swiftly taken to a Newberry

County EMS Ambulance. Despite her harrowing experience, she was found to be in surprisingly good shape, with her only complaints being tiredness, thirst and understandable fear.

This remarkable rescue operation was a testament to the swift and coordinated efforts of first responders, law enforcement and the community as a whole. The Newberry County Sheriff's Office expressed their immense gratitude to everyone involved, including citizens, clergy and the those offering their thoughts and prayer during the search.

In a statement, the Sheriff's Office conveyed their relief at the safe recovery of the two-year-old, emphasizing that this was truly a miraculous find that brought an enormous sense of relief to the family and the entire community. The heroic actions of all those involved will undoubtedly be celebrated as a heartwarming success story in Newberry County for years to come.



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Puzzles and Stuff

Some words for 26th October edition of Boggle

Norm

Orig

Ring

Roil

Answers for 26th October edition of Sudoku

Ligniform Firming Forming Ligroin Rifling Roiling Fiorin Firing Florin Infirm Inform Miring Origin Riling Groin Minor Firm Firn Flor Form

Frig From Firl Frim Girl Iron Morn

| 1 | 3 | 8 | 9 | 5 | 2 | 7 | 4 | 6 |
|---|---|---|---|---|---|---|---|---|
| 7 | 2 | 5 | 3 | 4 | 6 | 8 | 9 | 1 |
| 9 | 4 | 6 | 1 | 8 | 7 | 3 | 5 | 2 |
| 4 | 5 | 2 | 7 | 3 | 1 | 6 | 8 | 9 |
| 6 | 7 | 3 | 5 | 9 | 8 | 2 | 1 | 4 |
| 8 | 9 | 1 | 6 | 2 | 4 | 5 | 7 | 3 |
| 3 | 8 | 4 | 2 | 1 | 5 | 9 | 6 | 7 |
| 2 | 1 | 7 | 8 | 6 | 9 | 4 | 3 | 5 |
| 5 | 6 | 9 | 4 | 7 | 3 | 1 | 2 | 8 |

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| 6 | 7 | 2 | 4 | 3 | 5 | 9 | 8 | 1 |
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| 4 | 2 | 7 | 8 | 6 | 3 | 5 | 1 | 9 |
| 8 | 9 | 6 | 5 | 7 | 1 | 2 | 3 | 4 |
| 3 | 5 | 1 | 9 | 2 | 4 | 7 | 6 | 8 |
| 5 | 6 | 3 | 1 | 47 | 2 | 8 | 9 | 7 |
| 2 | 1 | 9 | 7 | 8 | 6 | 3 | 4 | 5 |
| 7 | 8 | 4 | 3 | 5 | 9 | 1 | 2 | 6 |

| Α | L | Е | This week's Boggle (Every word must include the middle letter) |
|---|---|---|--|
| I | S | 0 | |
| D | V | С | |

We're hiring in Lake Grace

We believe our staff are our greatest asset as we work together to deliver the very best in Home Care in the Wheatbelt.

We are looking for caring and passionate nursing and Home Care support workers in the Wheatbelt.

Our Care with Purpose people-centred care model promotes dignity, respect, privacy and independence.

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care with purpose

Never, Never, Never Give Up (cont.)

risk factors are present in over two-thirds of deaths of people who died by suicide, however this does not make it easier for the family and friends who are left behind.

While the reasons for an individual's suicide death are personal and often complex, overall peaks and troughs in rates and numbers of deaths by suicide historically coincide to a degree with social and economic events.

The highest annual age-standardised rate for males in the last century occurred in 1930 (29.8 deaths per 100,000 population), during the Great Depression – a period of high unemployment, particularly among males. Think of the helplessness of this sector of the community, no job, no home and the thought that their situation may never improve. On a personal note, my grandmother talked about this era often; the men who would follow the railway line and walk onto the farm (the railway ran through it) asking if they could do some jobs in return for being able to sleep in the shed and have a bite to eat. Nobody was turned away.

The rise in both male and female suicide rates in the 1960s has been attributed, in part, to the unrestricted availability of barbiturate sedatives (Oliver & Hetzel 1972; Whitlock 1975). This was the only timeframe where female suicide dramatically increased; one would have to consider the sexual revolution coupled with the lack of availability of contraception and the shame of having a baby out of wedlock.

Research has shown that young adults who use social media are three times as likely to suffer from depression, putting a large portion of the population at risk for suicidal thoughts and behaviours. Let's face it, everyone wants to be liked but in your teenage years it's especially important to feel the love and admiration of your peers.

It is interesting that as a society we have never been so connected with ease of movement, mobile phones, internet and social media and yet as a population we are so isolated. Self-checkout, online shopping, working from home and an endless supply of streaming platforms limits the need to leave the house. Income, food and entertainment are at our fingertips.



Are you a Men's shed member? Cost is only \$15 pa.

Membership renewals have been sent out, if you haven't received yours then please drop into the CRC so that we can rectify the situation.

If you would like to be a member then drop into the shed on a Tuesday or Thursday morning and fill in an application form. Nevertheless, sustenance is more than just food, we need those personal interactions, it adds to the fabric of our life and makes us much more relatable and interesting.

The person who completes suicide, dies once. Those left behind die a thousand deaths, trying to relive those terrible moments and understand... why? They have to find a way of moving forward but need to be able to talk about the person they have lost. Thankfully as a society we have largely discarded the taboo and shame that was once associated with suicide, but it is still difficult to be able to help the bereaved in a meaningful way.

The Lions and other volunteers have crossed that bridge by helping Gaye van Berkel and Keith Higgs with Lake Grace's Blue Tree project; this is a thoughtful way to be able to support Gaye who lost her son to suicide (Keith's nephew). If you haven't seen their efforts, then check out the Lions rest park on the eastern boundary of town.

Wide Format Printing

A2 - A1 - A0

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Competitive pricing.

Contact the Lake Grace CRC on 9865 1470 for a quote.

| Paper - b&w | \$4—\$6 |
|----------------|-----------|
| Paper - colour | \$6—\$12 |
| Card | \$14—\$34 |
| Photo | \$24—\$56 |
| Banners | POA |

Lemon and honey chicken salad

12m prep - 15m cook - 4 servings

This light and lovely chicken salad is a tasty combination of sweet and zesty flavours.

13 Ingredients

Zest and juice of 1 lemon, (plus 1 tbsp lemon juice, extra)

2 tbsp honey

1/4 cup (60ml) extra virgin olive oil

1 cup mint leaves, half the leaves finely chopped

4 x 200g chicken breast fillets, each sliced into thirds

200g podded (from 1kg unpodded) fresh or frozen broad beans

1/2 (200g) garlic ciabatta loaf, halved lengthways, torn into small pieces

Large handful of mache or baby spinach

400g can chickpeas, rinsed, drained

125g cherry tomatoes, halved

1/2 cucumber, finely chopped

1/4 cup flat-leaf parsley leaves, chopped

2 tsp wholegrain mustard

7 Method Steps

Step 1

Preheat grill to medium-high.

Step 2

Combine lemon zest and juice, honey, 1 1/2 tablespoons oil and chopped mint in a large bowl. Season with sea salt and freshly ground black pepper. Add chicken, stir to coat, then place in the refrigerator for 10 minutes to marinate.

Step 3

Meanwhile, blanch broad beans in boiling water for 1-2 minutes. Drain and refresh under cold running water. Remove tough outer skins. Set aside.

Step 4

Place ciabatta on a baking tray and grill for 4-5 minutes until golden and crisp.

Step 5

Preheat a chargrill pan to high. Cook chicken for 2-3 minutes each side until caramelised and cooked through.

Step 6

Toss broad beans, ciabatta, mache, chickpeas, tomatoes, cucumber, parsley and whole mint leaves in a large bowl.



Step 7

Whisk together mustard and remaining 2 tablespoons oil and 1 tablespoon lemon juice. Season. Divide the salad among plates, pour over dressing and top with chicken to serve.



Come in and see us for all your meat supplies!
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Open

Monday - Friday 8:30am - 5.30pm Saturday 8:30am - 12pm

Located in Lake Grace Plaza Contact Dean Sounness: 9865 1225



Tennis Notes

Lauren Duckworth & Symone McKenzie

Welcome to season 2023. We have had a lot of action around the tennis club this year so far. Will Cook has taken over duties for Men's Pennants Captain and Lauren Duckworth has taken on Ladies Captain again for the season. Symone McKenzie is again the Ladies Wednesday midweek Captain. All three have



been kept very busy finding players for each week's games! Thank you to everyone that has played and filled in so far!

Sunday Pennants Results for the Season thus far-

Toolbin defeated Lake Grace convincingly at Toolbin on a very hot clay tennis court. The weather on this day was not for the faint hearted. A special mention goes to Marg Swarbrick for being our always keen import from Albany. Also, Sharon Cook, Di Garard & Debb Carruthers who all hadn't played for the club for a while and played in trying conditions. Thankyou!

Dumbleyung defeated Lake Grace 26 sets to 8 sets on a great day for tennis. Dumbleyung has perfected the grass court surface and they were really lovely to play on. Great to see Ben Watson, Natalie Livall and Laura Ballard return to the courts for Lake Grace. Thanks to all the regulars that turn up every pennants game. Well done to Twiggy, Chloe, Jemma for taking the most sets for the day for Lake Grace!

Kukerin defeated Lake Grace 30 to 4 sets in Lake Grace. Again, a great day of tennis, many close games through the day but not coming home with many chocolates. However the afternoon tea was very good!! We do tend to have very long home games, as we are the only club with 4 courts. All other teams have 5-6 courts, something we may work on in the future!

A very special mention goes to Darcey Pelham, who filled in for the Lake Grace Men's pennants side this week. He held his own superbly, and there were many people watching on in support of Darcey. He also took out a singles set win! I think we all felt really proud of this young man stepping onto the court and showing such awesome promise and maturity for such a young bloke. Expect many more future call ups Darcey! Thanks and well done mate.

Lake Grace v Dudinin

A very hot day for tennis! The tennis we had against Dudinin was enjoyable and challenging. Many great rallies were played throughout the day and a cold refreshment was certainly earned over the afternoon! Thanks to Jaiden Randall, Michelle Slarke and Lisa O'Neill for stepping in and returning to the court for the day to help out the regular team. Dudinin defeated Lake Grace 23 sets to 11 sets. This is the most sets Lake Grace has won this year so we can say we are improving each week! Well done team this wraps up this years Pennants tennis but it will continue in February 2024. Hope everyone can get along to Social tennis throughout

Junior Tennis Coaching at Lake Grace

SunSmart Junior Coaching

the summer.

Well, how exciting this has been to have Junior Coaching in Lake Grace for the first time in a very long time. We did have Keith O'Brian come to Lake Grace in early 2023, but prior to that we've had no Junior events or coaching for a very long time. The Junior Coaching has been assisted by Sun Smart and we have had 28 kids ranging from Pre-primary to Year 6 run in a hotshot style program. Jemma Bairstow & Alex Duckworth both attended a Junior tennis coaching course earlier this year to bring tennis coaching to the kids of Lake Grace.

The first few sessions have been very successful and the kids are picking up plenty of tennis skills and getting a good dose of hitting practice through a range of hotshots games and game play.

If your child hasn't been able to join in the current coaching sessions, we will be running more coaching in February and if you are interested, please contact Jemma Bairstow or Lauren Duckworth.

Ladies Wednesday Pennants

Wednesday's is the day for the ladies of the Lake Grace Tennis club as they kicked off their Ladies' Pennants season for 2023- 2024. It's not just about tennis; it's a day for camaraderie, delicious lunches, and a bit of champagne for those who enjoy it.

Last season, we faced the disappointment of a Grand Final loss against Kukerin. But this season, we've come bouncing back strong. Heading into Round 5 this week with 3 wins and only 1 loss, the team, led by Sym McKenzie, is in excellent form. Jemma Bairstow, Lauren Duckworth, Fiona Chatfield, Tameka Roukens, and Erica Wiech make up the core of the team.

What's great about this team is our flexibility. On odd weeks when we've been short a player, we've had valuable help from Deb Carruthers, Janis Gent, and Michelle Slarke as fill-ins. These women deserve a big thank you for their support.

But Ladies' Pennants is about more than just tennis. It's a chance for like minded women to come together, build connections, and have a good time. On Wednesdays, it's all about the love for the game and the friendships that have formed on & off the court.

So here's to another great season of tennis, fun & laughter and let's keep the spirit of tennis alive in the Lake Grace community!

DID YOU KNOW?





SKELETON WEED SEARCHING COMMENCES

NOVEMBER 15TH

SKELETON WEED ON YOUR PROPERTY IS YOUR RESPONSIBILITY AND MUST BE TREATED LEGAL REQUIREMENT UNDER THE BAMA ACT

IF YOU HAVE ACTIVE SKELETON WEED (CODE 1 OR 3) PASTURE PADDOCKS OR HARVESTED PADDOCKS POST TWO WEEKS PLEASE CONTACT HYDEN KARLGARIN SEARCH CONTRACTORS TO GET THESE SEARCHED AS PART OF THE PROGRAM ASAP. 0427 896 079 (ANDREA)

REINFESTED CODE 2 PADDOCKS ARE ALSO ELIGIBLE FOR SEARCH ASSISTANCE.

MARKING OF SQUARES HAS BEEN REDUCED IN SIZE TO 10M FROM OUTER MOST
PLANT

CHECK YOUR INFESTED AREAS MONTHLY AND TREAT, SUMMER SPRAY CONTROLS

HAVE BEEN REVISED WINTER SPRAY IS ERADICATION CONTROL.

ESPECIALLY IF STOCKED

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ANY QUESTIONS REGARDING YOUR INFESTATIONS OR THE PROGRAM
CONTACT LYN CARRUTHERS 0409 351 373
LAKES LOCAL ACTION GROUP COORDINATOR



Cricket Notes

Shaye Bowron

Saturday 28th October

Round 1 vs Williams

LGCC-104, Williams 2-105

First game of the year was a home game Lake Grace won the toss and elected to bat, Matt Trevenen and Darcy Townsend opened the batting with the first wicket falling in the 6th over. Jack Carruthers came out to bat, with Darcy and Jack starting to build a little partnership. Before Darcy was removed. Wickets continued to fall around Jack as he was trying to steady the ship. We ended up all out for 104

Jack Carruthers 56

With a lot to do in the second innings we had to get to work early with Mitch Smith and Kael Gray opening the bowling. Both took an over to find some rhythm but from

| Batting - Lake Grace | R | В | 4s | 6s |
|---------------------------------------|----|---|----|----|
| M. Trevenen c: R. Gillett b: R. Ford | 6 | 0 | 0 | 0 |
| D. Townsend c: T. Lavender b: R. Ford | 13 | 0 | 0 | 0 |
| J. Carruthers b: R. Ford | 56 | 0 | 0 | 0 |
| M. Smith lbw: R. Ford | 1 | 0 | 0 | 0 |
| W. Humphrey c: R. Ford b: R. Ford | | 0 | 0 | 0 |
| S. Bowron Ibw: R. Ford | | 0 | 0 | 0 |
| K. Gray b: J De Bruyn | 9 | 0 | 0 | 0 |
| K. Fleay c: R. Gillett b: M. Hogg | 8 | 0 | 0 | 0 |
| R. Couzens b: R. Gillett | 4 | 0 | 0 | 0 |
| F. Grobler b: R. Gillett | 2 | 0 | 0 | 0 |
| L. Korosec not out | 1 | 0 | 0 | 0 |
| | | | | |

| Bowling - Williams | 0 | M | R | W |
|--------------------|---|---|----|---|
| Riley Ford | 6 | 1 | 23 | 5 |
| Rodney Ford | 3 | 0 | 8 | 1 |
| S. Ford | 6 | 1 | 33 | 0 |
| R. Gillett | 5 | 0 | 11 | 2 |
| M. Hogg | 8 | 0 | 16 | 1 |
| T. Lavender | 0 | 0 | 0 | 0 |
| J. De Bruyn | 4 | 0 | 13 | 1 |

then they had a nice little bowling partnership with both collecting a week. We changed around some bowlers to try and seek another wicket, but the small target of 104 left our bowlers with not much room to move with William's making the runs in the 19th over.

Mitch Smith 1/38 off 6 overs

Kael Gray 1/25 off 6 overs

| Batting - Williams | Batting - Williams | | | | 6s |
|-------------------------------------|--------------------|---|----|-----|-----|
| G. Nottle not out | 77 | 0 | 0 | 0 | |
| K. Rintoul b: M. Smith | | 0 | 0 | 0 | |
| M. Cowcher c: F. Grobler b: K. Gray | 12 | 0 | 0 | 0 | |
| Rodney Ford not out | 1 | 0 | 0 | 0 | |
| EXTRAS (NB 1, W 1, B 1 | 1, LB 2) | | | | 5 |
| TOTAL | | | | 2-1 | 105 |
| OVERS | | | | 18 | 3.2 |
| Bowling - Lake Grace | М | R | , | W | |
| M. Smith | 6 | 1 | 38 | | 1 |
| K. Gray | 6 | 0 | 25 | | 1 |
| M. Trevenen | 3 | 0 | 23 | | 0 |

Results for Round 2 versus Cuballing weren't available at time of publication.

2

1

0.2

Lake Grace CWA Cookbook



7

7

0

0

0

0

The reprint is now available.

\$23 a copy

D. Townsend

R. Couzens

F. Grobler

This is a fundraiser for the Lake Grace branch.

Copies are available from the Lake Grace CRC and Lake Grace Visitor Centre.

Junior Cricket Notes

Sissa Pelham

It is very exciting as junior cricket has started back up in Lake Grace with 15 enthusiastic players keen for their first home game against Kondinin/Kulin.

Bryce captained the day and winning the toss, he opted to field first. The boys bowled and fielded well, with Tyler, Braxton, Levi, Max, Heath and Beau all taking a wicket with Josh taking 2. Mitch bowled as well and Tyler took a cracker catch. Great team work with rotations working well.

Kondinin-Kulin 9/139, then after lunch break the boys got into batting. They did well but just a bit unlucky and ran out of overs at 8/73.

Thanks Derek and team for all your help on the day.

On behalf of the Junior cricket club we would like to thank McKenzie's concrete for sponsoring one of our pop up marquees. It is much appreciated.

We also thank these sponsors for our brand new fancy shirts: Afgri, Lewis Building and Maintenance, Nutrien, and Ken Gray & Co. The boys look pretty professional so thank you so very much.

Thanks to Mr Medlen for his kind donation of cool

drinks for the kids that will see the season out.

The next game is in Williams, so watch this space!



Back Row L-R: Josh Willcocks, Beau Trevenen, Bryce Carruthers, Zane Harwood, Max Stubberfield, Chase Kuchling, Mitchell Gooding, Braxton Roukens, Jonti McKenzie

Front Row L-R: Sam Stanton, Darcey Pelham, Heath Lewis, Tyler Argent, Levi Argent, Taj Trevenen



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Lake Grace Bowls Notes

Kayleigh Hobbins

That's right bowls season has begun. It started a few weeks ago, on October 7th, with our Lake Grace club having a Pairs Competition and it was good way to dust the cobwebs off before playing other clubs in Pennants.

The players paired up and started to roll their way to a win. The men's pairs all played great but it came down to two pairs facing off for the overall win. Craig Elefson and Kelvin O'Neill on one team, John Seaman and 16 year old newcomer Kannin Hobbins on the other. It was an exciting 15 end game, resulting in Craig and Kelvin taking the title of Pairs Champions.

The ladies pairs also had a great day of rolling. Four pairs of ladies facing off against each other but only one team can win. Jackie McGlinn and Trish Lewis took on Kelly Callope and Helen Hunt to become Ladies Pairs Champions.

Lake Grace then travelled to Karlgarin, on October 14th, for the first round of Pennants. Karlgarin didn't have enough players for a full squad so we lent them a couple of players to help them out and unfortunately it didn't help as Lake Grace came away with a win. **LG-7 Kal-1**

On October 21, the club was back on the home green for round 2 of Pennants. Kukerin came to Lake Grace looking for a win. It was a long, warm day but that didn't deter them from firing some unbelievable shots down the green. There were a couple of occasions that an official had to check distances between bowls to determine points. Lake Grace were the victors of this round. **LG-7 Kuk-1**

The next week, October 28th, the club visited Kondinin for round 3. Kondinin can be a tough club to beat, and still is. **Kondinin beat Lake Grace 7-1** in the men's Pennants. The women's also lost this round to Kondinin. **LG-0 Kon-4**

Saturday 4th November, Kulin travelled to Lake Grace for round 4 of Pennants. Both clubs prepared and fired up for a day of competitive bowling. The scores were close throughout the day, but Lake Grace managed to get the win. **LG-7 Kul-1**

The ladies had an alignment round as well and lost this one as well unfortunately. **LG-0 Kul-4**

Next week is the Triples Competition with Lake Grace going to Newdegate for round 5 of Pennants the week after.

See below for an up to date ladder.

"My Old Man's A Bowler"

My old man's a leader He plays without a hitch He puts one on the kitty The other in the ditch.

Chorus after each verse

My old man's a bowler. You know what bowlers are If you don't find them on the green You'll find them at the bar.

My old man's a second He likes to have a whack He goes up for position But he always shifts the jack

My old man's a third He always like to swank He told the skipper what to do And now he's on the bank.

My old man's a skipper There's nothing he can't do But when he goes to pennants He always downs a few.

My old man's a bowler His guesswork was a pleasure But since they've had the umpires class They make him use a measure.

My old man's a bowler He's got a heart of gold And when he gives up bowling I'll know he's growing old.

| Position | Name | Р | W | L | D | Bye | For | Against | Score Diff | Score % | Points |
|----------|------------|---|---|---|---|-----|-----|---------|------------|---------|--------|
| 1 | Newdegate | 4 | 4 | 0 | 0 | 0 | 471 | 325 | 146 | 144.92 | 28.5 |
| 2 | Lake Grace | 4 | 3 | 1 | 0 | 0 | 396 | 328 | 68 | 120.73 | 22 |
| 3 | Kondinin | 4 | 3 | 1 | 0 | 0 | 379 | 379 | 0 | 100 | 18 |
| 4 | Kulin | 4 | 2 | 2 | 0 | 0 | 412 | 345 | 67 | 119.42 | 16.5 |
| 5 | Kukerin | 4 | 0 | 4 | 0 | 0 | 348 | 394 | -46 | 88.32 | 8 |
| 6 | Karlgarin | 4 | 0 | 4 | 0 | 0 | 284 | 519 | -235 | 54.72 | 3 |

Points - score difference - score percentage

Australian History

Stories From the Road Museum

93 years ago, Bill Cestrilli (pictured at right) established the CBH record for lumping and stacking the greatest number of wheat bags in one day.

At Miling, Bill stacked a whopping 1,725 bags of wheat in eight hours - equating to 143 tonnes of grain. Not bad for a 74kg man!

This was in the days before bulk-handling existed in WA, four years prior to the official establishment of CBH

The record was never broken

Credit: Bernie Jackson



Lake Grace Basketball

Round 5 Results:

Cougars def Tigers 25-23

Lions def Jaquars 27-24

Black Mambas def Cobras 41-37 Copper Heads def Taipans 48-33

Ladder as of end Round 5

Cougars 8

Lions 6

Tigers 5

Jaquars 1

Black Mambas 8 Taipans 6

Copper Heads 4

Cobras 2

Lake Grace 2024 calendars are now available.

\$20 each

Calendars are created and printed at the Lake Grace Community Resource Centre. All photographs are from the Lake Grace area. Great Christmas presents!!

Thank you to our volunteer photographers

Please give advance notice if wanting multiple copies as we
only keep a few on hand.



Lake Grace 2024 Calendar

News From Wageline

Long service leave – understanding continuous employment

Under the WA *Long Service Leave Act*, an employee's entitlement to long service leave depends on the length of their continuous employment with the same employer.

The term continuous employment has a specific meaning and there are some types of absences that do not count towards a period of continuous employment.

This means that an employee's length of continuous employment may not be the same as the total time they have worked for the employer.

The Understanding continuous employment for long service leave video discusses continuous employment under the WA Long Service Leave Act and the types of absences that do and do not count towards a period of continuous employment.

Which system of employment law applies to you?

Two systems of employment law operate for the private sector in Western Australia, the state industrial relations system and the national fair work system.

Working out which system covers an employer and its employees is the first step in understanding and complying with employment rights and obligations and this depends on the employer's business structure.

The <u>Guide to who is in the WA state system</u> page on the Wageline website explains:

- which types of businesses or organisations and their employees are in each system;
- how to work out whether a particular employer is covered by the state or national system; and
- based on which system you are in, where to get the right employment information.

Employers must provide employees with pay slips

It is compulsory for all state system employers to provide a pay slip to each employee within <u>one</u> working day of paying the employee for work performed. The employer can decide whether to give a hard copy or electronic form of the pay slip.

The one working day requirement does not mean that the employee must physically receive the pay slip within one working day. For example, an employer may post a pay slip to an employee within one day, even though the pay slip may not reach the employee until a later date.

A pay slip needs to include the following information:

- the employer's name and Australian Business Number (if any);
- the employee's name;
- the period to which the pay slip relates;
- the date on which the payment referred to in the

pay slip was made;

- the gross and net amounts of the payment, and any amount withheld as tax;
- any incentive based payment, or payment of a bonus, loading, penalty rates or another monetary allowance or separately identifiable entitlement:

if an amount is deducted from the gross amount of the payment:

- the name of the person in relation to whom or which the deduction was made;
- if the deduction was paid into a fund or account the name, or the name and number, of the fund or account; and
- the purpose of the deduction;

if the employee is paid at an hourly rate of pay:

- the rate of pay for the employee's ordinary hours;
- the number of hours worked during the period to which the pay slip relates; and
- the amount of the payment made at that rate;
- if the employee is paid a weekly or an annual rate of pay - the rate as at the latest date to which the payment relates;

if the employer is required to make superannuation contributions for the benefit of the employee:

- the amount of each contribution that the employer made during the period to which the pay slip relates and the name, or the name and number, of any fund to which the contribution was made; or
- the amounts of the contributions that the employer is liable to make in relation to the period to which the pay slip relates, and the name, or the name and number, of any fund to which the contributions will be made.

The payslip obligations in the state Industrial Relations Act (IR Act) apply to all employers, including employers who are covered by an industrial instrument (a WA award or agreement) that includes pay slip obligations. If there are inconsistencies between the pay slip obligations in an industrial instrument and the IR Act, the provisions of the IR Act apply to the extent of any inconsistency.

Classifieds

Rural West Financial Counselling

A free service available to regional small businesses, primary producers, not-for-profits and community clubs. For more information contact Donna Spurgeon by email Donna.Spurgeon@ruralwest.com.au or phone 0408 107 326. Alternatively you can contact the information line on 1800 612 004.

Cancer Support Coordinator

Cancer Support Coordinator for the Wheatbelt can provide you with emotional support and assistance navigating through the range of services available over the phone or through video consult: call Monica Graham Tues-Thurs on 0428 747 845.

CWA Bookings

CWA rooms are available for hire. There is a COVID Safety Plan in place that hirers will need to adhere to. Anyone using the rooms must fill in the log book. If you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

Community Bus Bookings

Are to be done through the Lake Grace CRC. Ring 9865 1470 or email central@lakegracecrc.net The community bus is owned and managed by the community, is available to any individual, group or organization to hire and costs \$1 per kilometre to use. All proceeds go toward the management and running of the bus and toward bus upgrades.

Southern Agcare

This is a free and confidential Family and Individual Counselling Service. Please contact Southern AgCare main office for an appointment.

Phone (08) 9827 1552 or admin@southernagcare.org.au referral forms can also be found on our webpage www.southernagcare.org.au

Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive.

This is an ongoing revenue raising project which will contribute to the running of the Shed.

Batteries can be left at the Men's Shed or you can contact Walter Perry on 0448 795 070 if you require them to be picked up.

Thank you for your ongoing support.

Dr Linda Haines

Ring 9865 1208 for dates and times to make an appointment.

School Bus Drivers Needed

Anyone who is interested Relief drivers needed for school bus runs License requirements, reimbursement of costs Call Natalie Gambuti 0429 793 973

First Aid Kits

Are now available for purchase at CCL Hardware Lake Grace.

Over 55s Christmas Lunch

Thursday 7th December
At the CWA Hall. \$20 per person
Seated from 12:15pm for 12:30pm lunch.
RSVP to Natalie Gambuti 0429 793 973

Are you over 50?

Let's Build Your Digital Skills

Every month the CRC will be running group information sessions about certain topics to help improve your digital skills.

One-on-one tuition available on Thursdays: 10am-11am and 2pm-3pm

Call the Lake Grace CRC on 9865 1470 to book your spot.

Lake Grace Shire Councilors Councillor **Telephone** Cr Len Armstrong - Shire President 0429 843 785 Cr Ross Chappell - Deputy Shire President 0428 654 058 Cr Deb Clarke 0428 654 041 Cr Ben Hyde 0428 752 042 0428 711 534 Cr Roz Lloyd Cr Anton Kuchling 0427 206 030 Cr Steve Hunt 0427 651 585

| Community Clubs and Associations | | | | | | | | | |
|--|----------------------------------|---|---|---|---|--|--|--|--|
| Club / Association | | Secretary / Contact | | Contact Number | Contact Email | | | | |
| Artist Group | | Tania Spencer | | 0429 041 063 | spencertania@hotmail.com | | | | |
| CWA | Suzanne Reeves | | 0427 651 310 | LakeGracecwa@gmail.com | | | | | |
| Development Assoc | Paula Carruthers | | 0499 616 070 | ghpmcarr@bigpond.com | | | | | |
| Early Learning Centre (Day | Vicki Reynolds | | 08 9865 2568 | LakeGraceelc@gmail.com | | | | | |
| Lions | | Steve Lankford | | 0429 917 805 | lglionsec@gmail.com | | | | |
| Men's Shed | | Wally Perry | | 0448 795 070 | allwood93@yahoo.com.au | | | | |
| Playgroup | | Sarah Clarke | | 0438 634 152 | LakeGrad | ceplaygroup@mail.com | | | |
| Sportsman's Club | | Mathew Hobbins | | 08 9865 1239 | lgsportsmansclub@bigpond.com | | | | |
| Toy Library | | Joely Slinn | | 0477 014 347 | lgtoylibra | ry@outlook.com | | | |
| Summer Sports | | | | | | | | | |
| Lake Grace Basketball | | Amber McPherson | | 0484 861 553 | lakegrace | ebasketball@outlook.com | | | |
| Lake Grace Bowling Club | | Lynda Trawinski | | 0429 651 403 | waynetra | winski@bigpond.com | | | |
| Lake Grace Swimming Club |) | Annie Argent | | 0427 569 834 | kfc85@b | igpond.com | | | |
| Lake Grace Tennis Club | | Natalie Livall | | 0428 258 188 | lakegracetennisclub@gmail.com | | | | |
| Lake Grace Cricket | | Brayden Reynolds | lds 0410 514 4 | | braydenreynolds82@yahoo.com.au | | | | |
| Lake Grace Gymnastics Clu | Jenni Roche | 0409 770 978 lakegrace | | lakegrace | egymclub@gmail.com | | | | |
| | | Crisis Care |) | Numbers | | | | | |
| Doctor's Surgery -9865 1208 Hospital | | - 9890 2222 | Α | Ambulance/Fire/Police - 000 Electricity Fault | | Electricity Faults - 13 13 51 | | | |
| Rural Link - 1800 552 002 Main Ro | | ads - 138 138 | D | Directory Assistance - 1223 | | Water Faults - 13 13 75 | | | |
| 55 Central Men's Refuge 9272 1333 | Family H 1800 643 | lelpline 3 000 / 9223 1100 | | www.ngala.com.au | | Lifeline Australia - 13 11 14 www.lifeline.org.au | | | |
| Wheatbelt Mental Health Service Northam - (08) 9621 0999 Narrogin - (08) 9881 0700 | Kids Hel 1800 551 www.kids | | Crisis Care WA - 9223 1111 / 1800 199 008 www.community.wa.gov.au | | | Citizens Advice Bureau 9221 5711 www.cab.wa.com.au | | | |
| www.beyondblue.org.au Services | | 9321 2133 | | Youth Legal Service 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au | | Poisons Information 13 11 26 | | | |
| Suicide Call Back Line - 1300 659 467 www.suicidecallbackservice.org.au | 59 467 - 1800 653 203 | | 9 | Family Court of WA 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au | | | | | |
| Alcohol and Drug Information Service 1800 198 024 https://www.mhc.wa.gov.au/ Mental Health Emergency Response Line - 1300 555 788 | | Holyoake Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172 | | 1 3807 1999 | Relationships Australia Fair Programme 9336 2144 https://relationshipswa.org.au 1300 364 277 | | | | |

| Justices o | f the Peace |
|----------------|--------------|
| Colin Connolly | 0427 858 066 |
| Ron Dewson | 0428 651 213 |
| Amanda Milton | 0429 654 011 |
| Geoff Sabourne | 0429 651 171 |

| Church Times | | | | | | | | | |
|---------------------------------------|---|--|--|--|--|--|--|--|--|
| Catholic Church | Anglican Church | | | | | | | | |
| Sunday 12th November 8am Communion | Sunday 12th November No service | | | | | | | | |
| Sunday 19th November 8am Communion | Sunday 19th November 10am Morning Prayer | | | | | | | | |
| For inquiries please phone 9865 1248. | Enquiries: St Johns Albany 9841 5015 Wally Perry 0448 795 070 | | | | | | | | |

COMMUNITY CALENDAR

November 2023

Sat 18 Fri 10 Op Shop Open (10am-1pm) Pennant Bowls - Newdegate v LG Cricket - Towns v Lake Grace Crochet @ CRC - 10am Sun 19 Rubbish tip Open (9am-4pm) Pool OPEN 12-6pm Pool OPEN 12-6pm Fish & Chips @ The Sportsman's Club Mon 20 Rubbish tip Open (9am-2pm) Sat 11 Rubbish tip Open (9am-4pm) Pool OPEN 12-6pm Bowls - Ladies Alignment LG v Newd Craft @ CWA (look for flag) Lakes Link News Deadline Pool OPEN 12-6pm Tues 21 **Rubbish Collection** Recycling Collection Cricket— Lake Grace v Wandering Men's Shed (morning) Steak Tea @ Sportsman's Club 6:30pm POOL CLOSED Sun 12 Rubbish tip Open (9am-4pm) Op Shop Open (1pm-4pm) Pool OPEN 12-6pm Bowls - Triples Chair Aerobics - 1pm @ Village Hall Wed 22 Rubbish tip Open (9am - 2pm) Mon 13 Rubbish tip Open (9am-2pm) Containers for Change pickup Pool OPEN 12-6pm Pool OPEN 12-6pm Tue 14 **Rubbish Collection** Shire Council Meeting Men's Shed (Morning) Women's Basketball @ 6pm & 7pm Pool CLOSED Op Shop Open (1pm-4pm) Men's Basketball @ 7pm & 8pm Thurs 23 Men's Shed (morning) Chair Aerobics - 1pm @ Village Hall Lakes Link News published Wed 15 Rubbish tip Open (9am - 2pm) Pool OPEN 12-6pm Containers for Change pickup Bowls Training from 5pm Pool OPEN 12-6pm Women's Basketball @ 6pm & 7pm Men's Basketball @ 7pm & 8pm **Coming Events** 7th December - Over 55s lunch Thurs 16 Men's Shed (Morning) 13th December - LGDHS Concert Pool OPEN 12-6pm 14th December - Harvest Festival Bowls Training from 5pm Fri 17 Crochet @ CRC - 10am Save The Dates... Op Shop Open (10am-1pm) 9th March 2024 - Ladies Long Table Luncheon Pool OPEN 12-6pm

| | 8 | | 9 | 7 | | 1 | | 4 |
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| | 7 | | 5 | | 8 | | 3 | |
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| | | 3 | 8 | | 6 | 5 | | |
| | | | | 4 | 5 | 8 | | 7 |
| | 3 | | 2 | | 1 | | 6 | |
| 4 | | | | | | | 1 | 2 |
| 5 | | 1 | | 3 | 4 | | 7 | |
| | · | | | | | | | |

Sat 18

Fish & Chips @ The Sportsman's Club

Rubbish tip Open (9am-4pm) Craft @ CWA (look for flag)

Pool OPEN 12-6pm Silversmithing workshop

Sudoku

5th October 2024 - Oktoberfest

- ☐ The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- ☐ The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- ☐ You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

| | 7 | | | | | | 8 | |
|---|---|---|---|---|---|---|---|---|
| | 2 | | 1 | | 6 | | 7 | |
| 1 | | 6 | | | | 3 | | 9 |
| 7 | | | | 9 | | | | 3 |
| | 9 | | 8 | | 3 | | 5 | |
| 8 | | | | 5 | | | | 4 |
| 5 | | 8 | | | | 6 | | 2 |
| | 4 | | 6 | | 2 | | 1 | |
| | 3 | | | | | | 4 | |

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