

LAKE GRACE LINK NEWS

Produced at the
LAKE GRACE COMMUNITY RESOURCE CENTRE
School Place
PO Box 177 Lake Grace WA 6353
Ph (08) 9865 1470 Fax (08) 9865 1471
Email: central@lakegracecrc.net
ABN: 19 498 730 152
Website: www.lakegracecrc.net

26th October 2023

\$2.00 inc GST

Vol 29 Issue 21

New Season for Junior Basketball

Elizabeth Castaldini



Foreground: Jordan Roukens dribbling down the court with Levi Castaldini, Wade Lewis, Eli Stubberfield and Milla Prater keen to get their hands on the ball.

Background: Lindsay Willock coaching the older teams (years 3 and up) on the rules of the game.

This term has seen the start of summer season sports, with tennis, cricket, bowls, soon swimming, and the senior basketball competition. Basketball is one of those great sports that you can go down to the court with a ball and a couple of mates at any time to shoot hoops, no need to find a team or be organized to have a great time. But to learn the rules of the game, the skills to shoot that lay up and work the court as a team are invaluable.

The young people of Lake Grace have had the privilege of having Kids Basketball Training and Games in the Lake Grace town this season thanks to the wonderful efforts of husband-and-wife team, Lindsay and Tahlia

Willock. A total of four, 1 ½ hour sessions are being held this term to teach some basic ball skills and the opportunity to learn the rules of the game. There are 35 kids that have registered, with boys and girls ranging in ages from 5 to 12.

Each age group is separated into their school years and the groups move around stations focusing on different skills like shooting, passing, ball control while dribbling and layups for example. After this for an hour, they get to have a game, with enough kids involved to play 2 full courts. It could be absolute chaos with so many kids and balls around the court,

Continued on page 29

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LAKES LINK NEWS 2023 Advertising Rates

	Standard	Members	NFP	NFP Members
Classified	\$1 per line	FREE	FREE	FREE
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1/8 page	\$14	FREE	FREE	FREE
1/4 Page	\$20	\$16.50	\$16.50	\$13.50
1/2 Page	\$35	\$27.50	\$27.50	\$22
Full Page	\$60	\$50	\$50	\$37.50
Insert (d/s)	\$50	\$35	\$35	\$30
Thank You's	FREE	FREE	FREE	FREE
Editorial	FREE	FREE	FREE	FREE
Colour	\$200	\$165	\$165	\$150

Conditions do apply.

CRC Opening Hours

9am - 5pm


Closed from midday to 1pm for lunch when short staffed.

Deadlines and Editions

All articles, news and advertisements are to be submitted to the Lake Grace Community Resource Centre by 3pm on Monday of paper week.

Next Deadline
Monday 6th November

Next Edition
Thursday 9th November



To the **very** dedicated team who volunteered their time to this edition of the Lakes Link News.

Thank you also to our many contributors of articles.

Annie Slarke Dick Phillips

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- 1) No liability shall be incurred by the Lakes Link News by reason of any amendments to, or error or inaccuracy in, or the partial or total omission of an advertisement or by reason of delay or default or from any other cause whatsoever. If in the opinion of Lakes Link News the error clearly reduces the value of the advertisement and the advertiser notifies it to Lakes Link News within seven days of the publication date, then one correct insertion will be made without charge.
- 2) While the Lakes Link News aims to publish all material submitted, Lakes Link News reserves the right to refuse to publish or re-publish any contribution or advertisement without giving any reason.
- 3) No articles, letters or advertisements will be accepted which may appear to be defamatory or accusatory, or to favour one side in a legal dispute.
- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.
- 5) The opinions, views and beliefs expressed in articles and other submissions to the Lakes Link News do not necessarily reflect the opinions, views or beliefs of the CRC staff or Committee.

260 copies circulated each fortnight

Editorial

- Well it's been a busy couple of weeks with three AGMs last week that we had to contend with at the CRC. All bar the LCDC one went ahead (lack of quorum); we shall reschedule the LCDC meeting for February 2024. That month is already looking busy.
- The CRC AGM went ahead and we must say thank you to those who have stepped down for their years of service. A huge thank you to Paula Carruthers who after 12 years service to the CRC has stepped aside, of those 12 years Paula was our Chairperson for 7 years (longest serving in this position). Others who stepped down are Yvette Downey, 4 years on the committee, 2 of those as Chairperson; John O'Neill 3 years on the committee and Brett Hudson 1 year on the committee. We extend our thanks to these four volunteers as without a committee the CRC wouldn't be able to run. Going forward the committee hasn't changed a great deal: Maggie Prater (Chair), Georgia Gray (Vice Chair), David Fyfe (Secretary), Janine Watson (Treasurer); Ollie Farrelly, Vicky Klein, Kiah King and Vicki Smith remain on as committee members. An abridged version of our annual report can be found on page 8.
- We're still working toward getting our workshops planned for next year, hopefully by the next issue I will have some dates.
- I know I have said this before but workshops take a lot of planning; if you register an expression of interest then please let us know if you no longer wish to do it. If you submit an enrolment it is important that you commit. If the workshop has to be cancelled due to lack of numbers then it could be many months before another one can be organised due to the high demand for training and the lack of trainers available.
- Our information session with Mable went ahead on Monday, very informative. There is a write up on page 5, if you would like to know more then please drop into the CRC for a chat.
- Please take note in our change of emails and make the effort to save the main email in your digital address book. Remember if you send to an individual and that person is away your email won't be read so best to send to the main one. Be aware that if you simply click on reply that your email will go to the person rather than the main email account. The email addresses are as follows:
 - Main Email - central@lakegracecrc.net
 - Suzanne - manager@lakegracecrc.net
 - Elizabeth - staff02@lakegracecrc.net
 - Kayleigh - staff01@lakegracecrc.net
- We have had some response from stall holders for the Harvest Festival that will be held on Thursday 14th December, we are always looking for more. Is there a group out there that would like to sell the showbags? If not then the CRC will do again.
- We are always looking for more articles and local news to put in each fortnight. Did you know that putting in an article is a great way to get your information out to the community and into the archives for future generations? Give us a call or send us an email if you see or know of anything that your local community should know about.
- Don't forget that Kayleigh is here to help you out with IT training; this could be with your phone, iPad or desktop. Can be run on a Monday or Thursday, give a ring on either of those days and set up a time.
- We've got another carton of showerheads so if you're needing to do replace yours now is the time to do it. Just bring in your water account and we can do that for you. If you're not on the scheme then drop in anyway and we'll sort something out.
- Our local calendars are close to completion so if you're wanting a stocking filler or a gift that is easy to post keep us in mind.
- In case you miss the full page advert on page 6 the Department of Human Services mobile office will be in Lake Grace on Wednesday 8th November. This is an ideal opportunity to sort out any DHS, Medicare or NDIS issues or simply gather information.
- There is a 3 hour silversmithing workshop coming up on 18th November. Cost is dependent on the item that you make. Gives us a call if you are interested or check out the advert on page 16.

Suzanne Reeves

Harvest Festival 2023

....aka Late Night Shopping....

Thursday 14th December
4:30pm - 7:30pm

We are looking for stalls,
displays and activities....

if you have something in mind please give the CRC a call/email and register your interest. If any businesses are planning on staying open later then please let us know.

Contact the Lake Grace Community Resource Centre
on 9865 1470 or central@lakegracecrc.net



About Town

- Congratulations to Madeline Walker (formerly from Lake Grace) and Brendan Adams (formerly from Wagin) who were married in Albany on the 14th October 2023, with their son Kayson in attendance. All the best for the future!



- Congratulations to Max, Garry and Archer Leo who were blessed with beautiful twins on the 28th of August. Welcome to the world Sonny and Mia. Lettie and Fred are a very proud Nanna and Pop. Sonny (left) and Mia (right).



- Sad to belatedly announce the passing of Jim Fraser who was a member of staff at the Shire of Lake Grace for three years. Jim arrived in 2006 serving as the Manager of Corporate Services before taking on the role of Acting CEO and then becoming CEO. A nicer bloke you couldn't find.
- Belated condolences also to the Stewart family for the passing of Meighan's brother Jim. Jim and his wife Lyn relocated from the area to New Zealand around 15 years ago. Our thoughts are with you.

Happy Birthday



- | | |
|--------------|--|
| 26th October | Sam Willock
Connor Bray
Kayla Newton |
| 28th October | Paula Carruthers |
| 2nd November | Kael Gray
Reece Duckworth |
| 5th November | Jo Morgan
Nicola Kuchling |
| 7th November | Keturah Altham |
| 8th November | Debby Clarke |
| 9th November | Tess Stanton
Summer Earnshaw |

Anniversaries



- | | |
|--------------|-------------------------------|
| 2nd November | Tahryn & Damien Trevenen (10) |
| 8th November | Nicola & Anton Kuchling |

Letter to the Editor

I write to say how grateful I have been for the opportunity to teach the children of Lake Grace for what would have been 50 years this year. This was not continuous, interrupted while we raised our children. The last two years were interrupted by COVID mandates and other circumstances. It has been an honour to teach three generations at LGDHS. I only wish that I remember you all better, as it's always a pleasure to catch up with past students. God bless you and this wonderful community where we live.

Cathie Kelly

Staying in Place

Suzanne Reeves

An information session was held at the CRC this week with Mable, a platform for service providers for Aged Care and NDIS. It was an opportunity to learn more about the program, how flexible it is and how enriching it is to the community.

You can become an independent support worker on Mable and build a reliable career making a difference in someone's life.

The support worker has the freedom of choice; choosing the type of work you wish to do and setting your own hours. You may only wish to do gardening or would be available to drive someone to an out of town appointment but can only do this on a Thursday or Saturday. You set the parameters.

There is mutually agreed on rates with your clients and you can grow your skill set with over 170 free professional courses on demand.

Peace of mind is a plus with Mable providing a range of safe-guards and high-level insurance with every job.

Providers of domestic and social support don't need qualifications to start employment, they will however need a police check. Firstly you need to start an account with Mable, from there you can apply for your police clearance (this must be done through the Mable platform). All costs for the police check are met by

Mable if you enter a code that can be provided by the CRC. Providers also need their own ABN as well as two character references. If you're providing personal care then you would need a professional reference.

You may be happy to do some shifts but don't want to be paid, you can nominate a charitable bank account if you wish. You will still need to be on the Mable platform though to ensure that all the checks and balances are in place.

Social support in the past has been undervalued by many but lets face it; as important as it is to have a clean bathroom and fresh sheets on the bed sometimes people would much rather have a bit of fun. Social support can be going for a coffee, taking a drive, getting taken to the footy. The list is endless and the impact is enormous.

The germination of this project came from a lady in rural Queensland who was looking for services for her mother. With nothing being offered through the traditional avenues she hit on an opportunity that was beneficial threefold; clients, providers and community. When she and the project were featured on ABC's Landline it was picked up by Helen Morton in Western Australia who developed it in Pingelly before it spread to Walpole and is now at various stages of development in many other communities.

JOB OPPORTUNITY

Plant Operator / General Hand

Full Time— 9 day fortnight



Competitive salary; Staff housing with subsidised rent available

We are seeking a reliable Plant Operator / General Hand to join our Infrastructure Team to carry out tasks associated with the maintenance and construction of road systems throughout the Shire of Lake Grace. Applicants must hold an HC licence and a White Card.

The application package including a position description can be found on the Shire website www.lakegrace.wa.gov.au/employment or call 9890 2500.

Applications should be addressed to the Chief Executive Officer, Shire of Lake Grace, PO Box 50, Lake Grace WA 6353 or email to shire@lakegrace.wa.gov.au

Applications close 4.00pm on Friday 3 November 2023

The Shire of Lake Grace is an equal opportunity employer



NDIA is visiting regional WA

Do you live in rural or regional Western Australia and have questions about the NDIS?

The National Disability Insurance Agency (NDIA) and partners (APM and Wanslea Family Services) will be visiting rural and regional WA, on board the Services Australia Mobile Service Centre.

You can visit the Mobile Service Centre and connect with our NDIS representative virtually or face-to-face about a range of topics including:

- Understanding the NDIS, including early childhood and local area coordination services
- Applying to access the NDIS for funded supports
- Understanding the options of managing your funding
- Requesting services with an approved plan.

Dates listed below for a location near you.

[When and where to find Mobile Service Centres - Mobile Service Centres - Services Australia](#)

Wednesday 8th November: 9am – 4pm

- Lake Grace

Thursday 9th November: 9am – 4pm

- Kulin

Friday/Wednesday 10th November: 9am – 3pm

- Kondinin

- The Location of the Mobile Service Centre will be advised closer to the event.

[ndis.gov.au](https://www.ndis.gov.au)

Blue Tree for Mental Health

Suzanne Reeves

If you haven't met Gaye van Berkel she's on a mission to highlight the importance of mental health and has organized the painting of a tree in conjunction with the Lions Club of Lake Grace.

This is a very personal subject for Gaye who lost her son to suicide in 2017, it's a grief that will walk with her on her life's journey. Painting the tree is something that helps Gaye remember her son, but she also hopes aids those who are struggling to know that they're not alone and that there is help available for them.

The Blue Tree project was started by Kendall Whyte, a legacy for her brother Jayden who took his own life in 2018. The concept came from a trick Jayden and a friend played on Jayden's father on the family's Mukinbudin farm, painting a dead tree overnight just for the fun of it. There are now 1063 blue trees dotted across Australia and other parts of the world, acting as beacons of hope and conversation starters.

You're only allowed to paint a dead tree and the Lions have one in their rest stop that they're happy to help with giving a facelift. The busy bee will be happening on Sunday 5th November from 10:30am; so come along and help Gaye, her brother Keith Higgs and the Lions with this project. There will be a sausage sizzle for

lunch to follow for the volunteers.

Although paint is supplied, some of it by Bunnings, it would be handy if everyone could bring a brush. See you there!

Lake Grace CRC is a Department of Human Services Access Point



DHS Customers are able to:

- Access a self service terminal
- Print off documents
- Use the telephone / fax
- Access Internet

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Lake Grace CRC Annual Report

Suzanne Reeves

This is an abridged version of the annual report presented at the 2023 AGM.

Finally, we seemed to have a normal year, more activity and possibly better reporting saw our contacts increase to over 10,000 throughout the year (phone, email and walk in). With the community more confident and ready to get on with it we had no trouble meeting our funding targets.

Our staffing levels have stabilised and we currently run at just under 2 FTE with 3 staff members: 1 full time and 2 part time. With the CRC having such a broad range of business activities and being involved in so many partnerships it is important that each staff member is knowledgeable of our day-to-day practices and that we have up to date organisational instructions.

At the 2022 AGM we had a youthful influx to our committee, something that any organisation would be extremely happy to have.

We have seen an increase in organizational and business memberships and the Lakes Link News may have steadied following a decline in sales and subscriptions over the last few years.

Our partnerships with other organisations continue to thrive:

- Bushcare project in conjunction with the LCDC has had its deadline extended; the Tree Walk has been endorsed by the Shire of Lake Grace. We just need signage and brochures to be completed as well as a community education workshop. There has been a resurgence in the LCDC with new members and a number of new local partnerships with NRM and local farmers.
- Roadwise have had the Driver Reviver out for the main public holidays; Christmas and Easter. A 'Moving oversize farm equipment' information was held with a good attendance of 35 from the local farming community and support industries.
- Men's Shed have progressed with their shed extension project and have acquired a further three grants totalling \$33k for the project. Another grant of \$8k was also applied for from FRRR for new equipment.
- \$1,100 was received from RSL (per Lotterywest) for the holding of our annual ANZAC Day service.
- The outdoor exercise equipment project with the Shire of Lake Grace has been completed.
- The reformatting of the local history book 'Across the Lake' is now with the designer.
- We continue to help the Shire and Lake Grace District High School with staffing the library 15hrs per week (more over the school holidays) to keep the doors open for maximum exposure to the community.

During the year 69 workshops and information sessions were held with 599 participants, of the workshops 6 were accredited with 51 participants gaining a qualification in a range of fields including Working At Heights, Working in Confined Spaces, Forklift, HR Truck and piloting. These accredited workshops ensure that local businesses are able to comply with regulatory requirements and that their staff are suitably trained.

It wasn't just all about work though with a 'What to do after an accident' workshop and SOYF information session provided by Injury Matters. Muster Dogs came to Lake Grace, a collaborative event initiated by a local fan with the CRC, P&C and Football Club coming together to manage a free public demonstration. This was followed by a four day workshop which a dozen farmers attended. IT, crochet and seniors art were some of our more social workshops focussing on community development.

We have replaced our Lakes Link News photocopier and also updated the third staff computer. Our internet service provider has changed to Starlink as we found our internet was not meeting our requirements. Office 365 and having files in the cloud is working well for us, we will be updating our digital archive in the future to make things more streamlined and easier to find. We were also successful in accessing a grant to purchase a smart screen for the seminar room, a great leap forward in technology as the previous screen was over 10 years old and not compliant with modern technology.

Money is an underlying factor for all organizations and the CRC is no different; Lake Grace CRC posted a loss of \$30,000 for 2022/23. This can be attributed to the purchase of the new Lakes Link printer, a one-off increase in IT support and services and an increase in wages due to the training of new staff. All of these factors are why the CRC ensures it has adequate funds in the bank to cover these eventualities.

Although having given us a few challenges it has been a successful year and we continue to look forward to building on our previous successes.



WALKERS HILL
Vineyard

OPEN
most days

Wednesday – Sunday	10am – 4pm
Monday and Tuesdays	CLOSED

Come and enjoy a tea/coffee with homemade cake
Bookings not essential, but appreciated.
Lunch and evening meals available by booking.
Phone: 0447 651 418
Facilities not air conditioned

Lake Grace Reconnect

Natalie Livall

Lake Grace Reconnect is a locally formed group with the purpose of socially reconnecting rural communities, creating resilience and building support networks.

We aim to strengthen connections between all community members, through creating events that will highlight a specific focus whilst bringing us together in a social setting. Our group was formed one day when a conversation amongst friends became a discussion of the importance of quality connections when living in rural and regional areas. Living significant distances away from regular activities and events, specific health services and for some far from family and friends, can have an impact on our mental, social and physical health. We're all in this together, therefore the need to create strong support networks amongst ourselves is so important.

We have been working on our first event: a Ladies Long Table Luncheon happening early next year, and all women of Lake Grace and Surrounds are invited! This luncheon will focus on raising awareness of mental health in rural communities, providing our guests the opportunity to create support networks through socialisation, encourage healthy discussions around mental health, and through our guest speakers deliver insightful information, perspective and acknowledgement of rural health in our community. Come along to enjoy a beautiful catered luncheon, quality guest speakers and live entertainment! For more information on our luncheon, you can follow us on social media or contact us:

- Instagram: lakegracereconnect
- Facebook: Lake Grace Reconnect
- Email: lakegrace.reconnect@gmail.com

More details to come about who our guest speakers and entertainment will be, and on ticket sales coming up very soon. If you would like information regarding becoming a sponsor of this community event, or would be happy to share personal stories around mental health, resilience or any kind of challenges of rural living (you can remain anonymous if preferred) we would love to hear from you!



Above: The Reconnect team (clockwise) : Natalie Livall, Laura Ballard, Georgia Gray, Vicky Klein and Maggie Prater



Katanning Vet Clinic



Phone: 08 9821 1471
 Fax: 08 9821 1473
 A/H Emergencies: 0427 017 462
 3/114 Clive Street
 PO Box 841
 Katanning WA 6317
www.kojonupvethospital.com.au
kvc@kojonupvethospital.com.au


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Lake Grace Weather

Date	Min	Max	Rain
11/10	5.6	21.0	0
12/10	5.5	24.4	0
13/10	7.5	27.9	0
14/10	9.0	28.9	0
15/10	8.6	28.6	0
16/10	11.3	33.4	0
17/10	12.7	37.4	0
18/10	13.8	25.4	0
19/10	9.7	23.7	0
20/10	8.3	26.3	0
21/10	12.8	30.8	0
22/10	15.9	31.4	0
23/10	8.8	20.1	0.2
24/10	5.6	22.6	0

Defibrillator Locations in Lake Grace

- **Liberty Roadhouse** - cnr Stubbs St/South Rd publicly accessible AED
Open 7 days 6:00am - 8:00pm
- **IGA - Lake Grace Plaza** - Stubbs St publicly accessible AED
Open 7 days 6am-7:45am 8:30am-5:30pm
- **St John Ambulance sub centre** - Stubbs St (accessible 24 hours a day)
- **Sporting Pavilion** publicly accessible AED when pavilion is in use
- **Lake Grace Police Station** - Stubbs St (accessible 24 hours a day)
- **Lake Grace Men's Shed** - Bennett St. (accessible 24 hours a day)
- **Lake Grace Swimming Pool** - Bishop St publicly accessible AED during opening hours
- **Lake Grace Sportsman's Club** - Stubbs St (accessible 24 hours a day)
- **Lake Grace Caravan Park** - Mather St accessible 24 hours a day)
- **Lake Grace CRC** - School Place (accessible 24 hours a day)
- **AFGRI** - Absolon Street (accessible 24 hours a day)
- **Saltbush Inn - Griffiths St** (accessible 24 hours a day)

Dial 000 for emergencies.

If you are responsible for a defibrillator or have one in your building be mindful that the pads need to be in date and battery may be running low (may beep). If you have any questions contact Debbie Carruthers at the Lake Grace Sub Centre on a Tuesday or Friday on 0428 110 446.

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Lake Grace Doctors Surgery Doctors Dates



30/10 – Dr. Timmy 9-5

31/10 – Dr. Timmy 9-5

1/11 – Dr. Timmy & Dr. Ines 9-5

2/11 – Dr. Timmy 9-5 IN NEWDEGATE

3/11 – Dr. Timmy 9-5

Closed during lunch hours 1:00pm -2:00pm daily

6/11 – Dr. Timmy 9-5

7/11 – Dr. Timmy 9-5

8/11 – Dr. Timmy & Dr. Ines 9-5

9/11 – Dr. Timmy 9-5 IN NEWDEGATE

10/11 – Dr. Timmy 9-5

PLEASE BE AWARE – The doctor is qualified to present at the hospital. This may result in delayed appointment times or rescheduling of appointments.

Many thanks, Livingstone Medical

Kerrie's Flourishing Flowers

Suzanne Reeves

Local artist Kerrie Argent is one of 33 exhibiting in Rockingham City's iconic Castaways, a showcase of large outdoor sculptures set against the backdrop of the Rockingham Foreshore.

Sculptures must use recycled and repurposed materials, and must include a 30% visible aluminium component to be eligible for the Major Award. The exhibition opened on Saturday 21 October and runs until Sunday 29 October 2023.

Kerrie's piece, 'Flourish, flower, survive' is made up of five floral displays created from 100 year old recycled rabbit wire, recycled cat food tins and repurposed fabric. The focus of this work is showing how our native bush continues to flourish and flower in difficult circumstances.

Castaways started in 2008 as a community arts project to raise awareness around the discarded items or 'castaways' washing up on local beaches and has continued to expand and evolve. Today, Castaways provides an important opportunity for emerging and professional Western Australian artists, schools and local businesses to be a part of a regionally-recognised arts program that continues to promote sustainable values.

Castaways Sculpture Awards consists of three exhibitions, with a prize pool of \$27,000 (non-acquisitive):

- the Main Exhibition displayed at the Rockingham Foreshore.
- the Maquette and Small Sculpture Exhibition at the Rockingham Arts Centre. The Maquette and Small Sculpture Exhibition celebrates the intricacy of small-scale three-dimensional artworks.
- the Schools Exhibition displayed in Churchill Park. Primary and secondary schools are invited to design and create a sculpture from recycled or repurposed materials for public exhibition alongside emerging and professional artists. A number of benefits have been reported by teachers, including student collaboration, belonging to a community event, and the pursuit of knowledge and new skills.



Above: Kerrie with her installed artwork on the Rockingham foreshore.

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Livingstone Medical in Lake Grace

Livingstone Medical

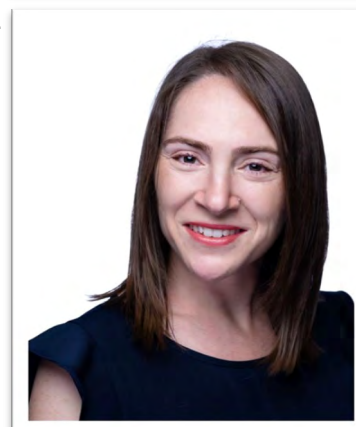
After a busy six weeks at Lake Grace and Newdegate we would love to provide an update.

Dr. Livingston has finished up providing interim cover in Lake Grace and Newdegate. Thank you to the community and the Shire for their warm welcome and support.

From 16/10/2023 it was a warm welcome for Dr Timur Navruzov and Dr Ines Baptista, both FRACGP who have taken over the excellent care of the patients from both these towns.

Dr Navruzov will be doing the day-to-day clinics in Lake Grace and Newdegate and covering Emergency Presentations in Lake Grace hospital and performing skin checks and procedures locally. Dr. Tim has lived in many places and looking for a change of pace. He is trained in the UK and Australia and now calls Australia home. He has a special interest in orthopaedics and skin cancer diagnosis and excision having completed multiple post-graduate courses. Outside of work, he enjoys cycling and learning new languages.

Dr Baptista will be doing a women's health clinic every Wednesday and specialises in women's health procedures, children's health and mental health. Dr. Ines is what you would call a citizen of the world. Born in Portugal, trained in England and now a proud Australian Citizen. She has special interest in Women's health, having worked for many years in female-only clinics. She also loves looking after little ones and has two of her own to keep her on her toes. Outside of work, she is a bit of a foodie and believes sharing food is how love and community are built.



CCL Hardware

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Lake Grace WA 6353
PHONE: 9865 1104



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Broccoli and bacon salad
with creamy dressing

10m prep - 05m cook - 8 servings

Loaded with bacon and broccoli, and covered in a creamy mustard dressing, this simple salad really is the best ever. Plus, it's ready in just 15 minutes.

9 Ingredients

- 150g Coles Australian Made Thin Sliced Streaky Bacon
- 800g broccoli, cut into small florets
- 125g (1/2 cup) whole-egg mayonnaise
- 1 tbsp fresh lemon juice
- 2 tsp wholegrain mustard
- 1 tsp Dijon mustard
- 200g red grapes, halved
- 2 green shallots, thinly sliced
- 2 tbsp slivered almonds, toasted

4 Method Steps

Step 1

Place the bacon in a large frying pan. Heat over medium /high heat. Cook, turning once, for 4-5 minutes



or until golden and crisp. Remove from pan. Coarsely chop.

Step 2

Meanwhile, bring a saucepan of water to the boil over high heat. Add the broccoli. Cook for 3 minutes or until bright green and tender-crisp. Drain. Refresh under cold water. Drain.

Step 3

Combine the mayonnaise, lemon juice and mustards in a small bowl.

Step 4

Arrange the broccoli on a serving platter. Season. Scatter with bacon, grapes, shallot and almonds. Drizzle with dressing. Gently toss to coat, if you like.



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Tahryn Selected for Australian Masters

Suzanne Reeves

Congratulations to Tahryn Trevenen for being selected to play in the Australian Masters Over 40 World Cup Hockey Team; this is quite an achievement as only 17 players are chosen (only two are from WA). With Australia having more than 125,000 registered players you gain an understanding of how popular the sport is.

Hockey has been a sport of choice in Lake Grace for over 90 years and with five out of six hockey team's representative of Lake Grace winning their premierships this year it is obvious there's not just enthusiasm for the sport but also a great depth of talent.

Tahryn was eight years old when she first started playing, her first C Grade coach was Annie Mason. Growing up she loved watching the A Graders such as Lyn Carruthers and her aunt Debbie Gray play; Lake Grace won four successive premierships in the Central Great Southern Hockey Association between 1988 and 1991 so there was plenty to absorb. Ironical that Tahryn and Lyn played alongside each other in this year's Lake Grace-Pingrup premiership side.

So where did this love of hockey come from? Well it really was a family affair, her mum Vicki O'Neill-Gray played so it was always a part of her life and developed from there. Tahryn loves the close friendships that develop from team sport and says that she's been lucky enough to play in some incredible teams that have made her love hockey even more. Tahryn's aunt, Kerry O'Neill was a member of the first ever premiership team in 1968 so hockey runs deep within the family genes.

A massive inspiration for Tahryn is her sister Courtney, who has represented both WA and Australia. Even though Courtney is five years younger, Tahryn attributes Courtney's coaching and advice being instrumental to the way she herself plays and finds herself in awe of Courtney's skills on the field.

Tahryn has achieved a number of fairest and best as well as goal scoring awards over the years but declares that premierships are her favourite moments in hockey and there has been many of those. There have been three premierships while playing for UWA (2000, 2003, 2006); two with Lake Grace Hockey Club (2009, 2010); two with Mighty Ducks (2013, 2014); one with Lake Grace/Kukerin Hockey Club in 2018 and two with Lake Grace-Pingrup Hockey Club (2022, 2023).

Although all of the premierships are special Tahryn says that there are five that stand out; her Mighty Ducks games as she was playing alongside her sisters Shannan and Courtney; the 2018 effort with Lake Grace-Kukerin as Damo's team won the inaugural men's premiership and her last two as she wasn't just playing but coaching as well.

Taking part in the 2019 national championships on the Gold Coast Tahryn was elated to be selected for the 2020 World Cup in Nottingham. Her excitement turned to devastation when the event was cancelled due to COVID.

The WA 2023 over 40s team that Tahryn played in was one of her favourite teams she's ever played in, amazing

team mates with everyone playing such great hockey. From this team she was selected for the 2024 World Cup again...and is hoping that nothing will stand in the way of this attempt to put on the green and gold!

Coaches are instrumental in developing and encouraging the athletes under their care and can make or break the desire to play. Tahryn's favourite was her Countryweek coach when she was attending Narrogin SHS, Mr O'Reilly. "He was the first coach that taught me to really work hard for a spot in a team and that not everything is just given to you. I worked my butt off to get into that team and I remember the feeling seeing my name to say I was selected. It was very rewarding and I remember him saying to me after 'you deserved that kid'".

In 30 plus years of hockey Tahryn has only had three seasons away from the game, one because she was overseas and two because she was pregnant. In 2013 and 2014 Tahryn and her sisters decided they wanted to play together again. They ended up travelling to Narrogin to play for two seasons (Mighty Ducks); Tahryn travelled from Lake Grace, Courtney travelled from Kojonup and Shannan travelled from Perth. This was a very special and successful two season of hockey for them. In 2021 all three of the sisters were selected for the WA State over 35s team but once again COVID stepped in and put a stop to the tournament.

Is the family love affair with hockey still going? Absolutely! Tahryn's three boys love their hockey (and their football) with Mum being a very nervous and excited onlooker; this year the older two, Taj and Beau were part of the junior premiership team. Although Damo jumped ship and is back playing A Grade football, he loved playing for the Souths in their 2018 and 2019 seasons. Never having played growing up it turned out he was a natural when he picked up a stick. He definitely misses playing and has made the occasional foray back on the field to play when needed.

So in another 12 months Tahryn will be tossing the work boots and hi-vis clobber to one side and heading to South Africa to play her heart out. No doubt there will be plenty of cheering and armchair umpiring all the way from Lake Grace.



Above: Tahryn has her eye firmly on the ball. Photo Lois Dickins.

Men's Shed Annual Report

Pat O'Neill and Suzanne Reeves

The Lake Grace Community Men's Shed held their AGM on the 17th October, unfortunately their Chairman Walter Perry was unwell and unable to attend. Committee member Pat O'Neill rose to the occasion, chairing the meeting and submitting a report. It is as follows:

I would like to thank you all for coming. Thank you to Wally for his continuous dedication and hard work. Good to see the new shed has been a great success with the building up. There will be ongoing work for some time yet to get everything inside the shed as we want it. Wally's heart is really in the Men's Shed. He gives so much of his time to improve and keep everything going. Every time we come here, there's always a heap of sandwiches on the table. Once again thanks to Wally.

A huge thanks to Suzanne for the awesome job she does as Secretary-Treasurer. This job requires a lot of time and effort, and she does it to perfection. She has her finger on the pulse with various grants and seems to know where to apply and how to go about it.

I would also like to thank Anke for the job she does auditing our books. She does it happily each year and we really appreciate what she does.

Our membership numbers are quite good, but we are still struggling to get people to come in each week. This is of concern to the committee, but we understand that people are away a lot. We need to really appreciate the hard work done by Phil Clarke and Wally Perry, they've both done so much and it would be a shame to see all their hard work not utilized. It is getting hard with communities slowly getting smaller and people seem to be busy. Maybe we could try to bring a friend in occasionally and see if we could generate some more interest that way. A huge thank you to those who do come in each week and do their best to keep the place running.

Following the presentation of the audit there was brief report from the Treasurer:

This has been a year of change with the erection of the shed extension which brought us some challenges but we have got the hard yards done.

A huge thank you to:

- *local businesses, individuals and organizations who have donated their expertise, plant and time; these include Ironstone Fabrications, Ian Bailye, Shire of Lake Grace, Lake Grace Plaza, Lake Grace Transport, GS Mobile Mechanical, Trevenen Building and the Lake Grace CRC. The in-kind assistance that has been contributed would have a value of approximately \$25,000*
- *Funding bodies who have contributed \$104,000 in funds to make this project happen; these include FRRR, Lake Grace Community Cropping, CBH Grass Roots, Shire of Lake Grace and Lotterywest*
- *The members who have given of their time; this was estimated at around 150 hours which has a value of over \$5,000 plus the approximate \$10,000 of their funds which have been put toward the shed extension.*

Positions on the committee have remained the same: Walter Perry (Chairman), Ollie Farrelly (Vice Chairman), Lake Grace CRC (Sec/Treasurer) and committee members Ross Murray, Pat O'Neill, Chris Harvey and Stephanie Clarke-Lloyd.

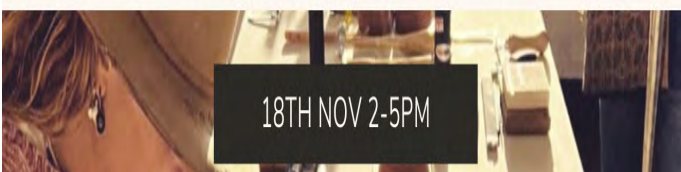
The main items of discussion for the meeting were the changing of bank accounts and the cost of insurance for memberships. The Men's Shed will be looking over the next 12 months at having a tiered membership so that we can retain our current membership but not have the insurance costs that come with that.

Community economic Development Officer Aimee Egan-Reid attended during the meeting to talk about the programme that will be run at the Shed after school on a Wednesday.

If you would like to know more about the Shed just drop in on any Tuesday or Thursday morning.

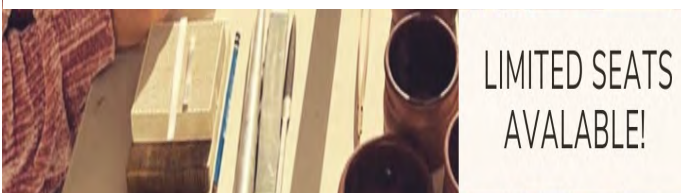
JEWELRY WORKSHOP

Make your own Ring or Bangle



3.5 hour workshop I will guide you through the process of measuring, heating up the metal, hammering, sawing, soldering, filing and polishing and you will walk home with a unique Ring and Bangle made by you from start to end. Choose your design from set options.

Contact: www.mawedajewelry.com
Location: Lake Grace Regional Artspace
Phone: 0420 515 280



Backyard Buddies: Ants in your Plants & Pavers?

Department of Primary Industries and Regional Development

Want to know what your problem ants are and how to control them? You've come to the right place.

There are thousands of ant species in Australia, and most are difficult to identify without a microscope and specialist knowledge. There are very effective baits for some species, while others require control using sprays. Other species rarely need any control and can be left alone. Unless you know the species of ant, control can be guesswork, which can waste your time and money, and involve the unnecessary use of pesticides.

By submitting samples for identification, you can learn about the species of ants at your property and how to control them, plus you'll contribute to ant surveillance in WA. Detections in recent years of exotic and problematic species such as the African black sugar ant, red imported fire ant and browsing ant, is a testament to the ability of ants to arrive in WA via freight and cargo. Their rapid detection provides the best chance of eradication and prevents the economic, social and environmental impacts caused by these ants.

For ant identification services, we request that only dead specimens are submitted. This will prevent any unintended spread of the ants, whilst keeping the postie happy!

Sampling instructions

- Brush ants into a sealed container, Ziplock bag or collect ants using the sticky side of transparent tape and fix this gently to a piece of paper.
- Place sample in the freezer for 1-2 hours to kill any live ants.
- Label samples with the collection location e.g. backyard, kitchen, bathroom, driveway etc., and include a note with your name, address, contact number and email address.
- Deliver or post to: Pest and Disease Information Service (PaDIS), Department of Primary Industries and Regional Development, 3 Baron-Hay Court, South Perth WA 6151.

Any suspected exotic ant species should be reported for biosecurity screening to the Department of Primary Industries and Regional Development.

Further information can be found at agric.wa.gov.au by searching for 'ant control', or by contacting the Pest and Disease Information Service.



Left to right: example of letter with sampled ants. Sampling ants using clear sticky tape. Coastal brown ants (*Pheidole megacephala*).



Crochet Workshops

From 10am to midday, most Fridays.

Lake Grace Community Resource Centre

Learners welcome, some hooks available for purchase with a small range of wool to practise on.

Work on Wheelchairs for Kids blankets or your own project

Call 9865 1470 if you have any queries.

If you prefer to work on your own project that is okay. Everyone welcome.

Growing Up In Katanning

State Library of Western Australia

This story is based on an interview with Althea (Dorris) Barber 1896-1990.

First came the mice plague. The mice ate their way into the flour box. They ate our clothes. They ate everything they could get to. They were ravenous. The cats hated them too. They were full up, there were too many of them.

Then came the rabbit plague. Then a terrible drought. But it was my mother's ill health that finally drove us to sell our farm in South Australia and go West in 1903.

My father went ahead with a team of horses and a cow. Tragically though, one of the horses died of seasickness and the frightened cow fell over the side of the jetty in Albany and drowned.

We followed on the SS Bombala nine months later but even travelling first class did not spare us from suffering terrible sea sickness on the rough seas. They used to say in those days that if you could get across the Great Australian Bight without being seasick, you'd make a wonderful sailor.

From Albany, we took the eight-hour train trip to Katanning. It was slow, the carriages were like little dog boxes, and the seats were hard and uncomfortable. As we journeyed into the night, the guard walked along the train's roof lighting the kerosene lamps in the ceiling, but they were so dim that in most carriages passengers could barely see.

We arrived at Ewlyamartup, nine miles out of Katanning, where we were greeted by a temporary iron house lined with hessian. Inside my father had pinned beautiful everlastings onto the wall made into big letters saying "WELCOME TO" in pink and "WA" in yellow.

The farm was on virgin land and I loved it from the start. I would sometimes go out with a little tomahawk (miniature axe) and ringbark the sheoaks and little trees.

I attended the local school and to get there we would walk up a little bush track hemmed with wildflowers, lovely trees, and everlastings. Before then I'd never seen children going barefooted and I thought it was wonderful.

There were twelve children in my classroom (aged 7-14 years), including Aboriginal children. We all played and studied happily together. At lunch, I would take out my little square tin with painted violets on it. Inside would be a piece of cake, biscuits, fruit (if there was any about) and sandwiches. They were happy days.

We moved to Katanning in 1904 which at the time was just a little mushroom town growing up. Katanning school seemed huge and terribly frightening and the teachers were very strict, too strict. I used to get the cane twice a day without fail.

One morning in 1908 Katanning woke to a huge commotion - bells ringing, church bells ringing, all sorts

of noise, and people running around and calling out. Austral Terrace was all in flames and all the buildings were burnt down. But it wasn't too long until bigger and better shops were built. Also a nice footpath, hitching rails for the horses, and a large general store.

After five years at Katanning school, I had become a bundle of nerves, so I went to stay with my grandparents. Then briefly went to Methodist Ladies College in Perth to 'polish me off a little bit'. I learned here that if you wore good, well-polished shoes and good gloves, it showed that you were a lady. Oh, and a hat, you always had to wear a hat.

I returned to Katanning to help Mother. I played piano at the local roller skating rink. I was also an accomplished rider, once winning the Ladies Hack in the Royal Perth Show.

I was cleaning the brass door handles, polishing floors, and scrubbing the kitchen at the Green's residence when war was declared. The butcher came around and told me.

Nearly all of the boys in Katanning enlisted. It was a sad time and sometimes it would take six weeks after a boy was killed, to learn that they were gone. It would appear in the newspapers, or the local church ministers would

Wanted to Buy

Old petrol bowsers, enamel signs or any old signs, oil bottles, oil tins, and racks.

Vintage cool drink bottles, vintage motorbikes, vintage farm machinery, etc.

FREE appraisals 25 years experienced antiques dealer.

Will travel anywhere cash paid on the day.

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Email jismoker55@gmail.com



Growing Up In Katanning *(cont.)*

be notified and break the news gently to the family. The girls used to still go to dances and dance with each other.

My first formal dance was with Harold Piesse, a stout chap of 35 years from a prominent family in the district. My father was proud of that. There was no alcohol served until after the war and boys were decent and respectful.

A 'date' in those days might include going to the pictures with supper to follow – mostly poached eggs on toast. The boy always paid. The most that would happen was a kiss goodnight, and then only if you were very much in love or engaged. Even standing at the gate with a boy for more than five minutes in those days was unheard of.

When the war was over, Katanning went mad and every soldier, including my future husband Alan, was given a reception in the town hall. After that we never talked about the war, none of them did. I think it was just a terribly cold, awful page that they wanted to close up forever.

SOURCE - [Interview with Althea Dorris Barber] [sound recording] / [interviewed by Heather Wrigley]

Barber, Althea Dorris, 1896-1990.

Oral History | 1979-1980.

Available at Online (Call number: OH398)

The full transcript of this interview is 472 pages long but makes a wonderful read <https://bit.ly/3iMiMyE>

Are you over 50?

Let's Build Your Digital Skills

Every month the CRC will be running group information sessions about certain topics to help improve your digital skills.

*One-on-one tuition available on Thursdays:
10am-11am and 2pm-3pm*

**Call the Lake Grace CRC on 9865 1470
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 rick.wilson.mp@aph.gov.au  rickwilson.com.au  RickWilsonMP

Authorised by Rick Wilson MP, Liberal Party of Australia, 345 Hannan Street, Kalgoorlie WA 6430.



Save With Free Waterwise Offers

Residents of 21 Great Southern communities can now take advantage of free water-saving offers as part of Water Corporation's 2023-24 Waterwise Towns Program, which saved more than three million litres of water across the region last year.

The annual program, which is available in a record 47 communities State-wide, provides tailored offers to help regional Western Australians reduce water use and lower their bills.

Water Corporation customers in each eligible Great Southern community can now exchange two old, inefficient showerheads for waterwise alternatives under a free Showerhead Swap program.

In addition, residents in each participating town will be able to claim a rebate for the purchase of a new rainwater tank, or to plumb in or replace an existing tank.


Those in Esperance and Albany will also benefit from comparative water use showing how their consumption compares to others.

Since 2013, the Waterwise Towns Program has saved 1.8 billion litres of scheme water State-wide, helping support the long-term security of WA's most valuable resource.

Plumbing and irrigation services are limited, with registrations open until 1 May 2024, unless allocations are exhausted earlier. Showerhead Swap is available until 31 May 2024, while stocks last.

For more information or to apply, please visit watercorporation.com.au/waterwiseoffers.

The showerhead swap is available from the Lake Grace Community Resource Centre.



Are you a Men's shed member? Cost is only \$15 pa. Membership renewals have been sent out, if you haven't received yours then please drop into the CRC so that we can rectify the situation.

If you would like to be a member then drop into the shed on a Tuesday or Thursday morning and fill in an application form.



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Community Newsletter

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CEO Chat

Local Government Elections - Shire of Lake Grace 2023 Ordinary Election Results

The Shire of Lake Grace wishes to announce the following candidates have been declared elected to Council for a 4 year term:

- Len Armstrong
- Rosalind Lloyd
- Debrah Clarke

Congratulations to the Councillors Elect, who will be sworn in on 25 October 2023 at the Ordinary Meeting of Council.

Thank you to outgoing Councillor, Jeffrey McKenzie, for your service to Council, and thank you to Peter Stoffberg for nominating in this election.

Further details on the election results can be found on the WA Electoral Commission website:

<https://www.elections.wa.gov.au/elections/local/election#/4b5bb626-1be6-479e-95da-471446ac825e/Lake%20Grace>

Candidates	First Preferences	Percentage	Expiry of Term
ARMSTRONG, Len	126	27.10%	16 October 2027
LLOYD, Rosalind	93	20.00%	16 October 2027
MCKENZIE, Jeff	80	17.20%	
CLARKE, Debrah	84	18.06%	16 October 2027
STOFFBERG, Peter	82	17.63%	
Total valid votes	465	100%	

Community Citizen of the Year Nominations and Awards

Auspire – Australia Day Council WA, Community Citizen of the Year Awards are presented by Local Government within local communities across Western Australia.

The Awards recognise individuals and organisations making a notable contribution during the current year, or to those who have given outstanding service over a number of years.

Outstanding contribution and community service includes areas such as; education, health, fundraising, charitable and voluntary services, business, employment, sport, arts, the environment, social inclusion or any other area that contributes to the advancement and wellbeing of a community.

We encourage you to provide as much information as possible about your nominee to provide them the best opportunity for consideration during the shortlisting and selection process.

We particularly encourage people and groups from

diverse backgrounds to consider nominating, including Aboriginal and Torres Strait Islander people, women, young people, those living with disabilities and people and groups from culturally diverse backgrounds.

Nominations can be submitted one of three ways:

- submitted online at <https://www.citizenshipawards.com.au/nominate/>
- print a form and submit it at your local Shire office, or email: shire@lakegrace.wa.gov.au
- collect a form from the Shire of Lake Grace; fill it out, and return.

Nominations for the 2024 Community Citizen of the Year Awards close on 31st October 2023.

Reflect, Respect and Celebrate community contribution across our state. We're all part of the story.

An **Ordinary Council Meeting** will be held at 3.30pm **22 November 2023**, Shire of Lake Grace Council Chambers, 1 Bishop Street, Lake Grace WA 6353

The Agenda will be available on www.lakegrace.wa.gov.au

(A minimum of 15 minutes is set aside for public question time, giving members of the public an opportunity to ask questions relating to Shire activities. All welcome)

Community Information



Presented by:



Australia Day Council of Western Australia

Principal Partner:



Government of Western Australia
Department of Communities

Media Partners:



Nominate now



If you know someone doing great things in our community, nominate them for a 2024 Youth Citizen of the Year Award.

citizenshipawards.com.au

Closing Date: 31 October 2023

Local Government Recognising Community Champions.



Follow our Facebook page
<https://www.facebook.com/ShireofLakeGrace/>



FREE YOUTH MENTORING PROGRAM

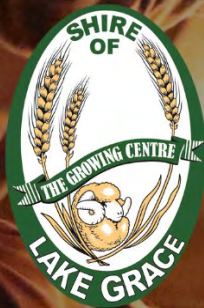
EVERY WEDNESDAY FROM 3.30PM, FOR AGES 12+
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COME ALONG AND TRY YOUR HAND AT A
VARIETY OF PROJECTS AND SKILLS, INCLUDING:
WOODWORK - METALWORK - WELDING - CAR CARE

*SIGN IN REGISTER TO BE COMPLETED. PARENTS/CARERS
WELCOME TO ATTEND; ENCLOSED SHOES MUST BE WORN
BY ALL.

SUPPORTED BY



Community Information

Office Open Hours

Monday - Friday 8.30am - 4.00pm
Staff can be contacted via phone between 8am—5pm.

Licensing Payments

All licensing payments are to be made in person at the Shire of Lake Grace, 1 Bishop Street, Lake Grace, *(please phone ahead for availability)*.

Monday to Friday from 8:30am to 4:00pm

As an agency, we process the majority of transactions including: renewals, transfers, number plate orders, boat registration renewals and new licence applications.

With every transaction we perform, we try to offer the best service possible.

We do ask all licensing customers to be considerate, even though we are aware of people being 'locals' it does not exempt us from following the rules set by the Department of Transport.

Driving Assessor

Lake Grace has one assessment day, held on the first Friday of each month.

The next Practical Driving Assessor (PDA) will be at the Shire of Lake Grace office on:

November (to be confirmed)

Bookings are essential for all Practical Driver's Licence Assessments and we recommend booking in advance as there is often a waiting list.

Bookings can be made at the Shire office on 9890 2500 until further notice.

For more information go to: www.transport.wa.gov.au.

Libraries

Lake Grace Public Library School Place Absolon St

Monday - Friday 9am - 5pm

Closed for lunch 12.30 - 1pm

Newdegate Public Library Collier St

Monday - Thursday 8.30am - 4.30pm

Closed for lunch 12noon - 1pm

Friday 9am - 2pm

Lake King Library Newdegate/Ravensthorpe Rd

Tuesday and Thursday 8.30am - 3.30pm

Town Planning & Building

Please contact the Shire of Lake Grace on 9890 2500 or email shire@lakegrace.wa.gov.au for all Town Planning and Building Surveying enquiries and requests.

Environmental Health

The Shire's Environmental Health Officer, Brendon Gerrard, can be contacted via the Shire on 9890 2500 or email shire@lakegrace.wa.gov.au.

Tip Times

Lake Grace

Monday & Wednesday 9am - 2pm

Saturday & Sunday 9am - 4pm

Newdegate

Wednesday 9am - 1pm

Saturday 9am - 1pm

Lake King and Varley

Open every day

Recycling Services

Household Waste Collection is a weekly service and collected each Tuesday for Lake Grace, Newdegate, Lake King & Varley.

Recycling is a fortnightly service and alternates between Lake Grace and Newdegate. See below for the upcoming recycling collection dates.

Newdegate	Lake Grace
Tuesday 31 October	Tuesday 7 November
Tuesday 14 November	Tuesday 21 November

Please Note: There is no kerbside recycling collection service in Lake King or Varley.

The recycling bins are collected by Warren Blackwood Waste and transported to a recycling facility. If items which are not recyclable are found, the contents can't be recycled and the load will be directed to the landfill.

If an item is covered in food, it is not recyclable. Food is one of the worst contaminators in the recycling process. By using the yellow top recycling bin correctly you are contributing, in a combined community effort, to reduce the amount of rubbish that is directed to landfill facilities each year.

For more information on Waste Management visit the Shire's website www.lakegrace.wa.gov.au.



POLICE NEWS

LAKE GRACE POLICE STATION
56 STUBBS STREET, LAKE GRACE. 6353
Phone : 9890 2000 Fax : 9865 1429

Email: Lake.Grace.Police.Station@police.wa.gov.au
Personnel: 1/C Scott Oatridge, PC Wade Humphrey.

Station News

It's been a busy fortnight for us here at the Station with various different incidents occurring along the way. We responded to the major bush fire in Corrigin, where thankfully no one was hurt. The fire has been deemed non - suspicious.

We had a visit from the 'Rural Action Movement' group, they claim to be campaigning on behalf of farmers who have defaulted on their payments and ultimately losing their farms, it is a very emotive subject as you can imagine.

Lastly, still no news regarding the vacant Officer in Charge position here at the Station. District Office in Albany are working behind the scenes trying to find a suitable Sergeant that would be a good fit in our community.



Crime News

We attended an incident in Newdegate in relation to a person staying at a property which was supposedly vacant. A male was located living at the address, inquiries revealed that he had been provided a set of keys for the house and was in the past allowed to stay at the address. He may have called it as a miscommunication, but luckily for him the landlord just wanted him gone, and didn't wish to prefer any charges at the time.

As we enter into the warmer months of the year it often has a correlation with an increase in criminal and suspicious activity, for those of you living in remote areas we would suggest as an example.

- Keeping gates to properties locked when not in use.
- Installing security cameras around sheds and homes, open sheds are like a candy store for

thieves.

- Locking your fuel bowsers.

Traffic News

We attended a car roll over on Strevett Road, thankfully the driver was okay, he had swerved to miss a lizard. A passing motorist who is a local, drove past the crash not long after it happened. The drivers initial request was to be taken to the pub, thankfully common sense prevailed and the driver was taken to the hospital. We appreciate your efforts that day.

We seem to have an increase of vehicles towing trailers that are exceeding their speed limit, remember if you are towing you are limited to maximum speed of 100km, where relevant speed zones allow.

Take care and stay safe.
Regards
Lake Grace Police



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**BW James,
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Kewdale**

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Good News Page

Kevin Seaman

With the invasion of the computers into every aspect of our everyday lives (and I challenge you to find a situation where the computer is not King Tutt), it spells the death knell for magnificent printed publications such as the Britannia Encyclopedia, History and Geography Atlases and a whole range of children's books, which for decades have been our defining libraries to learn from.

But browsing through op shop books shelves, I came across a treasure of a book stuck in the back of the rack, been there some time as no body reads these kinds of books anymore. This book first printed in 1954 and reprinted in 1957 and 1974 (with revision and updates) was a book by Aussie author Bill Wannan, titled "The Australian – My Kind of Country".

And who was Bill Wannan you may ask:

"Bill Wannan has published more than twenty books, all of which deal with aspects of Australian literature, history or folklore. Among the best-known are The Australian, Tell 'Em I Died Game, A Treasury of Australian Humour and Australian Folklore.

Many hundreds of traditional Australia stories, tall tales, ballads and anecdotes have also appeared in Mr Wannan's weekly 'Come in Spinner!' column in the national magazine Australasian Post."

And in his book "The Australian – My Kind of Country" is as follows:

"Australia's leading folklore authority presents here the finest, funniest, most dramatic yarns, ballads, sayings, legends, superstitions, anecdotes and traditions of the Australian people.

All the memorable figures who forged the Australian character – convicts, soldiers, swaggies, bushmen, bushrangers, bullockies, larrikins, fine ladies and factory drabs, squatters and shearers, poets, Pommies and politicians – are here; applauding or insulting each other or their country in vigorously colourful terms.

For the first time, Bill Wannan's best-selling The Australian is coupled with its successful sequel, My Kind of Country in an omnibus volume which represents the culmination of the author's lifelong investigation into what has made Australians what they are."

And yours truly, being born in the dawn of 1941 found to his amazement, a book which chronicled what went on to enable Australia to build into the country it is today and recall it's historical events.

So come with me while I not only reminisce on a journey into our illustrious history to the days before – back to the good old days.

See if you remember things such as the Eureka Stockade, the glorious days of the bush rangers, before decimal currencies and the adoption of the metric system. Tales of the miners, shearers, cattlemen and explorers plus good old Aussies jokes and anecdotes of Aussie humour.

In this edition and future editions allow me to share with you things from this great book – "The Australian – My

Kind of Country"

Most Aussies are familiar with the way we have a unique way of conversing with each other. Lets set the scene for following editions with this introduction:

Australian Salt: Popular saying, jokes Rhymes and Anecdotes.

Game, he's game as Ned Kelly

The scrub in WA so thick a dog couldn't bark in it

Mean, he was so mean he wouldn't even let his dog drink from a mirage.

It was so wet that even the mirage overflows.

I'm that unlucky that if it rained soup, everybody else would have a spoon and I would be left with a fork.

If it rained gravy everyone else would have a frying pan and I would be left with a gridiron.

No more sense than a native bear and not as good looking

Know yer: I'd know yer skin if I saw it hanging on a bush

And a couple of funnies to finish with:

"What's the idea of that double layer of wire on your fly door Jack?"

"They are two different meshes Sue," said Jack. "A coarse mesh with big holes and a fine mesh with little holes."

"Yes but why?"

"Well – the big hole to keep the big flies out and the little holes to keep the little flies out."

Sam was saying to Jim: I once knew a bullocky by the name of Eighty-mile Mick. We used to call him Seventy-mile Mick for short.

An old swagman was tramping across a station property, when the station owner appeared in his utility truck travelling in the same direction. "Like a lift?" the owner called out. "No flaming fear!" said the swagman, "You open your own bloody gates."

The brigadier gets the turkey

The colonel has his duck

The officers have poultry

They always were in luck

The sergeants they get bread and cheese

And mop up all they can

But all the poor old private gets

Is bread and apple jam!!!

I hope you enjoy.

Lake Grace Basketball

Courtney Withnell

The season has gotten off to a great start with some new and old players coming for the season! A shuffle up of teams has ensured some close results and great games to watch.

Round 1 -

TAIPANS DEF BLACK MAMBAS 51-34

COPPERHEADS DEF COBRAS 41-22

TIGERS DEF LIONS 25-22

COUGARS DEF JAGUARS 27-6

Round 2 -

TAIPANS DEF COPPERHEADS 35-28

BLACK MAMBAS DEF COBRAS 31-24

TIGERS DEF COUGARS 20-13

LIONS DEF JAGUARS 28-8

Round 3 -

TAIPANS DEF COBRAS 55-30

BLACK MAMBAS DEF COPPERHEADS 50-28

LIONS DEF COUGARS 21-10

JAGUARS & TIGERS DRAW 24-24.

Thank you to all our umpires so far, Trivan, Leon, Amber, Brady, Brayden, Lyn and Geoff.

Next Weeks Fixtures:

Wednesday 1st November

6pm - COUGARS v TIGERS

7pm - LIONS v JAGUARS

7pm - COPPER HEADS v TAIPANS

8pm - BLACK MAMBAS v COBRAS

Don't forget next week FRIDAY NIGHT GAME 3/11.

There will be food and drink available:

Hamburgers and drink \$10

Sausage sizzle \$2

Sausage and drink \$5



Come in and see us for all your meat supplies!

Food for all the family

Custom kills

Cooked chooks available every day



Open

Monday - Friday 8:30am - 5.30pm

Saturday 8:30am - 12pm

Located in Lake Grace Plaza

Contact Dean Souness: 9865 1225



McKENZIE



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Jeff & Symone McKenzie LAKE GRACE

0458 693 014

jmckenzie80@bigpond.com

5712240

Puzzles and Stuff

Some words for 12th October edition of Boggle

Answers for 12th October edition of Sudoku

- Afterclap
- Earflap
- Caplet
- Carpet
- Palace
- Parcel
- Rectal
- After
- Alert
- Caper
- Clear
- Fetal
- Flare
- Leapt
- React
- Taper
- Trace
- Acre
- Area
- Café
- Care
- Earl
- Face
- Fear
- Flea
- Lace
- Late

- Leaf
- Pace
- Pale
- Pear
- Plea
- Race
- Rate
- Tale
- Tape
- Teal
- Tear

3	5	1	8	7	2	9	4	6
7	2	6	1	4	9	5	3	8
9	4	8	3	5	6	7	2	1
8	7	5	9	3	1	2	6	4
2	3	4	5	6	8	1	7	9
1	6	9	4	2	7	8	5	3
5	1	2	6	9	3	4	8	7
6	8	7	2	1	4	3	9	5
4	9	3	7	8	5	6	1	2

7	1	5	8	6	4	2	9	3
6	8	4	2	3	9	1	5	7
3	2	9	1	7	5	8	4	6
4	6	1	3	9	8	7	2	5
9	3	8	7	5	2	6	1	4
5	7	2	6	4	1	3	8	9
8	9	6	5	2	3	4	7	1
2	5	3	4	1	7	9	6	8
1	4	7	9	8	6	5	3	2

G	M	I
N	R	L
F	O	I

This week's Boggle (Every word must include the middle letter)

Home Care now available in Lake Grace



We can help you stay in your own home connected to family and friends, doing the things you love. Our Home Care services are available in Lake Grace and surrounds, via a funded package or private services.

Call our friendly and caring Home Care team today on 1300 244 000 or visit catholichomes.com



care with purpose

A New Season of Junior Basketball *(cont.)*

but the vibe out there is one of cooperation and excitement, with each and every one of the kids working together to learn the skills and play the game well.

The nearby towns of Kulin and Newdegate have a Junior Basketball competition each year (you can find information about these groups online), which many from Lake Grace have travelled to be a part of in past and current years. High schoolers from Lake Grace had the opportunity for about 15 years from around the year 2000 to travel to Kulin each season (compiled of 2 teams). This was initiated by Jeanette Trevenen, where a one-day carnival was held before they then launched into a 10-week season of competition finishing prior to Christmas each year. With Deb Clarke driving the bus, Jeanette felt this enabled socialisation between towns and an improvement of their basketball skills. During some of this 15-year period, Deidre Trevenen would take a group of primary students to Newdegate to compete and socialise. Since then, some of the high school age children have been able to join in the Lake Grace Basketball Club competition on Wednesday evenings.

This is the first time that there has been junior Basketball training in Lake Grace for many years, with the hope to continue and build their skills. The basketball hoops currently are unable to be lowered for the younger ones but thanks to the sponsorship of McPherson Mechanical, adjustable basketball hoop

systems will be purchased and hopefully ready for next season.

Below: At the end of the bounce pass drill, Isaac Pawsey having a go at the goal



Top: Matilda Duckworth going for the ball thrown from Aimee Kemboi, learning to work the court as a team.

Bottom: Olly Bell throwing in from the side although the red bib opposition are holding back the no bibs from a clear pass.



Tarin Rock Tennis Tournament

Sissa Pelham

On Saturday 14th October Tarin Rock Tennis Club hosted their annual Junior Tournament. With 68 entries and kids coming from a 130km radius, it was a great turn out on this fabulous 30 degree day.

Thank you to everyone from the Tarin Rock Tennis Club for the hard work in setting up and on the day. Also thanks to our court sponsors Afgri, SBP, Delta Ag, Elders and Yanmah. And our sportsmanship awards from Jenakora Farms and L & M Pearce.

Thank you to all our sponsors. Having 8 and under mixed comp and under 10 and 13 boys and girls round robin doubles and knock out singles, please see the below winners for the day.



Top left: 10/U boys doubles Champions Sam Stanton with Jasper Steere.



Top Right: 8/U girls singles champion Kelsie Roukens with runner-up Eva Bairstow

Tournament Results

8/U Girls Champion - Kelsie Roukens
Trophy Donated by Lake Grace Communications & Computers
8/U Girls Runner Up - Eva Bairstow
Trophy Donated by J & W O'Neill & Rosies Café

8/U Boys Champion - Corbyn Trevenen
Trophy Donated by Lake Grace Home Improvements
8/U Boys Runner Up - Logan Davidson
Trophy Donated by High Valley Merino Stud

10/U Girls Champion - Alice Bushwell
Trophy Donated by Tom O'Neill Spraying
10/U Girls Runner Up - Grace Orr
Trophy Donated by CCL Hardware

10/U Girls Doubles Champion - Maggie & Lillian O'Meehan
Trophy Donated by Kukerin Rural Services
10/U Girls Doubles Runner Up - Torah Turner and Grace Orr
Trophy Donated by Lake Grace Roadhouse

10/U Boys Champion - Mitchell Gooding
Trophy Donated by Fyfe Transport
10/U Boys Runner Up - Branden Gooding
Trophy Donated by E & T Naisbitt

10/U Boys Doubles Champion - Sam Stanton and Jasper Steere
Trophy Donated by P & M Cameron & Lewis Building & Maintenance
10/U Boys Doubles Runner Up - Matthew Gooding and Sam Walker
Trophy Donated by Lake Grace Plaza

13/U Girls Champion - Maggie O'Meehan
Trophy Donated by Sand & Salt
13/U Girls Runner up - Tamzyn Kirby
Trophy Donated by Spencer Shearing



Above: 10/U boys doubles champions Mitchell Gooding and Darcey Pelham.

Below: 8/U runner-up Logan Davidson with Champion Corbyn Trevenen



Tarin Rock Tennis Tournament *(cont.)*

13/U Girls Doubles Champion - Emma Shackley & Alice Bushell

Trophy Donated by Jusak Suffolk Stud

13/U Girls Doubles Runner up - Abbie Smith and Tamzyn Kirby

Trophy Donated by Pelham Enterprises

13/U Boys Champion - Darcey Pelham

Trophy Donated by Ignite Fitness

13/U Boys Runner up - Thomas Ditchburn

Trophy Donated by D & G Gooding

13/U Boys Doubles Champion - Darcey Pelham & Mitchell Gooding

Trophy Donated by Lake Way Hair Salon

13/U Boys Doubles Runner up - Flynn & Ben Stade

Trophy Donated by R & G De Vree



We have regular pick ups from Lake Grace, Kukerin, Dumbleyung, Nyabing, Pingrup, Wickepin, Tincurrin, Harrismith, Highbury & Kulin.

Find out more about our drop points
0439 956 175.

Bulk pick ups can be arranged on farm anywhere along this route.

[All Good Refund Depot](#) is serious about stopping containers from going into landfill.

Pick ups from Lake Grace **is now weekly!** with check in stops at Kukerin & Dumbleyung.

Call us to find out more 0439 956 175 or email allgoodbusiness@westnet.com.au

Proudly servicing Lake Grace and the extended lakes region since October 2020

Classifieds

Rural West Financial Counselling

A free service available to regional small businesses, primary producers, not-for-profits and community clubs. For more information contact Donna Spurgeon by email Donna.Spurgeon@ruralwest.com.au or phone 0408 107 326. Alternatively you can contact the information line on 1800 612 004.

Cancer Support Coordinator

Cancer Support Coordinator for the Wheatbelt can provide you with emotional support and assistance navigating through the range of services available over the phone or through video consult: call Monica Graham Tues-Thurs on 0428 747 845.

CWA Bookings

CWA rooms are available for hire. There is a COVID Safety Plan in place that hirers will need to adhere to. Anyone using the rooms must fill in the log book. If you wish to book the CWA Hall then please contact the Lake Grace CRC on 9865 1470.

Community Bus Bookings

Are to be done through the Lake Grace CRC. Ring 9865 1470 or email central@lakegracecrc.net The community bus is owned and managed by the community, is available to any individual, group or organization to hire and costs \$1 per kilometre to use. All proceeds go toward the management and running of the bus and toward bus upgrades.

Southern Agcare

This is a free and confidential Family and Individual Counselling Service. Please contact Southern AgCare main office for an appointment. Phone (08) 9827 1552 or admin@southernagcare.org.au referral forms can also be found on our webpage www.southernagcare.org.au

Men's Shed Battery Drive

The Lake Grace Community Men's Shed is continuing with their battery drive. This is an ongoing revenue raising project which will contribute to the running of the Shed. Batteries can be left at the Men's Shed or you can contact Walter Perry on 0448 795 070 if you require them to be picked up. Thank you for your ongoing support.

Dr Linda Haines

Ring 9865 1208 for dates and times to make an appointment.

School Bus Drivers Needed

Anyone who is interested
Relief drivers needed for school bus runs
License requirements, reimbursement of costs
Call Natalie Gambuti 0429 793 973

First Aid Kits

Are now available for purchase at
CCL Hardware Lake Grace.

NOTICE OF AGM

The Lake Grace-Pingrup Football Club and associated sub-committee's will be holding their AGM at the Lake Grace Pavilion on Tuesday the 31st of October at 6:30pm.

Lake Grace Op Shop

We need kitchenware and volunteers.
We will be open on 28th October during Treasure Trail & Market Day

Seniors Lunch

Thursday 2nd November.
Catered by the Lake Grace Hotel @ the Lake Grace Hotel. \$20 per head.
RSVP to Nat Gambuti on 0429 793 973 by midday Tuesday 31st October.

Lake Grace Shire Councilors

Councillor	Telephone
Cr Len Armstrong – Shire President	0429 843 785
Cr Ross Chappell – Deputy Shire President	0428 654 058
Cr Deb Clarke	0428 654 041
Cr Ben Hyde	0428 752 042
Cr Roz Lloyd	0428 711 534
Cr Anton Kuchling	0427 206 030
Cr Steve Hunt	0427 651 585

Community Clubs and Associations

Club / Association	Secretary / Contact	Contact Number	Contact Email
Artist Group	Tania Spencer	0429 041 063	spencertania@hotmail.com
CWA	Suzanne Reeves	0427 651 310	LakeGracecwa@gmail.com
Development Assoc	Paula Carruthers	0499 616 070	ghpmcarr@bigpond.com
Early Learning Centre (Daycare)	Vicki Reynolds	08 9865 2568	LakeGraceelc@gmail.com
Lions	Steve Lankford	0429 917 805	lglionsec@gmail.com
Men's Shed	Wally Perry	0448 795 070	allwood93@yahoo.com.au
Playgroup	Sarah Clarke	0438 634 152	LakeGraceplaygroup@mail.com
Sportsman's Club	Mathew Hobbins	08 9865 1239	lgsportsmansclub@bigpond.com
Toy Library	Joely Slinn	0477 014 347	lgtoylibrary@outlook.com
Summer Sports			
Lake Grace Basketball	Amber McPherson	0484 861 553	lakegracebasketball@outlook.com
Lake Grace Bowling Club	Lynda Trawinski	0429 651 403	waynetrawinski@bigpond.com
Lake Grace Swimming Club	Annie Argent	0427 569 834	kfc85@bigpond.com
Lake Grace Tennis Club	Natalie Livall	0428 258 188	lakegracetennisclub@gmail.com
Lake Grace Cricket	Brayden Reynolds	0410 514 462	braydenreynolds82@yahoo.com.au
Lake Grace Gymnastics Club	Jenni Roche	0409 770 978	lakegracegymclub@gmail.com

Crisis Care Numbers

Doctor's Surgery -9865 1208	Hospital - 9890 2222	Ambulance/Fire/Police - 000	Electricity Faults - 13 13 51
Rural Link - 1800 552 002	Main Roads - 138 138	Directory Assistance - 1223	Water Faults - 13 13 75
55 Central Men's Refuge 9272 1333	Family Helpline 1800 643 000 / 9223 1100	Ngala 9368 9368 www.ngala.com.au	Lifeline Australia - 13 11 14 www.lifeline.org.au
Wheatbelt Mental Health Service Northam - (08) 9621 0999 Narrogin - (08) 9881 0700	Kids Helpline 1800 551 800 www.kidshelp.com.au	Crisis Care WA - 9223 1111 / 1800 199 008 www.community.wa.gov.au	Citizens Advice Bureau 9221 5711 www.cab.wa.com.au
Beyond Blue - 1300 22 4636 www.beyondblue.org.au	Seniors Information Services 9321 2133 www.cotawa.asn.au	Youth Legal Service 9202 1688 / 1800 199 006 www.youthlegalservice.inc.com.au	Poisons Information 13 11 26
Suicide Call Back Line - 1300 659 467 www.suicidecallbackservice.org.au	Parent Drug Information Service - 1800 653 203	Family Court of WA 9224 8222 / 1800 199 228 www.familycourt.wa.gov.au	
Alcohol and Drug Information Service 1800 198 024 https://www.mhc.wa.gov.au/	Mental Health Emergency Response Line - 1300 555 788	Holyoake Northam - (08) 9621 1055 Merredin - (08) 9041 3807 Narrogin - (08) 9881 1999 Freecall - 1800 447 172	Relationships Australia Fair Programme 9336 2144 https://relationships.wa.gov.au 1300 364 277

Justices of the Peace

Colin Connolly	0427 858 066
Ron Dewson	0428 651 213
Amanda Milton	0429 654 011
Geoff Sabourne	0429 651 171

Church Times

Catholic Church	Anglican Church
Sunday 29th October - 8am <i>Communion</i>	Sunday 29th October <i>No Service</i>
Sunday 5th November - 8am <i>Mass</i>	Sunday 5th November - 10am <i>TBC</i>
For inquiries please phone 9865 1248.	Enquiries: St Johns Albany 9841 5015 Wally Perry 0448 795 070

COMMUNITY CALENDAR

October/November 2023

<p>Fri 27 Op Shop Open (10am-1pm) Crochet @ CRC - 10am Fish & Chips @ The Sportsman's Club Interscholar Athletics Carnival @ Ravey</p> <p>Sat 28 Rubbish tip Open (9am-4pm) Pennant Bowls - Kondinin v Lake Grace Treasure Trail & Market Day Craft @ CWA (look for flag) Cricket - Lake Grace v Williams Steak Tea @ Sportsman's Club 6:30pm</p> <p>Sun 29 Rubbish tip Open (9am-4pm)</p> <p>Mon 30 Rubbish tip Open (9am-2pm)</p> <p>Tue 31 Rubbish Collection Men's Shed (Morning) Op Shop Open (1pm-4pm) Chair Aerobics - 1pm @ Village Hall LG-P Football Club AGM</p> <p>Wed 1 Rubbish tip Open (9am - 2pm) Containers for Change pickup Women's Basketball @ 6pm & 7pm Men's Basketball @ 7pm & 8pm Youth Mentoring Programme @ Men's Shed 3:30pm</p> <p>Thurs 2 Men's Shed (Morning) Bowls Training from 5pm Barefoot Bowls from 6:30pm</p> <p>Fri 3 Crochet @ CRC - 10am Op Shop Open (10am-1pm) Fish & Chips @ The Sportsman's Club</p> <p>Sat 4 Rubbish tip Open (9am-4pm) Craft @ CWA (look for flag) Pennant Bowls - Lake Grace v Kulin Cricket - Cuballing v Lake Grace Steak Tea @ Sportsman's Club 6:30pm</p> <p>Sun 5 Rubbish tip Open (9am-4pm) Blue Tree Painting Busy Bee</p>	<p>Mon 6 Rubbish tip Open (9am-2pm) Lakes Link News Deadline</p> <p>Tues 7 Rubbish Collection Recycling Collection Men's Shed (morning) Melbourne Cup Day Op Shop Open (1pm-4pm) Chair Aerobics - 1pm @ Village Hall Rubbish tip Open (9am - 2pm) Centrelink (DHS) Van in Lake Grace Containers for Change pickup Youth Mentoring Programme @ Men's Shed 3:30pm Kids Basketball @ 4pm Women's Basketball @ 6pm & 7pm Men's Basketball @ 7pm & 8pm</p> <p>Wed 8 Men's Shed (morning)</p> <p>Thurs 9 Lakes Link News published Bowls Training from 5pm Barefoot Bowls from 6:30pm</p>
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Coming Events

- 18th November - Silversmithing workshop
- 22nd November - Shire Council Meeting
- 14th December - Harvest Festival

Save The Dates...

- 9th March 2024 - Ladies Long Table Luncheon
- 5th October 2024 - Oktoberfest

		8	9			4		
7				4	6		9	1
9			1			3	5	
	5			3		6		9
		3	5		8	2		
8		1		2			7	
	8	4			5			7
2	1		8	6				5
	6				3	1		

Sudoku

- The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

	3		6		8		7	
		2	4		5	9		
1				9				3
4	2						1	9
		6				2		
3	5						6	8
5				4				7
		9	7		6	3		
	8		3		9		2	