

LAKES LINK NEWS

Produced at the
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22nd October 2009

\$1.10 *inc GST*

Vol 15 Issue 20

Local Market Day a Success



Above: Trish Medlen and Irene McGlenn at the Visitor's Information Centre Stall

The magnificent spring day on Saturday the 17th October boded well for the eighth Lake Grace Shire Visitor's Centre with their Market Day being a great success. There was a continual stream of people coming and going through the twelve stalls, which were kept busy all morning.

Many treasures were on offer; with household goods, toys, preserves, lotions and cards being sold. Morning tea was available; scones jam and cream, tea and coffee or donuts. A sausage sizzle finished off the mouthwatering aromas as patrons perused each stall.

Adults mingled and children connected with friends for the morning. The stall run by Emma Taylor raised \$66 for the Cancer Council while the stall run by Nola Frost raised \$272 for the RFDS. Sheryl Smith won the raffle for the Tupperware Server Centre and Eibhlis Newman was the closest number in the Jelly Bean Guess (number was 298).

It was a massive show of support for the Visitor Information Centre by the various community organisations, charities and individuals who had stalls and also by the community members who attended. See you again in 2010.

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Telecentre Opening Hours

Monday - Friday

9:00 am - 12:30 pm

1:30 pm - 5:00 pm

Library Opening Hours

Monday, Tuesday, Thursday and Friday

9am - 12:45pm then 1:15pm - 5:00pm

CLOSED on Wednesday

Deadlines & Editions



All articles, news & advertisements should be submitted to the Telecentre by close of business on Monday of paper week.

Next Deadline

Monday 2nd November

Next Edition

Thursday 2th November

LAKES LINK NEWS

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Thank You's	FREE	FREE
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<i>Conditions do apply.</i>		



To the **very** dedicated team who have produced and compiled this edition of the Lakes Link News.

Elsie Bishop

Gwen Oliver

Val Whiting

Michelle Dunham

Terry Parker

Thank you also to our many contributors of articles.

DISCLAIMER

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- 4) Lakes Link News reserves the right to shorten or otherwise amend any contribution other than advertisements.

EDITORIAL

- When sending in photos please include the names as this would help the volunteers and save valuable time.
- Thank you to the ladies who put the time to come and help.

Cheryl Chappell

Wanted

*Photos of old Pioneer homes in the
Lake Grace Shire
For drawing exhibition.*

Please Ph Val 9865 2363



Thanks

To the Collators of the Last Edition

Maurie Gilson

Allan Zweck

Nola Frost

Alex Reeves

Val Whiting

Craig Reeves

Trish Medlen

Eileen Mather

Pingrup Community Church

The Community Church in Pingrup will be celebrating the 50th Anniversary of the consecration on

Sunday November 15th with a service commencing at 10.30am.

Father Dave Russell priest with oversight to the Lake Grace area will celebrate at this time and all former worshippers are most welcome to come a share with the community.

Further details are available from Alison Furphy (0920 6023)

A bus will depart from St Annes Lake Grace at 9.30am on the day.

In Memory

of Eileen Traves

*Who was born one
hundred years ago on
30/10/1909*



*Ross Chappell would
like to thank those
who voted for him in
the recent Shire
Council Elections*

Need an ambulance? Ring 000.

Excellent Turnout for Local Government Elections

Local Government elections are done and dusted with the Lake Grace ward displaying an excellent turnout rate. On the eve of the election, WA's electoral commission had a state wide turnout figure of 31.82%, this was expected to rise to 34% by the close of the polling booths. Lake Grace surpassed this figure with a turnout rate of 57.46%.

Of the 590 electors in the ward, 339 took part in the election process. Ollie Farrelly was returned for his third term with a resounding 278 votes. New candidate, Ross Chappell, pipped Steve Hunt at the post with 172 votes versus 148.

Each elector had an option of up to two votes, with 591 valid votes recorded it shows that a large number of electors opted with only making a single choice. Returning Officer, Terry Gladish, said that it was wonderful to see such a good turnout but disappointing to see the number of invalid votes returned. Although the instructions appeared to be clear some electors failed to sign and date the declaration or simply tore it off, making their vote invalid.

New (and returning) councillor's Dean Sinclair, Ian Chamberlain, Ross Chappell and Ollie Farrelly will be sworn at the next council meeting on 28th October at the Lake Grace Shire Chambers. Proceedings start at 1pm

and everyone is welcome. Following the swearing in, votes will be cast for President and Vice President and a seating ballot for the shire chambers will be carried out.



Above: Shire Officer Lee Trevenen and Returning Officer Terry Gladish count votes.

Newdegate Annual P&C Garden Tour

Thursday 22nd October 2009

Meet at the Gazebo at 8.45am for a 9am departure returning approximately 2.45pm.

Included in the \$25 entry ticket (\$20 if taking own car) is a sumptuous morning tea and prizes galore in the mini raffles. Enjoy travelling around in an air-conditioned bus appreciating the gardens in the Lake Bidy district. To end the day, a complimentary glass of champagne will be available.

Please bring along a water bottle, your lunch, a small folding chair if possible, a hat and your sense of humour!

RSVP to Jill Dykes on ph 98719024 fax 98719013
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ABOUT TOWN

- Belated sympathy to Ross Prout, a past principal of Lake Grace District High School, and his family as his mother, Eva, passed away recently.
- Congratulations to Brad and Jessica (nee King) Westphal on the arrival of their baby girl Maleah Grace on Tuesday 13th October at 8:04pm in Narrogin weight 7lb 10oz. Lots of dark hair Mum and bub doing well. Father still coming back to earth.
- Congratulations to Danny and Michelle Fenton on the arrival of daughter Millah Kate born on the Sunday 18th October weighting 7lb 5oz a little sister to Charlie and Hunter.
- Well done to Phoebe Robertson who has been selected to try out for the U/13's hockey talent squad.
- Well done also to Ellie Naisbitt who has been playing in the U/15 state hockey team in Brisbane during the recent school holidays.
- Congratulations to Kristie and Derek Stanton on the arrival of Alby George at 4:50am on Monday 19th October. Alby weighed in at 6lb 12oz and is a welcome baby brother for Tess.



HAPPY BIRTHDAY

23rd October	Shaye Bowron Steve McPherson Iris Willock Keith Hubbert	27th October 28th October 30th October	Luke Battison Paula Carruthers Thomas Gambuti Wally Cameron Noel Giles
24th October	Grant O'Neill Ken Jenks	1st November	Trent Frost
25th October	Paige Zweck	2nd November	Kael Gray
26th October	Sam Willock Connor Bray	3rd November	Reece Duckworth Ross Ramm

Thank You

I would like to thank all the Lake Grace Hospital Staff, Lake Grace community and the Lake Grace High School for their help, support, friendship, acceptance encouragement and love they gave to my children and I during our stay here in Lake Grace.

May God Bless You All

Khonzi



Scanning

Have your family photographs scanned and saved to CD at the Telecentre.
We can also download from your digital camera.
Enquiries on 9865 1470.

Medicare

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Lake Grace Weather

- Terry Gladish



Extremes for October:

Highest monthly rainfall	78.1mm	1935
Lowest monthly rainfall	0.0mm	1941
Highest number of rain days	14	1989
Lowest number of rain days	0	1944
Highest daily rainfall	42.8mm	18/10/1995

Date	Min	Max	Rain
7/10	13.3	19.6	
8/10	12.6	28.0	
9/10	10.4	30.7	
10/10	13.5	19.3	
11/10	5.7	16.1	1.0
12/10	5.1	19.6	
13/10	8.1	21.5	
14/10	10.0	22.1	
15/10	9.1	23.4	
16/10	6.4	27.0	
17/10	8.5	32.7	
18/10	15.0	35.7	
19/10	14.0	23.5	
20/10	8.4	22.3	
21/10	7.0		

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Ian Dupe
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Email: berylw2@westnet.com.au



Lake Grace Artists' Group notes



Our month-long celebration, Art in Motion: driven by wind, is coming to an end. By now you should have seen numerous artworks down the main street that are flying in the breeze – in particular our new banners which were made by a dedicated group of art members with the help of fantastic tutor Jennie Abbott recently. Lots of laughs, patternmaking, cutting with a soldering iron, pinning slippery sailcloth, figuring out seam allowances and mountains of stitching has turned mere fabric into the lovely artwork flags you with more still to come. We feel we will look very flash when we have our exhibitions now! When the flags are out you know there is something really important on at the Artspace! Thanks girls.

You don't need to bring anything, except your bike of course, because when we finish the kites we'll be riding up to the oval (or walking, if you prefer) to give them a whirl while enjoying a sausage sizzle lunch. Feel free to decorate your bike with streamers and wheel clickers – PRIZES for the best decorated bikes, longest flight for paper planes and best flying homemade kite. Everyone is invited to come and join us – especially if you've got a kite or remote controlled model plane, helicopter etc, already lurking around your house. You can meet us at the oval from 12noon to join in the fun. For any queries before then, email thesleepingtree@bigpond.com

Sarah Allen

So we've only got a week left to celebrate the windy wonder of Lake Grace, but we're still hoping more little creations will pop up across town in that time. It's not too late, so if you haven't made an effort to do anything yet, please give us a hand to really make a show of the town.

To wind up Art in Motion we'll be having a **closing celebration on Saturday October 31**. Starting at the Artspace at 10am in the morning we'll have some materials on hand for people to come in and make some basic kites, paper planes and other wind toys.



Above: Banners made for Art in Motion

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Saturday, October 31st

Our month-long celebration of wind will be wrapping up on Saturday, October 31st.

We'll meet at the Artspace at 10am to get creative making some simple kites and wind-toys.

You don't need to bring anything, except your bike of course—you can park your wheels next to Rosie's, ready for when we ride up to the sports oval shortly before lunch.

If you've already got a kite, model aeroplane, even a paper plane, that you want to fly, then you can meet us at the oval from 12 noon, to join in the fun. A sausage sizzle will be available for lunch.

See you there



Ride for Prostate Cancer

Pauline Taylor and her entourage were successful in raising \$8,000 to go toward the fight against prostate cancer. Each of the riders were successful in gaining sponsorship for their ride while others more keen on keeping their feet on the ground rattled tins to get cash.

Beginning their ride from Narrogin on Thursday 8th October, Pauline and crew arrived back in Lake Grace at 5pm on Sunday 11th. Narrogin was very successful in raising funds, Dumbleyung held a movie night while the town that has it all, Harrismith, raised \$1,000 for the day.

Aside from Ellie (Pauline's mare) getting a sore back at Harrismith and having to sit out for 62km, everyone coped well with the adventure.

Taking part in the ride were Pauline Taylor on Ellie,



Azure Sea on Bell, Narelle Leo on Amber, Zoe Cameron on her very lofty 16 hand steed Tuscany, Mia Gooch and Amy Carruthers joined the ride in the latter stages on their ponies Oddie and Bobby.

The support crew were comprised of Ross Taylor, Barry Killick, Peter and Anke Stoffberg with family Denica and Michaela. Peter and Hayden Edwards provided a meal at Dumbleyong. Trish Cameron provided lunch on Sunday. Ron and Rachael Pelham supplied a sausage sizzle at the conclusion of the ride on Sunday evening. Audrey Evans kept the home fires burning by raising funds in Lake Grace during the ride.

Pauline and her fellow riders and support crew would like to thank everyone who contributed in any way to the success of this event.

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Tips for family, friends and carers when visiting people with Dementia

1. Develop a flexible attitude when visiting your friend or relative. The person with dementia may be tired that day and the visit may not go as you had planned.
2. Take something with you to engage the person: a magazine or the newspaper, to read out interesting articles or do the quiz together.
3. Tap into and utilise the person's remaining strengths, their humour, long-term memories and the five senses.
4. Make a life book for the person and work through it on your visits. This is a wonderful way of validating the life journey and reminiscing over old accomplishments.
5. Start a 'communication book' of important things to remember. This can be written in and read by all visitors and act as a memory prompt for your friend or relative.
6. You will often have to run the visit yourself. The person with dementia may not be able to 'entertain' you, the visitor.
7. Pack some activities or treats for the visit, perhaps some flowers, a food treat or an interesting object to talk about (such as old photos and postcards). This can then become an activity which helps with stimulation and reminiscence.

For more information contact National Dementia Helpline 1800 100 500

Visiting Allied Health (from Narrogin):

Physiotherapist

Available every Monday— at the Lake Grace Medical Centre.

Occupational Therapist available every Thursday.

Speech Therapist available every Thursday.

For all the above visiting health staff, appointments can be made by phoning Narrogin Primary Health on 9881 0385

HACC Activities:

Morning Tea at the Lakes Village Hall

Tuesday 27th October

10:00 am (prior to Chair Aerobics)

Seniors from Kondinin/Kulin will be visiting this day

4th Friday Activity Day

Friday 23rd October

10:00 am—1:30 pm

At the Lakes Village Hall

Activities / games / trivia

Light lunch — Cost: \$5.00

Any enquiries about HACC services and activities can be made by calling 9890 2222.



Immunisation Clinic

Lake Grace

Thursday 19th November

9.00 am—12 noon
by appointment only

at the Medical Centre,
Lake Grace

Call Elizabeth Trevenen on 9890 2246

Newdegate—first Wednesday each month.

Call Jill Dykes 9871 9024



P.A.T.S.

Please can all people who are accessing Patients Assisted Travel Scheme make sure that their paperwork is fully completed. In particular, the Blue form **MUST** be **Signed by the Specialist**. This all makes the process much easier and you can get your payment quicker.

Road Toll Sparks Call for RoadWise Volunteers

THE latest crash statistics for the Wheatbelt South Region paint a grim picture.

The 2008 figures show vehicle crashes in the WA rural regions accounted for 119 fatalities out of a total of 209 State-wide, with 25 of those fatalities in the Wheatbelt region.

Interest is being sought to establish a Road Safety Committee in the region to help cut these devastating figures. To June 17 this year, road death statistics show that 129 people have perished on Western Australian roads, of which 81 were on regional roads.

Where communities have operational Road Safety Committees there is a notable reduction to road crash incidents.

Local Committees have the insight into where potential black spot areas exist, and this information may be presented to the Local Government or Main Roads for rectifying or road upgrades.

Country roads are notorious for single vehicle crashes as past data has proven. The Wheatbelt South region, consisting of 19 Local Governments

from Beverley /Narembeen to West Arthur/ Lake Grace, in the decade from 1995 through to 2004 reported 3,539 car crashes of which 80 fatalities occurred and 495 hospitalisations. The Wheatbelt South Region's Fatality rate of 48.43 per 100,000 persons is 5 times higher than the state average of 9.92 per 100,000 persons.

With the establishment of working Road Safety Committees in the region there are indications the number of fatalities and crashes may have been reduced by up to 50 per cent.

Hopefully there are interested parties in the region who are willing to provide their time and energy in promoting road safety. They must be prepared to organise an operational RoadWise, Road Safety Committee within their shires in a major effort to reduce the heartache associated with the loss of a loved one due to a fatal road crash.

If you are interested in forming or joining a Road Safety Committee please contact your shire or Local Road Safety Officer from the WALGA RoadWise Program on 9881 5100.

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Cruising with the Seaman's

Due to our late arrival in Cape Town the previous day, Sunday 31st May was going to be a full on day. With the ship not leaving port till 11.59pm that night, all passengers fully intended to make the most of our visit to Cape Town.

To give you an insight to what many people call one of the worlds most beautiful and livable cities here is an extract about Cape Town from the Princess's port guide. I'm sure you will find it of interest.

Many people call Cape Town one of the world's most beautiful and most livable cities. It is also a microcosm of South African history, and a unique world unto itself.

Many centuries ago, central and southern Africa were the realm of a wonderfully creative array of nomadic peoples, whom we call Khoisan. This group includes the diminutive San people, also known as Bushmen, who may be the world's most resourceful hunters and gatherers.

Their cousins the Khoikhoi, called Hottentots by some, add the herding of animals to their hunting skills. They are somewhat more settled than the San, and are taller because of a richer diet which includes milk and meat.. Both groups speak a unique language which incorporates a series of distinctive "click" sounds.

The Khaisan people may have appeared in southern Africa as early as 40,000 B.C. Even today, they know how to use 500 species of plants and animals to make life easy and pleasant for themselves. Their livelihood is much safer than that of "more advanced" people who depend on a handful of food crops. In nearly any natural shortage or disaster, traditional farmers may have to depend on the astuteness of the San to help them find enough food.

At least 2,000 years ago, the Hottentots herded their cattle, sheep, and oxen all the way to the Cape, where they found good grazing, and a lush, Mediterranean-style climate.

A few centuries later (about 300 A.D.) the dynamic and highly developed Bantu people migrated into the region, by way of the eastern coast. These Bantu tribes were excellent farmers and cattle herders, but also produced high quality pottery, and ironwork not surpassed until the industrial revolution in Europe. Their villages were intricately ordered, and their mines produced tin, copper, and gold in lavish quantities.

Before the coming of the Europeans, neither of these major African communities had much contact with the other. But in 1487, Bartholomeu Dias reached the southern tip of Africa with two caravels and a store shop. He was seeking a way around Africa, and had been badly buffeted by gales. He reported his discovery back to Portugal, calling the prong of land the Cape of Good Hope (it sounded better than Cape of Storms). Ten years later, Vasco da Gama rounded the same Cape on his epic voyage to India; he confirmed Dias' observations, but stopped only for fresh water.

The first Portuguese to attempt an exploration was Antonio de Saldanha, who found a few hundred Khoi people...suspicious, but friendly. He reported back that the water was good, but that the Cape seemed to offer only trouble otherwise: unstable weather, rocky shorelines, and no trade of which to speak.

That settled the matter for a century and a half. Then in 1647, a Dutch merchantman was wrecked off Table Bay. The survivors built a fort and explored inland while waiting to be rescued. They reported good soil, healthy cattle, and a lovely warm climate.

The Dutch East India Company was already looking for a secure base for shops and supplies on the way to Indonesia. They sent Jan van Riebeeck with a small band to establish a "factory" or supply base at the Southern Cape in 1652. Slaves were imported from East Africa and Indonesia to help with the farming; there was some trade at first with the Khoisan people, but little contact otherwise.

The Cape farms produced abundant fruit, grain, vegetables, and wine grapes. The next logical step was raising livestock, but this would require more slaves, since the numbers of European workers remained small. Many Khoisans were reduced to bondage at this point, and some produced mixed-race children who would be significant in later years. There were several German Calvinists among the Dutch, and 150 French Huguenot refugees were added in 1688. All were united by the Dutch Reformed Church, which was rooted in the teachings of John Calvin. In the 17th century, that meant that they were strongly convinced that they were "chosen" elected by God to prevail in a hostile world.

Over the next century, the Dutch-speaking farmers or "Boers" prospered in the friendly climate of the Cape. Some of the most venturesome or individualistic of them drifted northward and eastward to carve out new lives in the interior, away from the traditional constraints of society.

These people were bold and courageous, but largely uneducated, except for the Bible, they had no learning or knowledge of the outside world. Events of the 18th-century Enlightenment, and the American and French Revolutions had no impact on their thinking. With their cattle and slaves, they were a living time capsule of the covenant-world of 17th-century Holland.

By the 1770's, leading elements of these Boer migrants had reached the Great Fish River, and their first contact with sophisticated Xosha people. Both groups were looking for the same thing: good pasture land for their cattle.

The Xosha were a Bantu tribe, present in fairly large numbers, and they had already laid claim to much of the best land. The Boers were few, but they knew how to use modern weapons.

There was an attempt to use the river to separate the groups, but that failed in 1779, when a frontier war broke out. There would be eight more wars before peace was restored.

During the wars of the French Revolution, there was some fear that the French might seize the Cape to use as a naval headquarters, so a British fleet occupied it in 1795. There were more slaves than whites at the time, with deeply entrenched distinctions based on colour. British ownership of the Cape Colony was confirmed in 1815, and substantial numbers of new immigrants arrived to settle in towns and cities. The Boers remained largely rural, and continued to control the agricultural life of the colony.

Slavery was formally banned in 1833, and the British government

Cruising with the Seaman's *(cont.)*

appeared to insist on racial equality. Some Boers accepted the new structure, and stayed where they were. Others were unhappy enough to join a migration north and eastward to escape British jurisdiction. This was the Great Trek of the 1830's, as thousands of families moved themselves and their lives to the rich lands which they named Transvaal and Orange Free State.

Occupation of the new territory was not difficult, since fear of the Zulus had temporarily depopulated it. The Boers clashed many times with Zulu armies, but usually survived by chaining their stout wagons together and using their well developed marksmanship.

Eventually, these Boer Republics were re-incorporated into South Africa as a result of the Boer War. But the old hostilities came along with them, as more recent events have shown. The great violence and hostility of the Apartheid period tore at the nation to such an extent that many saw no hope of peace.

Since 1990, the biggest surprise of the new multi-racial transition is how many people from all factions appear to be working together in harmony. The leadership of such pioneers as Nelson Mandela, F. W. de Klerk, and Bishop Desmond Tutu has been crucial.

The city of Cape Town remains the cradle city of the nation, and one of the most scenic places on the globe. Table Mountain is a stunning landmark, which had become a symbol of the whole region. Views from there reward the visitor with an appreciation of the city, the shoreline, and the pounding Atlantic.

The Castle of Good Hope was built by van Riebeeck between 1279 and 1666, making it the country's oldest monument. The original mud-walled enclosure was replaced by the stone fortress we see today.

Greenmarket Square is a picturesque part of the central city. Cobblestones and narrow streets create the feeling of an old world village. The city park known as the Gardens actually grew out of the "company's Gardens" - the old farming zone for the Dutch East India Company. Today the National Botanical Institute manages the thousands of plants with meticulous care.

The President's House, National Gallery, and Houses of Parliament all lie within a comfortable perimeter.

The Grootte Kerk represents the origins of the Dutch Reformed faith in South Africa. The original church on this spot was built in 1704, the present one dates from 1841. Several tombs inside honor early pioneers.

Wherever you look in Cape Town, you see the very diverse roots of a fascinating cultural mix. The more carefully you search, the better you will understand.

Our first tour for the day was to one of the nine national botanical gardens situated in South Africa known as Kirstenbosch National Botanical Garden and what a fabulous tour this turned out to be. A botanical garden more than just a park. They are living museums containing collections of plants which are used for displays, scientific research and education, and they play a vital role in the conservation of plant biodiversity.

Kirstenbosch—a living display of the floral riches of South Africa is the flagship of these nine gardens and is internationally acclaimed as one of the great botanical gardens of the world. And it was not hard to believe after visiting it.

Situated on the eastern slopes of Cape Town's magnificent Table Mountain, the gardens covering 528 hectares include a cultivated garden and a nature reserve. The developed garden has 36 hectares of displays, collections of Southern African plants including many rare and endangered species. Themed gardens include the Fynbos garden, Braille Trail and Fragrance garden, useful plant garden and a water wise demonstration garden.

The botanical society conservatory is a desert house which displays the succulent treasures of Southern Africa, as well as a collection of bulbs, ferns and indigenous alpine plants.

A stunning floral array of plant life that all who visits will always remember. Our guide for the tour was a black South African. They say that every person has a double somewhere in the world and for you people who can remember our likeable and loveable Jacko, who resided in Lake Grace, till unfortunately passing away a few years ago. This person was a reincarnation of Jacko. He left us with no doubt as to his diversified knowledge of what these botanical gardens had to offer.

To finish the tour we were taken to the restaurant and, much to the delight of the women, were treated to tea and scones. The scones were the size of bread and butter plates, spread with butter, cheese or jam, topped off with a good old cup of tea. A meal in it's own right and a wonderful way to finish a truly magnificent tour before heading back to the bus to return to the ship. Even though we were already on the eastern slope of the Table Top Mountain, unfortunately you have to return to the ship if you are going on more than one organize tour for the day to reallocate for your next tour.

One thing I have not mentioned were the weather conditions on this Sunday May 31st. Having just experienced the stormy conditions rounding the Cape the previous day the conditions had abated, but heavy cloud was covering the top of the mountain with thicker rolling clouds sweeping across the lower portions of the area. Not only myself, the other passengers were hoping it would clear before our tour to the top that afternoon.

One o'clock came and it was time to marshal for the tour. Bad news. Conditions on the mountain not too good for us tourists. Options: have a refund on your ticket or take a chance on the weather improving by the time we arrived at the mountain. Now I have not come this far not to at least attempt to get to the top of this flat topped central massive mountain which gave this land mark its name. The revolving cable car gives stunning views over Cape Town and its surroundings. Once on top, viewing decks that hang over the edge of the mountain offer wonderful viewing and photographic opportunities. Who would want to miss that, not me for sure, so we boarded our bus and off we went. The drive to the mountain took us along the beaches which even at this time of the year (winter) looked inviting for swimming or just walking the sandy white beaches. Turning inland we started our climb upwards through the lush bush lands towards our destination. The clouds were thicker and the temperature was dropping fast. When you are about half way up the mountain, the bus can go no further and you

Continued on page 25

SCIENCE AND STUFF

COLDEST PLACE IN THE SOLAR SYSTEM: Poor Pluto, first it gets kicked out of the planet club, now it has lost its place as the coldest spot as the coldest known place in the solar system. Dark craters on our own Moon have snatched the title which is good news for the prospect of finding water ice. Instruments on NASA's Lunar Reconnaissance Orbiter (LRO) measured the emitted and reflected radiation given off by the lunar surface to gauge temperatures within craters at the lunar south-pole. Shadows cast by crater margins keep some regions in permanent darkness. The measurements revealed they stay at a chilly -240 °C, just 33 °C above absolute zero. Pluto was measured at -230 °C in 2006. This makes the cold temperature for the prospect of finding water ice in the Moon's shadowy pockets. The previous calculations had shown that water and volatile gases would dissipate into space at temperatures above about -220 °C.



TB KILLED MUMMY: An autopsy that began almost 200 years ago has reached a conclusion. Dr Granville's mummy died of tuberculosis. Augustus Granville described his Egyptian mummy to London's Royal Society in 1825. The remains are of a woman who died in Thebes around 600 BC, aged about 50. From his own autopsy Granville concluded that she had died of ovarian cancer. But around 20 years ago, new tests suggested that the ovarian tumour was benign and that the mummy had malaria and inflamed lungs. Now Helen Donoghue of University College London and her colleagues have found a short repetitive section of DNA from Mycobacterium tuberculosis in tissue from the mummy's lungs, bone and gall bladder. They also found biomarkers specific to the cell wall of the bacterium in the lungs and bones, suggesting that TB infection had spread from her lungs to the rest of her body, so-called disseminated TB (Proceedings of the Royal Society B, DOI: 10.1098/rspb.2009.1484). In ancient Egypt, this would have been fatal, says Donoghue. The team found no further evidence of malaria, and the test that originally detected it has been withdrawn.



EARLY FARMERS CLEARED OF CARBON CRIMES: Our ancient ancestors are off the hook about contributing to climate change. About 6000 years ago, levels of atmospheric carbon dioxide rose and until now slash-and-burn by the 12 million humans on the planet at the time has been blamed. Now these early farmers have been absolved. The 20-parts-per-million rise in carbon dioxide concentration which occurred between 7000 and 500 years ago wasn't their fault, say Joachim Elsig at the University of Bern in Switzerland and his colleagues (Nature, DOI: 10.1038/nature08393). The team extracted air bubbles from an Antarctic ice core to identify the origins of carbon dioxide entering the atmosphere over the past 11,000 years. The ratio of

heavy carbon (carbon-13) to light carbon (carbon-12) reveals whether the gas came from burning forests or not. "The results show unequivocally that most of the increase in carbon dioxide between 7000 and 500 years ago is due to release of carbon from the ocean, not to the axe-wielding humans," says Eric Steig, an isotope geochemist at the University of Washington in Seattle.

GOING UNDER: The sinking fate of Venice could be shared by the half-billion people who live in delta regions - many of them in megacities such as Bangkok. A study of river deltas around the World shows that most are sinking due to human activity. James Syvitski of the University of Colorado at Boulder and colleagues studied satellite images and historic maps of 33 deltas, and found that 24 were sinking (Nature Geoscience, 10.1038/ngeo629). They blame a combination of rising sea levels, extraction of irrigation water and the removal of oil and gas from underneath the deltas. Reservoirs and dams also contribute by trapping sediment that normally replenishes deltas. Deltas at greatest risk include the Chao Phraya in Thailand, the Colorado in Mexico and the Rhone in France. Five regions, including the Amazon and the Congo, were found to be stable.



FEATHERED DINOSAUR IS OLDER THAN EARLIEST BIRD: The record for the oldest feathered dinosaur, which has stood since the discovery of Archaeopteryx, has finally fallen to an even older fossil unearthed in China. The find has already shed new light on the origin of birds. Spectacular feathered dinosaurs discovered in the last decade or so show clearly how a small group of theropod dinosaurs gave rise to the first birds, but these specimens are nearly all Cretaceous in origin, at least 20 million years younger than Archaeopteryx. Feathered dinosaurs pre-dating Archaeopteryx have remained elusive, largely because the Jurassic theropod fossil record is so poor. Enter Anchiornis huxleyi, it comes from the Tiaojishan formation of Jianchang county, dated to between 161 and 151 million years old and therefore older than the 150 million year old Archaeopteryx-bearing German rocks (Nature, DOI: 10.1038/nature08322). Anchiornis possesses well-developed feathers on all four limbs, and comes from a "critical stage along the line to birds", says Xu Xing of the Institute of Vertebrate Paleontology and Paleoanthropology in Beijing. Probably the evolution of longer and stronger fore wings [ultimately] made the hind wings unnecessary." It is unclear, however, whether Anchiornis could fly. It has unusually long legs, suggesting it might have been able to run fast, though the long leg feathers could have made rapid movement difficult.

Source of information comes from New Scientist, Scientific American and Ming Magazines.

Maurice Gilson.

Sunnywest Caravanners

It is a very important road that runs through our town. Not only does it serve the needs of the local people for their going and comings, but it serves those also from many distant localities. Monday 19th, was the day of the Sunnywest Caravanners to pass through our town, though in line with their dictum, "to spend a bit of money in each town they visit", to show their support, they made a brief stopover.

Nine caravans and tow vehicles lined up behind each other at the "railway ground" was an eye catching sight. It was the annual two week rally, organized by Mary Marsh, (and Charlie), for the Sunnywest Caravanners, who were travelling from here to Lake King, then Hopetoun, and returning along the coast road to Cheynes Beach, Denmark, Pemberton, Augusta and Gracetown. Most of them, maybe all, were retired, and - or pensioners, and come from all over the Metropolitan area.

They also have Roving rallies once a month, when they go away for a weekend. Among the group were a farmer, carpenter, wood turner, railway guard, a couple of truckies, road pilot, manual arts instructor, several school teachers and most of the ladies were craft workers - and home duties someone said! Their logo is; a radiant sun over WA, encircled with SUNNYWEST CARAVANNERS, on a green background.

One lady, Elaine, is involved with the West Australian Floral Art Society, and she told us it was **their turn next year, in September**, to host the Big Floral Art show in Perth, which I understood was an Australia wide event held every four years. The Society has a site on the internet for those interested – and mark your calendar now for the big Show next September!

Another lady, Marjorie, does much beautiful crochet work, and the Club members give her the wool which she crochets into knee rugs, so that every town they



Above: Diana Gosling, Allan Zweck and Colleen Hopkins (Health Services Manager)

visit, where they know there is care for the elderly, at the hospital or a home, they like to present a knee rug on behalf of the Club. No two rugs are the same! On this occasion, Marjorie very graciously gave me two knee rugs to present to our Hospital! Marjorie usually likes to make the presentation herself, but as the group were about ready to move on, she allowed me the honour in her stead. The presentation has been made and gratefully received by Colleen Hopkins HSM. At Lake Grace Hospital we have five beds for permanent residential care, and five beds for acute patients.

Allan Zweck.

NEW STOCK HAS ARRIVED AT THE VISITOR CENTRE

Bottle House Creations

Devine Body and Hand Cremes.

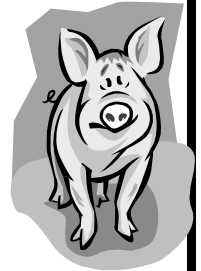
Salt Lake with Shea Facial and Body Scrubs

Liquid Soaps in many delicious fragrances

More Exquisite Wood Work from ROSS RAMM

*ALL Perfect for Christmas Gifts
See you at the Visitor Centre TODAY*

Swine Flu Vaccination Clinic



Free vaccination for
Swine Flu for anyone
aged over 10 years.

Next Clinic Tuesday 27th
October 2009 from 2pm - 5pm

To be held at Lake Grace
Medical Centre.

Phone 9865 1208 to make an appointment.

Life in the 50's *by Allan Zweck*

Sometime ago my grand daughter wrote to me and asked questions about life in the 50s for her school project. Though my answers are set in South Australia where I lived until 1965, they are still relevant and identifiable to many here.

How was your life in the 50's?

Life in the 1950s was a very happy time for me because I had just turned 12 and a half and was coming into my teen years. It was a time when I was growing from childish ways, into adult ways. In 1950 I was graduating from primary school to secondary school, which meant that I went to another town, Brinkworth, 15 miles away for Secondary School. In 1953 I left school, and started to work on Dad's farm, but first of all I went to work on my brothers farm 180 miles away from home, and we used to batch. I did not like that very much, being away from the rest of our large family. My brothers cooking was not as good as Mum's and we worked long hours in the cold weather. I would drive the tractor and on cold mornings my hands would get frozen and I got chilblains. We were clearing land and I had to pick stumps and stones, and when bush was knocked down, we would chop the biggest timber out of the trees and the stumps, and cart the sticks and stumps to town where we loaded them onto the train to Adelaide to be sold for fire wood. I got "homesick" so Dad kept me at home to work on his farm, where I was very happy.

I could then take part in the events in our town of Blyth, and I just lived for football and the company of many friends. I was a fairly big boy, and was soon able to play in our local team at Blyth. I had many enjoyable games and some disappointments when we got beaten in Grand finals, but in 1956 I played in my first premiership, and it was a huge thrill – we celebrated with a barbecue, then later with a big dinner.

There was always a lot of entertainment to take part in, like table tennis, cricket, bike riding, and in the early 1950's kids from the town would come to our farm and we would go walking to the scrub and did a lot of bird nesting, (collecting birds eggs), we would walk to the sand hills and have a great time playing in the soft fine sand. We also did horse riding, and sometimes we put the horse in the buggy and went for rides. I first learned to drive when our truck was in the farm yard, and for fun, I started it up. Then one of my older brothers came and showed me how to push the clutch in and put it into gear. I made many jerky starts and stalled the truck a lot of times before I got the idea of smooth starts.

Our Church had a very active youth group with up to 30 young people, and we had meetings every fortnight, with Bible study and a great variety of good entertainment. Our group would meet with others from other towns, and we would have socials where we would have games like dances, items and square dancing and it was great to mix with and get to know so many young people and have enjoyable entertainment. Dad would let us have his car and a load of us would often go more than 100 miles to a social, and the friends we made would also invite us to their 21st

Birthday party or whatever party they were having. We also had sports rallies, camps and conventions, and the Youth group always provided my favourite entertainment.

I also enjoyed working on Dad's farm, and did a lot of tractor driving, which I especially liked, and in time learned to take responsibility and manage the farm.

What was life like without TV?

Strangely, we were unaware that we were missing anything! In fact it was not until the 70's before I bought my first TV, and although TV came by the end of the 50's, we did not have one in our home. For evening entertainment we used to listen to the radio a lot, just like you tune into TV today. There were many serials, (stories played out), that were continued each night during the week. "Dad and Dave" was a humorous serial, and I still remember many raucous laughs we had, especially from my Dad. After that was "Martin's Corner" which I don't remember very well, then "When a Girl Marries", which was a bit of a romantic affair. I remember one actor, who was always a bit "simple minded", and when she went to bed would say in a ghostly tone, "Put out the light, then put out the light"! Then there was "Dragnet", a murder mystery, which would get us very absorbed in the plot, and there were many other similar stories. The "News" was also compulsory listening, to keep us in touch with worldwide events.

The radio was a very important instrument for us, and provided much of our entertainment. The latest songs could be heard on radio, where there was always the "Hit Parade" which would play the latest most popular 10 songs, and we would hear them often enough that we could sing-along ourselves. My favorite music was the Hillbilly programmes when we would regularly have country and western singers on guitar singing a story, both sad, and happy.

It was a wonderful feature when radios became common in motor cars. We could have music wherever we went, and could tune into whatever radio shows we wanted to while driving along. This only became common in the 50's, and when you bought a new car you had to say if you wanted radio, which cost extra, usually \$100. Portable radio also came into existence, and we then had the freedom to take a radio wherever we went, but they had big and costly batteries, which did not last a long time. Then radios came out that you could use on power or battery, so you could plug in to a power source when one was available and save the battery. I think it was also before the end of the 50's that transistor radios came, which were much smaller and efficient with batteries.

Often Saturday night we would go to the Pictures, (movies), if Dad would take us, and as we grew older we would take ourselves, and meet up with friends, and sit together in a group, which included girls and boys. In those years, most pictures were black and white. We especially liked the cowboy and wild west pictures and people would come for miles. Hopalong Cassidy was a

Roe Tourism Photography Workshop

A group of enthusiastic people clutching their cameras in anticipation, headed for Kondinin on Wednesday 7th October to attend a photography workshop facilitated by Michael and Jane Pelusey, organised by the Roe Tourism Association and supported by Tourism WA and the Shire of Kondinin. Roe Tourism, represents the Shires of Corrigin, Bruce Rock, Quairading, Narembeen, Kondinin, Kulin and Lake Grace. The day was cleverly designed to teach and encourage people to use their cameras with accuracy and skill in promoting and telling the story of our local attractions through photographs.

We arrived at the Kondinin Telecentre to hot tea and coffee and a very warm welcome. Michael and Jane Pelusey, the couple who instructed the group delighted everyone with their friendly and relaxed manner, knowledge and expertise. The workshop began with Mike and Jane telling us about their lives – they have clients all over the world and travel extensively taking photos and for magazines such as National Geographic and writing brochures. When home in Australia they travel in their caravan and write travel and caravanning books for Australian travel magazines. They also write children's educational non fiction books for Macmillan Education, you will find their books in your local library resource area for schools. You can find out more about Mike and Jane's travels through their website www.pelusey.com and subscribe to their 'e' newsletter.

The group consisted of 13 people from Lake Grace, Kondinin and Bruce Rock. Firstly everyone introduced themselves and their cameras with Mike and Jane explaining all the technical bits along the way. Mike continued the morning session with a visual display and details about things like: Magic hours of the day for taking the best scenic photos

- * Capturing the essence of what you see in a photo
- * Taking a series of photos of a topic to tell a story about what might be happening at the time and how to start with a wide view and then narrow it down to special areas
- * Composition of a photo - the third, third and third rule and do's and don'ts like not putting objects horizontally or vertically directly in the middle unless it is a portrait.

In no time at all it was time for lunch - a scrumptious array of different foods, catered for by the local hotel was enjoyed outside in the warm sunshine. People mingled and spoke about their town as well as photography and the different cameras; it was a great opportunity to connect with other people from our region.

Lunch over, it was back to learn more about lighting, portraits, subjects and what's a good photo while travelling.

A quick afternoon cuppa, then onto tourism and what makes a good brochure for our local region. How the photos are best arranged with 'texture' photos interspersed to make it interesting, without giving a complete picture of the area where people want to visit - so it is still fresh to them when they get there. What makes a good photo for magazines, and how to submit your photo - anyone can - an interesting extension onto anyone's passion of photography.

Jane runs the technological side of their photography business and explained the importance of backing up more than once and not having both backups in the same place. There are a number of ways you can save your precious photos of family and friends.

The lessons continued with a 'magic hour' field trip out of town to Yeerakine Rock, a water catchment now used to supplement the scheme water. The views were spectacular and the range of colours diverse. Let loose with our new knowledge and with our assortment of different cameras, we could be seen swarming all over the rock, lying, crouching sitting, climbing, all taking many photos at amazingly varying angles.

The conclusion to a perfect day - a tasty meal at the Kondinin Hotel and a screen display of some of the photos taken during the workshop was much enjoyed by all. Mike again assured everyone that you do not necessarily need a big camera to take a good photo - it is all up to the way you use it. Everyone now has 6 months to practice their photo taking skills and we will meet again in Narembeen in 2010 for another workshop. Thanks to Mike and Jane for making it such a terrific day – we're looking forward to next time already!



From left: Jane & Mike Pelusey, Gay Verhoogt, Pat Peake, Tess & Jo McCubbing, Janet Repacholi, Cheryl Chappell, Jenny Hardy, Grant & Trish Medlen, Val Whiting, Michelle Dunham, Gary Repacholi, Mary Naisbitt.



SHIRE OF LAKE GRACE NEWS & NOTES

PO Box 50 LAKE GRACE • PHONE 9890 2500 • FAX 9890 2599 • EMAIL SHIRE@LAKEGRACE.WA.GOV.AU

From the CEO's Desk

The outcome of the Local Government Elections held on Saturday 17 October 2009 saw the return of an existing councilor and the introduction of a new elected member. There was also the retirement of Royce Taylor from Council. As such, the Lake Grace Ward was the only ward that had a contested election. Congratulations to Ollie Farrelly on his re-election to Council. Also a very warm welcome to Ross Chappell as he makes his transition to the Shire Council as it's newest elected member. Commiserations to Steve Hunt who was the other candidate. Ian Chamberlain and Dean Sinclair were elected unopposed in the other wards. Also a big thank you once again to Terry Gladish for his part as the Returning Officer who oversaw the election on behalf of the Electoral Commission in Lake Grace.

Both Ollie and Ross will be sworn in as elected members at the Councilor Forum prior to the next council meeting on 28 October 2009. The swearing in ceremony will commence at 1pm and you are all invited to attend the ceremony to be held in Council Chambers at the Shire Office on Bishop Street. Once the swearing in ceremony is completed, the Council meeting will commence that will also see the election of the Shire President and Deputy Shire President.

Local Government elections are the basic building block of local government and it was pleasing to see that the electoral process has continued in Lake Grace against the back drop of the coming reform process.

Sean Fletcher

We are pleased to announce the appointment of Miss Nicole Chappell as our new Office Trainee. Shire Councillors and staff welcome Nicole to her new position.



Best wishes to Mark Spencer as he leaves us to be able to spend more time with his family in Wagin. Thank you for all the work you have done during your nine months with us. Best of luck!

Farewell

RESTRICTED BURNING TIMES (PERMIT REQUIRED)

Please be aware that between **15 SEPTEMBER TO 31 OCTOBER 2009** PERMITS are required prior to burning.

PROHIBITED BURNING TIMES

1 NOVEMBER 2009 to 31 JANUARY 2009 (ALL DATES INCLUSIVE)

FIREBREAKS MUST BE IN PLACE

1 NOVEMBER 2009 – 30 APRIL 2010 (ALL DATES INCLUSIVE)

RURAL LANDOWNERS MUST HAVE A MOBILE OPERATIONAL FIRE FIGHTING UNIT CONTAINING MINIMUM 400 LTRS OF WATER ON STANDBY

1 NOVEMBER 2009 – 30 APRIL 2010 (ALL DATES INCLUSIVE)

AN INFORMATION BROCHURE 2009/2010 IS AVAILABLE at the Shire Office or at the Post Office. Please phone Lee at the Shire on 9890 2500 if you would like a copy sent to you.





SHIRE OF LAKE GRACE NEWS & NOTES

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Tiwest Nightstalk for Lake King and Lake Grace

Thank you to everyone that participated in this years Tiwest Nightstalk. Both nights had cool and calm weather, perfect for our visit! There was a wide range of animals spotted including centipedes, spiders and lots of different varieties of ants. Our champion for the night was Mike Naisbitt who found a snake! Good work! All of these results will be forwarded to Perth Zoo for research purposes. To view the results in the up coming weeks log into www.perthzoo.wa.gov.au/Get-Involved/Nightstalk/Results/ Thanks again to those that came along to the Nightstalk. Look forward to seeing you all again next year.

Nadene Owen and Jo Morgan



Molly Owen, Jack, Charlie & Clancy Tonkin
Tuesday 13th October 2009
Pallarup Reserve , Lake King



Ben Weaver and Reece Lay
Thursday, 15th October 2009
The Jam Patch, Lake Grace



Your Local Night Stalkers
Thursday 15th October 2009
The Jam Patch, Lake Grace

Building Surveyor: Attendance at the Lake Grace Shire Office

- ◆ Wednesday 4 November
- ◆ Wednesday 18 November
- ◆ Wednesday 2 December



Shire Building Surveyor, Mr Darryle Baxter will be available at the Shire Office on the above dates. Should you wish to meet with Darryle we recommend you contact our office to make an appointment.

Driving Assessor

The Driving Assessor will be at Lake Grace Shire Offices on Friday 6th November 2009 to conduct Practical Driving Tests. Bookings are essential and limited. This is the only day that tests will be conducted in the month of August.



When you are making your appointment, please have your driver's licence number, contact number and date of birth ready to make the booking process quicker.



You must give more than 48 hours notice of cancellation to avoid cancellation fee. Please call Jess on 9890 2500 to make an appointment.



SHIRE OF LAKE GRACE NEWS & NOTES

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Licensing Reminder for those transferring a vehicle



Proof of ownership must be provided when an unlicensed vehicle is being transferred to a client. A tax invoice is not sufficient unless it is stamped "paid", nor is a contract to purchase as contracts can be broken. A receipt or paid invoice must be presented with details of the seller, purchaser, sale date, vehicle details, and purchase price (including gst).



EXPRESSIONS OF INTEREST Part-Time Reception & Licensing Officer

Customer Service experience is essential. Would suit those looking for school hours.

Please contact Mark Burbridge on 9890 2500 to register your interest and seek for further information.

Mental Health First Aid

Help your community: Learn how to give
Mental Health First Aid

Where: HYDEN

When: Thursday 5th & Friday 6th November 2009

Course Costs per person:

Community Members / Health Dept Employees - \$50

Other Government Depts / Non-Profit organisations - \$120

Private Organisations - \$200

The Mental Health First Aid is a 12-hour course designed to train adults to assist others in mental health crisis situations and/or in the early stages of mental health problems. The Great Southern Mental Health First Aid Partnership are offering this course at a reduced rate to improve mental health education access throughout the region.

Further details/registrations please contact.

Melanie Keogh

Great Southern Mental Health Service

PH: (08) 9821 6341,

Fax: (08) 9821 6325

Email: Melanie.keogh@health.wa.gov.au



Elders Rural Services Australia Limited (Elders) is a leading provider of livestock, wool, merchandise, insurance, finance and real estate products and services to Australia's agricultural producers and operates through an extensive network of over 400 multi-product focused branches/offices across Australia.

An excellent opportunity exists in our Lake Grace branch for a full time Merchandise Sales Representative in store.

Reporting to the Branch Manager, the main duties include:

- Merchandise client service and sales in store
- Maintain sales displays and storage areas to promote the sale of products to clients
- Ordering merchandise stock and stock control
- Processing sales and assisting with administrative duties

Work in a healthy and safe manner

Our ideal candidate will have, or be able to obtain:

- Knowledge of the basic principles of agricultural production
- An understanding of the products, seasonal timing and general requirements of rural producers in the area
- Sound administrative and organisational skills
- Competence in using computers
- Excellent written and oral communication skills
- Current drivers and forklift licences

Current Agsafe accreditation preferred

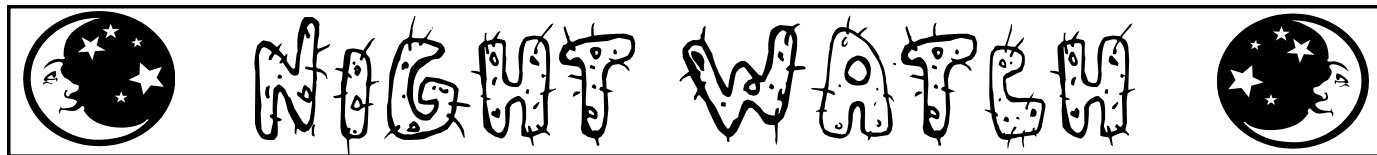
This position offers an exciting career opportunity with a leading agricultural services company in a key business location and a competitive remuneration package will be negotiated with the successful applicant.

Please forward application and CV to Karel Walker – Branch Manager – karel.walker@elders.com.au or via post to

Elders Lake Grace
Attn: Branch Manager
192-194 Stubbs Street
Lake Grace WA 6353

Applications close 30th October 2009

The logo features a red ribbon graphic that curves from the left side of the page towards the bottom right. The word "Elders" is written in a white, cursive-style font across the center of the ribbon.



Welcome to Night Watch for the period from midnight Friday 23rd October to midnight Friday 6th November 2009. – International Year of Astronomy which is always looking up.

Our Local star “**THE SUN**” shining at magnitude -26.72 resides in the Constellation of Virgo until it rises in Libra the scales on 1st November, rising south of East and sets south of west.

Morning twilight on Saturday 24th October starts at 3:53am, with evening twilight ending at 7:54pm. On Saturday 31st October morning twilight begins at 3:44am, with evening twilight ending at 8:01pm. The morning twilight on Friday 6th November begins at 3:37am, with evening twilight ending at 8:08pm.

The 50% **MOON** on Monday 26th October at 7am in Sagittarius will be at Apogee (furthest), from Earth at 404,166km's. Then at 8:34am the Moon will be in the 1st quarter phase at magnitude -6.6. On The 59% Moon on Tuesday 27 will be 3° (2 fingers at arms length) south of the giant gas planet Jupiter in Capricornus. On Wednesday 28th still in Capricornus the 65% Moon will be 3° south of Neptune. The 85% Moon on Friday 30th in Pisces, and will be 6° (3 fingers at arms length) south of Uranus which is in Aquarius. On Tuesday October 3rd, the 100% FULL MOON will occur at 3:06am in Aries shining at a bright magnitude of -12.

MERCURY and **VENUS** are not in view this fortnight as they move back towards the Sun.

MARS: the red planet in the constellation of Cancer (THE CRAB), shines at magnitude +0.4 and rises on Saturday 24th at 1:15am in the east and may be viewed in the North/east at 4:30am. On Friday 30th Mars rises at 1:02am and is just south of the large open star cluster M44 the beehive cluster. Mars on Friday 4th November rises at 12:45am. At this time Mars is moving closer to Earth, you may start to view some features on the planet surface before twilight begins.

JUPITER: the giant gas planet in the constellation of Capricornus shines on Saturday 24th at magnitude -2.5 high in the North/north/west at 8pm, will set on Sunday at 2:02am in the west/south/west. During Tuesday 27th, Jupiter will be 3° south of the 59% Moon. Jupiter remains in the night sky all this fortnight and sets at 2am each morning. Jupiter is very good viewing even with the Moon in the night sky as you can still view the 4 Moons and the belts around the planet with telescopes.

SATURN: the ringed gas planet in the constellation of Virgo rises in the morning twilight on Saturday 24th at 4:03am and shines at magnitude +1.3 in the East/south/east. On Saturday 31st, Saturn rises before morning twilight at 3:37am. Saturn on Friday 6th November rises at 3:15am at magnitude +1.2 and is now starting to make good viewing although the rings are still edge on until the end of the month.

URANUS: the blue/green gas planet in the constellation of Aquarius at magnitude +5.8 on Saturday 24th is near the border of Aquarius and Pisces below the star circle and sets in the West/

south/west on Sunday morning at 3:43am. On Friday 30th Uranus will be 6° (about 3 fingers at arms length) south of the 85% Moon and sets at 3:19am Saturday morning. Uranus on Friday 6th November will be north of the star Lamda and north of the ecliptic (sun's path), setting Saturday at 2:51pm (use of binoculars needed). Uranus may be found at around 8pm fairly high in the East/north/east this fortnight.

NEPTUNE: the grey/green coloured gas planet in the constellation of Capricornus lies north of the two stars delta and gamma near the stars 42 and 44. At magnitude +7.9 Neptune sets at 2:19am Sunday morning 25th in the West/south/west. On Wednesday 28th Neptune will be 3° (2 fingers at arms length) south of the Moon. Neptune on Friday 6th November at magnitude +8.0 will be in the night sky until Saturday 7th at 1:32am.

METEORS; may be viewed up to at least 10 per night and some appear during the day. Most objects entering the Earth's atmosphere do so at high speed simply because the Earth is moving at around 30 kilometres per second (108,000 km/hr) in its orbit around the Sun. They are as small as a grain of sand and what you see is the ionisation trail in the atmosphere as the air overheats and burns.

Jupiter's Great Red Spot may be viewed with telescopes on Friday 6th after 7:26pm. The Moon Europa returns from behind the disc at 8:51pm on Wednesday 4th. The Moon Ganymede on Friday 6th at 9:25pm will start to transit the disc. Other Jupiter events will be washed out by the full Moon.

TIPS for viewing the night sky: Always pick a spot away from white lights and glare. Use a coloured red or green torch for safety and to keep your night vision which takes about ten minutes. Get used to the sky at night with just your night vision and notice how the stars are in different lines and circles. Finding objects in the sky is very rewarding as there are so many different ones. To start learning the night sky objects, there are star maps and Planisphere star wheels which show the constellations which are drawn up for you to recognise. My star wheel is for 35° south which is for Australia – New Zealand – South Africa and Southern South America. Star maps are found in Astronomy magazines, Astronomy and Sky and Telescope. Other maps may be bought at telescope shops or sent away for. My Harold and Bobroff sky maps are probably the best to buy as it shows everything down to magnitude -10.0. The monthly star maps in the magazines show where the Moon and planets are and at what magnitude they are. Anything about the night sky regarding binoculars or telescope requirements, call at any time.

Viewing through my telescope at my house is free of charge, as well as the pointing out of constellations and major stars.

Maurice Gilson.

16 Clarke Avenue Lake Grace.

Phone: 9865 1516 or mobile 0458 538 388.

Working with children number 277357.

Email: mg11687@bigpond.net.au

Agritourism Australia

September 30, 2009 (Melbourne).

Agritourism Australia is geared up to launch its new website, a central hub for all information on tourism, hospitality, and produce offered by Australian farmers. With recent government interest in developing the agritourism sector in Australia, outlined in a report currently being written by the Bureau of Rural Sciences, Pauline and Corrado Porcaro, the directors of the new business, believe the sector is ripe to flourish. They hope to champion the development of the agritourism sector in Australia by developing a strong and recognizable brand and to work with farmers, local government and tourism authorities to design, develop and market the agritourism product available in Australia.

Pauline, a tourism teacher in the TAFE system, recently returned from an overseas Fellowship offered by the International Specialised Skills Institute, where she studied the Italian agritourism model. She found a regional agritourism project in a northern Italian region that saw agritourism ventures almost double in about five years. From 1999-2007, the area saw a 223% increase in arrivals and a 207% increase in visitor nights due to an excellent marketing program designed by the Gallo Rosso (Red Rooster) in the Alto Adige region. Agritourism Australia is building its business on the guidelines outlined by the Gallo Rosso and aims to emulate its achievements.

The Italian system is also backed by extensive government support and Porcaro has undertaken to lobby government to set up support systems here. Her lengthy report from the Fellowship journey is about to be released to both government and industry bodies here and will commence the Porcaros journey to attain support for farmers to start up in agritourism. Their plans also include developing training for farmers to assist in the development of new agritourism ventures.

After 16 years of teaching product development in tourism, Porcaro is excited to share her experience and her new learning from Italy with farmers around the country. Some of the exciting products the Porcaros saw in their travels were educational farms where farmers spent a morning with classes of school children sharing insights into farming while offering a healthy farm snack, agricamping facilities, or an adopt-a-sheep program where families from the cities adopted a sheep for their children and in return took home a picture of their new pet and received either a package of cheese or fleece once a year.

The first action that needs to be taken according to the Porcaros is to define agritourism and start using the word that the rest of the world is using. There also needs to be a good strategic plan developed at national and community level and good agritourism signposting erected in every town. Industry has to help to lobby government and tourism networks must work with farmers to develop the sector from an holistic approach. Nobody stands alone in tourism to create a new movement.

Currently Agritourism Australia is searching for farm businesses who would like to be represented on their website. Farmers can list their basic details free of charge under headings such as food and beverage, accommodation, farm activities, organic produce or produce for sale, or farm events. More detailed listings including photographs, in-depth information on the farm and its products, and access to the ability to update the information with last minute specials will also be available for a short time at a special once off listing price of first 3 months free and then \$99 for the year.

The temporary website has a space for farmers to log their interest in listing with Agritourism Australia at www.agritourismaustralia.com.au

DATE	SUNRISE	SUNSET	MOONRISE	MOONSET	DATE	SUNRISE	SUNSET	MOONRISE	MOONSET
24/10	5:15am	6:26pm	9:29am	D.N.R	31/10	5:08am	6:32pm	4:07pm	3:12am
25/10	5:14am	6:27pm	10:26am	12:10am	1/11	5:07am	6:33pm	5:09pm	3:41am
26/10	5:13am	6:28pm	11:22am	12:48am	2/11	5:06am	6:34pm	6:14pm	4:14am
27/10	5:12am	6:28pm	12:19pm	1:20am	3/11	5:05am	6:35pm	7:21pm	4:52am
28/10	5:11am	6:29pm	1:15pm	1:50am	4/11	5:04am	6:36pm	8:28pm	5:36am
29/10	5:10am	6:30pm	2:11pm	2:18am	5/11	5:04am	6:36pm	9:33pm	6:29am
30/10	5:09am	6:31pm	3:08pm	2:45am	6/11	5:03am	6:37pm	10:32pm	7:29am

Sportsman's Club

The Club will open at 12 noon Sunday
Commencing 1st November on a trial basis

★ Check This Out - Beer Carton Specials ★

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From October 22nd - October 29th - Be Quick



Phillipino Night – Saturday 7th November

Time - 6.30 pm - 8.30pm

Cost - \$25 per adult & \$15 per child



Bookings Essential
via fax - 9865 1214

First 100 Bookings



Come and experience Phillipino cooking at its best!

Live Entertainment

"Emmett" Solo Artist

Friday 23rd October 8pm - late

No Charge - Tsunami Fundraiser



Cruising with the Seaman's (cont.)

but the news was not good. No tour from this point on as the fog had closed the cable car and conditions on top were freezing. To say the least, to have come this far and not see this attraction, I was disappointed but its always safety first and so we adopted plan "B". This was a bus tour viewing attractions on our way back to the ship. This including a drive to the second highest point, Signal Mountain, also giving us spectacular views of the town and surrounding areas. While on top of the mountain, the swirling clouds engulfed us, so a quick retreat back to the bus so the driver could see to navigate down to a lower level, had to be done. The drive back through Cape Town itself and seeing the different types of buildings for the many variety of nationalities was very interesting proving that many nationalities can live in peace together.

As the ship did not sail till 11.59pm that night, the good lady talked me into paying a visit to the shopping precinct known as the Victoria and Alfred waterfront. This historic working harbor is South Africa's most visited tourist destination. Recently restored the area provides a variety of shopping, dining and entertainment for all ages. A very up market and expensive shoppers paradise.

Not for me, but I did enjoy the lively atmosphere of buskers, bands and bright lights. So after a busy but enjoyable day it was time again to head back to the ship and set sail to go back around the Cape again and head northwards up the coast for a full day cruising to our next port of call, Port Elizabeth. Where we visit the main stay of South Africa. The animals.



South Africa at a Glance

Size: 471,019 square miles, about slightly less than twice the size of Texas

Population: 49,052,489 (July 2009 est.)

Language: IsiZulu, IsiXhosa, Afrikaans, Sepedi, English, Setswana, Sesotho, Xitsonga and others

Capital: Pretoria

Type of Government: Pretoria (Administrative seat); Capetown is the Legislative seat; Bloemfontein is the Judicial seat

Currency: South African Rand (ZAR)

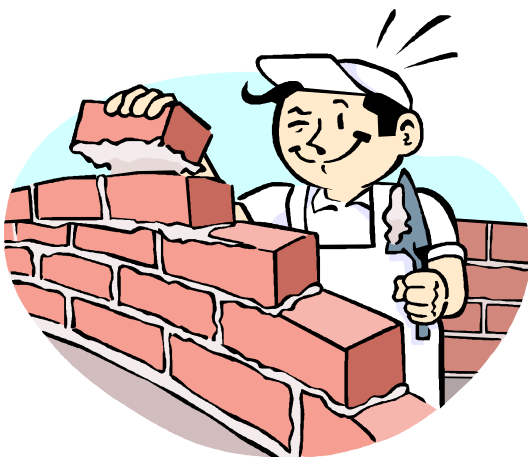
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Winners of the National Farm Health and Safety Conference

As part of the 7th National Farm Health & Safety Conference on the 13-15th October 2009 at the Vines Resort, Swan Valley, Alcoa and the Farmsafe WA Alliance teamed up to provide three conference attendance packages including single stay accommodation at the Vines Resort for interested parties committed to extending the farm safety message.

The winners of the giveaway are:

- Colleen Broad of Booker Farm in Oakford
- Brett Cox, Farm Manager at WA College of Agriculture – Cunderdin
- Michael Smith, Site Manager Gnowangerup Training Centre

Brett Cox said that he is appreciative of his prize as he views safety as a fundamental part of the process involved in actively engaging students at the college.

“By setting high standards and being able to deliver a relevant and up to date rural farm safety message to our students, the college will in turn be delivering to the wider community young workers skilled in safe farm practices who can influence the standard of rural operations” said Brett.

“It’s terrific to see that several of the package winners are from organisations that will influence youngsters in the rural

sector, hopefully the information they can impart to their students post conference will help improve the safety culture they take into the workforce” said Eugenio Azevedo, Alcoa Refinery Manager Wagerup.

Farmsafe WA Alliance and Alcoa would like to congratulate the above winners and thank all who entered the competition. The total value of each Conference Package prize is \$870.

CHRISTMAS SHOPPING

The LG Visitor Information Centre will be holding a TUPPERWARE PARTY with stock available in time for Christmas Gifts.

WATCH THIS SPACE FOR MORE DETAILS

For further details please phone Trish on 9865 1120 or Melissa Clifford on 9865 2324.



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PERMANENT POSITION

CLEANER

Level 1

**15 HOURS PER WEEK
(5 X 3 HOUR SHIFTS)**

A comprehensive job description and selection criteria are available on request from Lake Grace District High School.

Details for Application:

- : A resume (recommended length no more than three pages, including the names of two referees—one of which is a current line/manager employer).
- : A statement addressing the selection criteria (recommended length one to two pages).

Mark applications Private and Confidential and forward to:

The Registrar
Lake Grace District High School
School Place
Lake Grace WA 6353

By 3.00pm Thursday 29 October 2009



Lake Grace Shire Visitors Information Centre Market Day Wrap Up

Another HUGE Thank you to everyone who came and supported our 8th Market Day on Saturday 17th. It was another huge success and a lot of fun had by all who attended. Whether they were stocking up on Christmas Gifts, Toys or catching up with family and friends over Devonshire Tea and fresh Do-Nuts.

Mother Nature was a lot kinder this time as the sun shone brightly and (unfortunately!) the rain clouds stayed away. We did have lots of wind which would have been well appreciated by the Artists Group "Wind in Motion".

Congratulations to Sheryl Smith for winning the Tupperware Serving Centre and to Eibhlis Newman for getting the closest guess with the Jelly Bean Raffle.

Special **THANKS** must go out to the following people who without your help the day wouldn't have gone ahead so smoothly:

Jeanette and Annie for baking the delicious Devonshire Teas, Grant for his culinary skills with the sausage sizzle. Diane for travelling 'home' for the weekend to look after the money and raffles. Mary, Irene, Jeanette, Elsie, Annie and Henk for all your work with morning teas and other work behind the scenes. We couldn't exist without the help of all our Volunteers. Thank you to the Shire of Lake Grace and Lake Grace Meat Supply and all who donated goods.

Thank you also to the stall holders for your support and from those I spoke to, we are glad you had a successful day. It was fantastic to see so much support for the various Community Organisations and Charities. Finally a **HUGE THANK YOU** to the community of Lake Grace for attending the Market Day—your constant and ongoing support is appreciated by all.

Thanks again to EVERYONE and we look forward to seeing you all again at our next Market Day which will be held in October 2010.

Thank you, Trish

**Don't forget Christmas is just around the corner...
Get your Christmas gifts from the Lake Grace Shire Visitor Information Centre.**



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It is now time to order your tree seedlings for next winter.

We also take bulk orders of 10,000 seedlings or more, so get together with your neighbours or friends and make up an order and take advantage of the discount price.

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EMAIL: anda-lea@westnet.com.au**



Visitors Centre

(Stationmaster's House)

Thank you so very much to all our volunteers who helped out at the Market Day. Your help and time was very much appreciated. A huge THANK YOU to our community for your support in making this Market Day one of the best ever.

NEW STOCK HAS ARRIVED...

Bottle House Creations—Scrubs & Cremes
 Ross Ramm's Woodwork

We are always looking out for people to join our volunteer group so if you have 3 hours to spare and love to meet new people from all over the world "literally" we would love to hear from you. Talk to one of the volunteers today or for more details please phone Mary on 9865 1321

★ OCTOBER / NOVEMBER 2009 ★ AGM—Tues 10th November @ Visitor Centre—ALL WELCOME						
Mon 26th * Bill Jenks *	Tue 27th * Betty Daly-King	Wed 28th * Michelle Dunham * Val Whiting	Thur 29h * Henk Doelman * Elsie Bishop	Fri 30th * Annie Slarke	Sat 31st *	Sun *
Mon 2nd * Bill Jenks *	Tue 3rd * Betty Daly-King	Wed 4th * Michelle Dunham * Val Whiting	Thur 5th * Henk Doelman * Elsie Bishop	Fri 6th *	Sat 7th *	Sun *
Mon 9th * Bill Jenks *	Tue 10th ★ * Betty Daly-King	Wed 11th * Michelle Dunham * Val Whiting	Thur 12th * Henk Doelman * Elsie Bishop	Fri 13th *	Sat 14th *	Sun *

THANK YOU FOR SUPPORTING THE LAKE GRACE VISITOR CENTRE MARKET DAY

Want to Earn Some Easy \$\$\$\$

On the 20th of November, a bus driver is needed to drive the community bus to and from Narrogin, leaving from Greenline Ag in Lake Grace at 5:00pm and returning around midnight.

The willing driver must have a current licence required to drive a bus and some tolerance for slightly rowdy behaviour.

The applicant **will be paid.**



So if you think your up to it, please call:
Maggie on 0427 890 058

CAMERA CLUB

Calling all Camera Enthusiasts

Are you interested in forming the Lake Grace Camera Club?

Open to everyone - with or without knowledge
 All you need is a camera.
 If you are interested please contact

For further
 Michelle Dunham
 9865 3054



Cheryl Chappell
 9865 4058

information

Life in the 50's by Allan Zweck (Cont. from page 16)

favorite, but by today's standards, the stories were a little pathetic – (we could also get Hopalong Cassidy, and Tom Mix comics, which we enjoyed reading). In the winter it was quite cold sitting through a movie, so we would wear overcoats and take a “travelling rug” and sit close together to keep warm.

There were often concerts we would go to, in particular the Harold Raymond concert. He was a blind man, and played a violin, and would take a troupe around the country each year performing in each town to raise money for the blind. It was a very popular outing. Our town would also put on a concert at times, when the local talent was shown off. We had good actors, musicians and singers.

Did you know anyone in World War 1 or 2?

Yes. I had 3 cousins that I know of went to the Second World War. One was captured and kept in a Japanese prison camp until after the War. When he came home, his family brought him to visit relations, and I remember he was very thin. While he was in prison, an uncle, who was a Lutheran pastor, wrote to him regularly, and he shared his letters with the other prisoners, who read them over and over and over again, and the other prisoners would say, “my word, he is a good man!” Another cousin suffered an injury in the war, but I don't know anything about it – he still lived a long life, and only died a few years ago.

I had another cousin, though I did not know him - I found out about him while researching family history, who was in the First World War. He was a very heroic man and won a Military Medal for bravery. He also served in the Royal Australian Navy and was involved in its first Naval Battle when they destroyed the Emden, a notorious enemy ship which caused a lot of trouble against our side in the War. He wrote his eyewitness account about it, which is truly amazing!

What was your childhood like?

I had a very happy childhood. I was the 8th child in a family of 12, so there was always plenty of company and my older brothers and sisters were always mindful of my welfare. They also made sure I learned obedience and respect and all the other decent behaviours in life, even if it meant a “clip round the ears” when necessary. My parents too, set the standard, and when we were all seated round the dinner table, (14 of us), if any one was acting up, Dad would draw back on his seat, and take out from a drawer, a large butter spoon, and place it next to him on the table. It had a dramatic effect at curbing wayward behaviour, though there were times he did use it, and that really was effective! On reflection, this was something of a blessing to be brought up with good values, and we also learned to be very tolerant and helpful to each other.

All though we were a large family we were always well fed and well clothed. Mum learned sewing, and was able to make our shirts and would knit jumpers or pullovers for us. Perishable food was kept in a cellar underground, where it was as cool as we could get. Eventually we got a kerosene refrigerator which did its cooling by burning a wick soaking up kerosene, and every week it was some ones job to fill it with kerosene. We all had to do our bit too when chores were to be done. We had a wood stove, so we had to chop wood, bring in wood and “morning wood”, (small pieces for starting the fire in the morning), help cut wood, and chaff, usually Saturday mornings when we were home from school, or before football. Another chore was to gather the eggs, from all around the farmyard, the haystacks and machinery, where we always knew the favourite places for the chooks to lay, though every now and again we would find a big nest where the chooks had been hiding from us! Sometimes we had young chickens, (we would get 100 at a time), and young turkeys, which Mum would breed, and we would have to feed and water them, and lock them up at night so the foxes would not get them. One night a fox killed all the young turkeys (about 20) which Mum was hoping to have ready for Christmas dinners – she would also sell them to other people, and she was very sad and cross about that! And I don't know who didn't lock them up!

We had to help with gardening, and watering the garden, especially on hot days. (Mum had a big veggie garden). On hot days we had to be watchful that the pigs too had water and we would hose them down, and sometimes they would still die from heat. We would have to get the cows in, and often we could go to the



Lake Grace-Pingrup Football Club (Inc.)

P.O. Box 73,

AGM

Held at the Lake Grace Sportsman's Club Monday 12th October 2009

President : Royce Taylor
 Senior Vice President : Steve McWhirter
 Junior Vice President : Grant O'Neill
 Committee: John O'Neill
 Luke Bairstow
 Alex Duckworth
 Allan Marshall
 Secretary: Geoff Sabourne
 Treasurer: Naomi Duckworth

COACHING POSITIONS FOR 2010

Vacancies for both for both League and Reserves
 Coaching positions are now open for submissions

Applications must be in writing with any remunerations
 and posted to

Secretary
 PO Box 73
 Lake Grace WA 6353 or email
geoff.sabourne@gsfs.com.au

APPLICATIONS CLOSE
 MONDAY 16TH NOVEMBER 2009

The Importance of Time Budgeting

Ever found yourself saying "I don't have enough time?" If you lead a busy life, as most people in the world do, it is a fairly common thing to have more to do than is reasonable in any given day.

The one thing that we all get in equal measure is time, yet for some it's not enough and for others it seems to drag but very few of us seem to get it just right. If we know exactly how much time we are going to get each day surely the problem isn't with time but rather with our inability to manage what we do with the time we have.

One of the strategies we could apply is the development of a time budget. Most of us are pretty good at budgeting our money. The principles of time budgeting are very similar certain things are not negotiable and some things are discretionary.

If you consider your time in twenty four hour blocks most of the time is committed to such things as sleep (8hrs) meals (2 hrs) work (8hrs) showers and dressing etc (men 30 minutes, women it depends!) which leaves about 5 hours only that has some flexibility or discretion to do differently.

For most of us these are the hours that can easily be squandered simply because we don't plan how to

spend them. It is often said that if you want something done ask a busy person. Busy people are usually the ones who manage their time best and know how to budget time to gain maximum outputs.

In my life I find that when I have a lot on I manage my time best, if I don't things get missed. As we head into the busy hay and harvest season start planning your time schedule.

It is critically important that you don't compromise on the essentials of your everyday life needs, understand which bit of time you can re-negotiate and set yourself a realistic time budget to achieve your harvest goals. In setting these time goals make sure you put in some relax time as fatigue is one of the consequences of poor time budgeting.

Financial budgeting is important but time budgeting is even more so as it's very difficult to get a time overdraft. We must live within our means and we all get the same daily allowance so use it wisely and it will balance at the end of the week.

Regards
Julian Krieg
Wheatbelt Men's Health

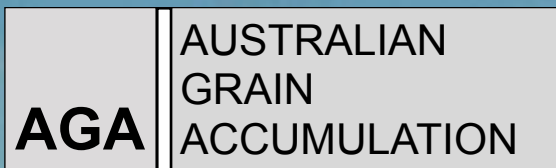
Relief School Bus Driver

A relief School Bus driver is **URGENTLY** required to drive on Fridays (flexible) and when needed. If you are able to help, please call Devon on 9865 1092.



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HUMOUR

Lost

The phone rings and a little boy answers it.

The caller says: 'Is your mummy there?'

In a whisper, the little boy replies: 'Yes.'

'Can I speak with her?'

'She's busy.'

'Is your daddy there?'

'Yes.'

'Can I speak with him?'

'He's busy.'

'Is there anyone else there?'

'The fire brigade.'

'Well, can I talk to one of them?'

'They're busy.'

'Is there anyone else there?'

'The police are here.'

'Well, can I talk to one of them?'

'They're busy.'

Let me get this straight. Your mother, your father, the fire brigade and the police are all at your house. And they're all busy. What are they doing?.

'They're looking for me.'

The Burglar

A burglar breaks into a house one night. While shining his flashlight on the floor in the dark, he hears a voice saying, "Jesus is watching you."

He looked around nervously, shook his head, and kept

looking for valuables.

He again heard, "Jesus is watching you."

This time he shone his light all around the room, and it rested on a parrot. He asked, "Did you say that?"

The parrot said, "I'm just trying to warn you, that's all."

The burglar asked, "Warn me, huh? Who are you?"

What's your name?"

"Moses."

"Well, what kind of stupid people would name a parrot 'Moses'?"

The bird answered, "I don't know; I guess the same folks who would name a Rottweiler 'Jesus'."

Adopted Turtle

Deep within a forest a little turtle began to climb a tree.

After hours of effort he reached the top, jumped into the air waving his front legs and crashed to the ground.

After recovering, he slowly climbed the tree again, jumped, and fell to the ground

The turtle tried again and again while a couple of birds sitting on a branch watched his sad efforts. Finally, the female bird turned to her mate

"Dear," she chirped, "I think it's time to tell him he's adopted."



There's still time

We've got one big week left to celebrate the windy wonder of October. Get out those streamers and give it your best shot.

TARIN ROCK TENNIS NOTES

It was good to see everyone having a social hit and getting in some practice on Friday night for our first pennant game for the season on Sunday. The new BBQ worked a treat, thanks Pete for hooking that up. The new blackboard looks a treat thanks to Sarah Allen for the fantastic artwork.

The weather forecast for Sunday wasn't what we had planned. We hosted Dudinin in very hot blustery conditions in what was pretty much a repeat of last year. Although Dudinin were run away winners the score didn't reflect how close a lot of the games were.

Thanks to the absence of our fearless leader Leon, we had to call on a few extras. Thank you to all who filled in, men and ladies. And just for the record Morg's, Eddie wasn't liking anyone very much after he discovered that the fill in captain had put him at number 2, so I would be watching my back if I was you! It was a very enjoyable day of tennis despite the weather.

Social Tennis this Friday night 5pm. BBQ tea, please bring a salad to share. There will also be social tennis on Sunday 25th October starting at 3pm. The usual for tea.

Coming Events: North vs South
Battle of The Sexes

Smash Cancer Fun Day
Championships - no getting out of it
this year men!!!!

Our next pennant match is against Lake Grace @ Lake Grace on 1st Nov.

Best wishes to Courtney Gray and Pete Robinson who get married this weekend on the farm. We hope all goes well with lots of fun and laughter and enjoyed by all.

Tania Bray

SOPHISTICAKE

Gourmet Sophisticake Fruit Cakes, Puddings and Panaforte.... Christmas just wouldn't be the same without them.
Also Perfect for Gifts.

Limited stock available, call in the Visitor Centre and place your order today. Or phone Trish on 9865 1120 or Mary on 9865 1321.

Don't Miss out—ORDER TODAY

Adam Falls will be conducting a Level 1 Cricket Coaching course on

Sunday the 8th of November 2009.

The one day course will be held up at Narrogin Senior High Schools oval. Start time is 10.30am and we should be done at 4.30pm.

There will specialist coaches from Perth on the day including current Western Fury state coach Steve Philippe conducting practical sessions on all aspects of cricket. The cost for the course is \$100 which includes the Cricket Australia level 1 resource pack, lunch and refreshments.

This is a great opportunity for people who work with under age and community cricket teams to further their cricket knowledge.

If you are interested in participating on the day or have any questions please contact Adam (as per details below) for a copy of the enrolment form. Form must be filled out and returned to Adam by no later than

Monday the 2nd of November.

It is vital that numbers are identified ASAP.

Adam Falls

Central Districts Regional Cricket Officer - WACA
Fax: (08) 9265 7275
Mobile: 0427 193 385
Email: adam.falls@waca.com.au
www.waca.com.au

NOTIFICATION OF ROADWORKS

Date of works

Wednesday 4th November 2009

Location of works

Kulin Lake Grace Road Railway Crossing and Biddy Camm Railway Crossing.

Description of traffic management arrangements

Road to be closed at the Kulin Lake Grace Road Crossing with a detour via Mather Street between 10.00am and 2.00 pm for approximately 30 minutes.

Road to be closed at the Biddy Camm Road Crossing between 12.00pm and 3.00 pm for approximately 10 minutes, Traffic Controllers will be in place to advise motorists of what is happening and for how long they will have to wait.

Description of works

Time trials for loading Australia Railway Group Wheat trains at the Lake Grace CBH terminal

LAKE GRACE GYM CLUB

This final term has been a busy one for the gym club, with 28 gymnasts competing in the GSCS Regional Competition on the 19th and 20th of September. This year, gymnasts from the Katanning, Kojonup, Narrogin, Esperance, Dumbleyung and Lake Grace gym clubs attended, with everyone looking extremely professional in their club colours. We had gymnasts competing in WG levels 1, 2, 3, 4, and 5, and MG levels 1 and 2, with Lake Grace gymnasts winning places in all levels. Congratulations to all those who competed – you did our club proud! Overall, our gymnasts were awarded 6 gold medals, 8 silver, and 13 bronze. I wish I could say that Lake Grace won the club trophy, but Dumbleyung was awarded that honour – let's work on winning it in 2010!

Thank you to Vicki, Anke, Tineka, Lisa, Linda, Eddie, Juanita, Emma and Walker who helped out by taking on jobs over the weekend, and thank you to all parents for getting their children to Katanning on time, dressed in club uniform, and with hair done. Our children looked fantastic, and they did so well!

Well, it's hard to believe that the gym season has come to an end, with our Mondays no longer filled with handstands, cartwheels, straight jumps and pullovers! It has been a wonderfully rewarding season, with all our gymnasts from Kindergym through to the upper levels, gaining confidence and learning new skills on all of the equipment. Those children who stumbled across the beam at the start of the season, can now run over it and leap from its end (as we saw in our final team challenge!), which is a huge achievement, considering the beam is a tiny 10cm wide!

A huge thank you again to all of the coaches – enjoy your well deserved rest over the summer! And everyone, be ready for an even bigger and better year of gym in 2010!

Finally, we wish those gymnasts competing in the State Championships in Perth on the weekend of the 31st of October the very best of luck. Most people attending will never have heard of Lake Grace, so let's hope that by the end of the weekend, we will have reeducated some of them!



*Walker Zweck, Jack Downey,
Josh Pearce, Fletcher Taylor*



Bianca Zweck



*Right - Back Row: Danielle Stone, Kate Fisher, Robyn Watkinson, Tayah Medlen, Kaitlyn O'Neill, Georgia Gerard, Shaylah Medlen
Front Row: Sophie Parker, Eibhlis Newman, Michaela Stoffberg,
Kara Smith, Ava Rawlings*



NEED A RUBBER STAMP??

TO PLACE AN ORDER OR OBTAIN A QUOTE CONTACT THE
LAKE GRACE TELECENTRE

LAKE GRACE REDBACKS "WEB NEWS"

Season fixtures for October to December were printed up last week (thanks Suzanne) and are available from the Tennis Courts on Wednesday or Friday night or Sunday afternoon.

This Friday nights theme is bring along a winter sport player (who doesn't normally play tennis). So get busy and lets see which Club comes up with the numbers. Netball, both Hockey's, Golf, Football and Darts even. I've got a prize for the person who invites the most Winter Sporters.

On Sunday we are fixtured to have our Doubles Championships, so I'm challenging all the regular players to get a partner and get your names in to Alex Duckworth and Lauren West by Friday night so they can do up a draw. I know it's not much time but we should be able to get six to eight couples in the ladies and men's competition if we put some effort in.

Congratulations to Kristie & Derek Stanton on the arrival

of their son a few days ago. I hope Father Christmas manages to sneak a little tennis racquet into his Xmas stocking, not a cricket bat! We look forward to catching up with Kristie and Jnr Stanton soon.

Don't forget to see Natalie O'Neill or Danielle Robertson for your shirt orders with the new club design! They have ordered some extras, but it would be good to only have to do a couple of orders.

On Sunday we played Toolibin at Toolibin for our first match of pennants. A hot windy day tested our abilities but I think we did very well on the day only losing 19 sets to 15.

Welcome Jemma Swarbrick to the team who played up the top with Lauren and who both had a great day. Well done to Simon Thomas, Natalie O'Neill, Sandy Gittos and Peter Burbridge who all had long duals and pretty good results. A bit more practice and we'll see if we can sort out Tarin Rock at home in a fortnight.

SPORTS BUNKER PROGRESS REPORT

I've had enough of the building between the Netball & Tennis Courts being called a "Shade Structure" or a "Shed", so until someone can give it a more impressive or descriptive name, I will call it the Sports Bunker. Following on from last fortnights report, Helen & Lisa Shalders put a final coat of paint on the walls after Danielle Robertson, Grant Marshall and Darren Clifford gave the fiddly bits a coat. Darren also put in a solid effort during the week to finish off the last of the ceiling and walls. Thanks very much - great effort.

Last Saturday saw the Hockey Trolls give the floors a couple of coats and it came up a treat. This was followed by breakfast/lunch (they did get going early!) and some refreshments I'm told. A big thank you to Jodi Pearce, Belinda Bowron, Caryn Kirk, Mae Connolly, Rohan Willcocks and Danielle Robertson for your efforts on Saturday, I know the Hockey girls will utilise the Bunker after listening to some of the ideas they had brewing up!

Hopefully this week we will pick up the shelving from

Perth and Steven Chappell and helpers can start making the lockable cage doors etc.

We are searching for a stainless steel kitchen with inbuilt cupboards if possible so if anyone has any contacts in the trade or knows the whereabouts of such equipment please let me know, we are probably in need of a decent fridge too as the Tennis Clubs "ole white whaler" too is struggling a bit now, so contact me if you think you can help.

On Sunday we played Toolibin at Toolibin for our first match of pennants. A hot windy day tested our abilities but I think we did very well on the day only losing 19 sets to 15.

Welcome Jemma Swarbrick to the team who played up the top with Lauren and who both had a great day. Well done to Simon Thomas, Natalie O'Neill, Sandy Gittos and Peter Burbridge who all had long duals and pretty good results. A bit more practice and we'll see if we can sort out Tarin Rock at home in a fortnight.

Ross Bowron

LAKE GRACE TENNIS RACQUET

Junior Coaching

Justin Maguire is here once again and will be coaching Thursday afternoons, starting on the 22nd October.

A notice was put in the school newsletter for all students who have an interest in learning the great game of tennis and improving their tennis skills. Justin can only take between 8-10 students in each session so get in early and ring **Linda Hunt** on **9871 9021** to register.

Senior Coaching

Justin will also be available to coach adults Thursday evenings, starting on the 22nd October at 6.30pm. If you think you need some improvements and would like to learn some new techniques, Justin could be the man! We need at least 8 in the session which would be approx a cost of \$15 a person for each session. The sessions could be divided into two 4 week blocks if 8 weeks is too long and it interferes with harvest.



If interested please ring **Linda Hunt** on **9871 9021** ASAP

ARC SPRING INTO FITNESS 2009

DAY	AM	PM
Monday	6.00 - 7.00 FORCE (Sharon)	5.45 - 6.45 FORCE (Letisha/Anna)
Tuesday	9.20 - 10.10 SUPER CIRCUIT (Letisha)	5.45 - 6.45 MENEZES PILATES (Tahryn) 6.50 - 7.50 BEGINNERS MENEZES PILATES (Tahryn)
Wednesday	6.00 - 6.50 ARC SUPERCHARGE (Sharon) 9.10 - 10.10 MENEZES PILATES (Tahryn) 10.20 - 11.20 BEGINNERS MENEZES PILATES (Tahryn)	5.40 - 6.40 HI LO FAT BURNER (Anna)
Thursday		5.45 - 6.35 STRONG & STABLE BALL (Tahryn) 6.40 - 7.40 MENEZES PILATES (Tahryn)
Friday	6.00 - 7.00 FORCE (Sharon) 9.30 - 10.10 FOREVER FIT (Sharon)	

- **PLEASE INFORM YOUR INSTRUCTOR OF ANY HEALTH ISSUES YOU MAY HAVE AT THE BEGINNING OF THE CLASS**
- Classes are designed to cater for all levels of fitness unless otherwise informed
- Please bring water bottles, a towel and correct footwear to all classes
- Early morning classes may be cancelled without notice due to unforeseen circumstances. Where possible notice will be given.
- Please bring a hat, sunglasses and sunscreen to outdoor classes.
- Due to participant safety, please arrive at classes on time. Participants will not be permitted to join class if more than 5 minutes late.
- **For the comfort of all ARC participants please bring a towel to all classes**
- *Classes may be cancelled due to unforeseen circumstances, where possible notice will be given.*



Life in the 50's *by Allan Zweck (Cont. from page 30)*

gate and call, "Come cows come," and they would look up, then the leader would start leading them home. We had to help with the milking, carry the milk to the house 100 metres away, then turn the separator and take the separated milk to the pigs and calves, and put the cows out.

During 1950 we installed a milking machine, so that made milking easier, and we no longer had to turn the separator, as it was driven by a belt from the milking machinery, and it was close and handy to feed the pigs and calves, but we had to bail up and feed the cows chaff and bran after they were milked. The milk machine engine also had to double as the power source to generate electricity as our 32volt plant, the electricity being stored in 16 large 2 volt batteries to provide lighting for us. When we did our washing and ironing, the engine had to be kept running to generate enough power, so we had to regularly add water to the engine to keep it running cool enough. It was only in 1956 that we got the 240 power on, and that improved our lives dramatically, as we then had a hot water system installed, and electric stove, electric fridge, and an ever reliable radio, iron and other electrical gadgetry. Before we had the power, we had to light the copper for enough hot water for a bath and carry it in buckets to the bathroom, while on the stove was always two large kettles full of hot water, for our washing when we needed a good scrub up. Saturday night was always bath night.

We still had lots of time for fun too, and when we were

young we used to play "farms". We had high shady pine trees around our house yard, and the ground was soft, so we would mark out our farm, and make roads and paddocks, on our hands and knees we would drive our tractors and combines around the paddocks making the appropriate tractor sounds, until the paddock was finished. We would drive our trucks up the road and carry loads on them. Our machinery was home made from anything we could make look like an implement. Our elder brothers made up some toy trucks for us and we improvised for tractors with off cuts of wood with a nail driven into it to pull an implement. A combine was easy to make because there were pieces from machinery that would make a mark like a rake, and this was just like the marks a combine would make, so by twitching some wire or bolting a piece of hoop iron, we had a combine. The pine trees where we used to play would also have many sparrow nests and I would often climb them and raid the nests for eggs, which would have as many as ten, and at one time I had 2,000 sparrows eggs.

It was also during the 50's that I discovered what beautiful creatures girls were, and I took a lot of notice of them and enjoyed being in their company, though it was a long time before I chose a favourite. In 1959 I was given a 21st Birthday party when many friends and relations came to help me celebrate. And that was also when Dad bought a new Zephyr utility, which later became my first motor vehicle.

Protecting your tenancy bond

Whether you're a landlord or a tenant, it's in everyone's interest to make sure bond money is protected.

If you're one of the many thousands of Western Australians who rent, you're probably already familiar with paying a security bond in advance to cover any costs you may have to pay at the end of the tenancy, for cleaning or for any damage you may have caused.

But did you know that once you've paid a bond, the landlord has to give you a receipt straight away and put the money into a special account within 14 days? The receipt must show who paid the money, how much was paid, the date it was paid and the address of the property for which it was paid.

The landlord then has 14 days to put the money into a Tenancy Bond Account. It's usually with the Bond Administrator (part of the Department of Consumer and Employment Protection) or sometimes with a bank, building society or credit union. Wherever it is held, the landlord and tenant/s should sign as joint signatories.

If a real estate agent is handling the property, the agent should deposit the bond as soon as possible into a REBA (Real Estate and Business Agents Supervisory Board) Tenancy Bond Trust Account with a financial

institution such as a bank, or into an individual tenancy bond account held by the Bond Administrator.

The idea of doing it this way is to protect the bond money. To have the bond returned to the tenant or the owner, forms must be signed by all signatories to the bond account at the end of the tenancy. This means that both parties have to agree on how the bond will be disbursed and it gives both parties an equal say in making those decisions.

If you're not the only tenant, make sure each tenant's name is on any form and that all of you have signed the lodgement form. This protects your share of the bond.

You must also be given a copy of the lodgement form. If the bond is with the Bond Administrator, you will receive a record of the payment from the Department of Consumer and Employment Protection.

If you think an owner or agent has not deposited your bond money with the Bond Administrator or in a bank, credit union or building society or real estate agent's trust account, call the Consumer Protection Advice Line on 1300 30 40 54.

You can find more information about tenancies and bonds at www.commerce.wa.gov.au/tenancy.



Basketball Notes

The Lake Grace Basketball Association was back in full swing after a ten year break last Tuesday night, with well over 80 players, junior and senior, and a multitude of supporters at the courts to witness the first games. Many of these were the first games in ten years for some participants and I imagine there were a few aching bodies around the town on Wednesday morning. Smiles all round as old and new players alike tried to work out what exactly the game requires, with some interesting takes on the rules coming out.

Our thanks must extend to the Shire for finally getting our courts finished and to Councillor Royce Taylor for officially opening the evening. Also to all the Committee of the LGBA for the work they have put in over the past few months to get this up and running. As always there are the volunteers behind the scenes who do the work and I want to thank everyone involved in any way, you know who you are.

The season officially starts next Tuesday the 27th October with the Sub Juniors (U9) taking to the courts at 4.30pm, followed by the U13 at 5pm, U15 at 6pm and the seniors are starting at 7pm. It's not too late to get involved, contact me on 0427 676 025 if you are keen for a run around. Umpires are required so if you know the rules and can enforce them contact Geoff Sabourne on 9865 1221 to put your name down.

At this point we have four ladies teams and four men's teams. Fixtures will be drawn up before next week and team contacts will be advised of their first game times for seniors.

Danielle Robertson

Below: Stephen Chappell and Jeanette Trevenen wearing the new umpire shirts



Lake Grace Swimming Club

Registrations

Registrations for Swimming Club will take place at the Tennis coaching day conducted on *Thursday, 29th October* after school at the Lake Grace tennis courts. Yvette will be there to register your child or children or if you are unable to attend on that day please ring Yvette on 98653046.

We have decided to get the ball rolling with registrations as there is still no definite opening date for the pool. The Shire are still in the process of securing a pool manager.

The regional swim clinic/camp that is to be held over the weekend of *November 14th and 15th* in Albany requires us to have swimmers names in fairly soon. All swimmers who attend must be *registered* with the club. The clinic/camp is great value. \$20.00 per swimmer includes coaching, accommodation and meals. Adults wishing to attend will pay \$60.00 for the weekend.

If your child is interested in attending the camp it is important that they register with the club on *Thursday, 29th October*.

Stay tuned for the Swimming Club's official Open Day when the pool opens for the season.

Car Washing

October 24th/25th—Zweck family

October 31st/November 1st—Hunt family

November 7th/8th—Naisbitt family

November 14th/15th—Smith family

Elisabeth Hawkins Rural Service Officer

Elisabeth has a mobile office and helps all rural businesses and farming enterprises with their Centrelink enquiries.

If you would like to make an appointment with Elisabeth please give her a call on 9841 9126 or 0447 891 985.



CLASSIFIEDS

PUBLIC NOTICES

SENIOR CITIZENS LUNCHEON 2009
1st Thursday of every month.

November 5th Playgroup
 December 3rd Anglican Ladies

Lake Grace CWA would like to say thank you to all groups for continued support of this wonderful service to our Senior Citizens.

Lake Grace Hockey Club AGM

Reconvened Monday 26th October at the Lake Grace Sportsman's Club
 Commencing at 7pm sharp.

Margaret Cole

Clinical psychologist / counselor for Southern AgCare comes regularly to Lake Grace. A free and confidential service.

Contact direct: 0427 441 459 or
 margaretmcole@iinet.net.au

Shire Council Meetings 2009

The next council meeting is Wednesday 28th October 2009, 1pm at the Council Chambers at Lake Grace. Members of the public are welcome to attend meetings.

Visitor's Centre AGM

Tuesday the 10th November.
 All welcome.

LG Golf Club AGM

The Lake Grace Golf Club hereby gives notice that the Annual General Meeting will take place on **Thursday 22 October 2009** 7:30pm at the

Lake Grace Sportsman's Club.

Notice is also given that at the meeting it is proposed to amend the Constitution to include 'sub junior' members under Clause 6 - Membership.

Clause 6 currently reads: **6. Membership** Members shall be classified as: (a) Ordinary Members; (b) Life Members; (c) Junior Member; (d) Honorary Member; (e) Temporary Member Currently Junior Members are required to be 14 years of age before they are eligible for membership. Due to the ongoing success of the Junior Golf program members have agreed that 'sub juniors' should be included in the Constitution.

WANTED

House to rent

3 or 4 bedroom house to rent in Lake Grace
 Call Kerry-Lee on 9865 1100

FOR SALE

2007 VE SS COMMODORE

Sports Exhaust 37,000Km
 Please call Rex on M 0429 649 021
 For enquires and price

Volvo F7 Truck

6x4 with bin, cross auger & roll tarp
 4840 John Deere Tractor
 Phone: 9866 8039

2005 TOYOTA HILUX SR Dual Cab 4Lt Petrol

Fitted with SR 5 Extra's, Sports roll bar, side steps, tinted windows, fron & rear flares, torean cover, reese tow bar, spotlights, electric brakes, Steel bull bar, wide wheels, dual battery. Automatic: Only 34,000Kms

In new Condition \$36,000
Phone 9865 1160

2003 Mitsubishi Triton 2.8 Lt Turbo Diesel

Traytop single cab, canvas canopy, wide wheels, Roo Bar, Tow bar, 2way radio, 2x spare wheels.

\$15,000
Phone: 9865 1160

Lake Grace Shire Councillors

Councillor	Telephone	Fax
Andrew Walker (President)	9865 1241	9865 1921
Ian Chamberlain (Vice President)	9871 6001	9871 6035
Amanda Milton	9865 1960 0429 654 011	
Ollie Farrelly	9865 1180 0427 651 180	9865 1188
John Dunkeld	9871 2059	9871 2094
Jeanette de Langrafft	9838 9062	9838 9041
Royce Taylor	9865 1507	9865 1320
Wally Newman	9871 1582	9871 1587
Dean Sinclair	9874 7045	9874 7005

CRISIS CARE NUMBERS

Doctor's Surgery	9865 1208
Hospital	9890 2222
Ambulance	000
Police Station	9865 1007
Fire Brigade	9865 1250
Emergency Services	000
Electricity Faults	13 13 51
Water Faults	13 13 75
Directory Assistance	12455
Crisis Care Unit	9325 1111
Women's Refuge Group	9227 1642
Family Violence Intervention Programme	9336 2144
ACRAH Men's Refuge	9272 1333
Domestic Violence Legal Aid Unit	9328 7602
Family Court of WA	9224 8222
Youth Legal Service	9227 4140
Citizens' Advice Bureau	9221 5711
Samaritan Befrienders	1800 198 313
Margaret Cole	0427 441 459
Poisons Information	13 11 26
Kids' Helpline	1800 073 008
Seniors' Information	1800 199 087
Family Helpline	1800 643 000
Southern AgCare Counselling	0427 441 459

Justices of the Peace

Mr Neil Bishop	ph 9865 1632
Mr Colin Connolly	ph 9865 1010
Mr Ron Dewson	ph 9865 1224
Mr Len Elliott	ph 9865 1137
Mr Geoff Sabourne	ph 9865 1171
Mrs Amanda Milton	ph 0429 654 011

**ANGLICAN CHURCH
OF LAKE GRACE****Sunday 25th October**

Lake Grace 9am

Sunday 1st November

Lake Grace 9am

Enquiries: Father Dave 0427 545 560
Terry Gladish 9865 1022

**LAKE GRACE
CATHOLIC CHURCH****Sunday 25th October**

Lake Grace 8am
Kukerin (C/S) 10am

Saturday 31st October**Parish Picnic**

Caelli's farm Ravensthorpe 10am

Sunday 1st November

Kukerin 9am
Lake Grace 6pm

For inquiries and request for home visitation, please contact the parish office on 9865 1248.

Watering Days in Lake Grace

Last digit of your lot or house number	Your two scheme watering days are:
1	Wednesday & Saturday
2	Thursday & Sunday
3	Friday & Monday
4	Saturday & Tuesday
5	Sunday & Wednesday
6	Monday & Thursday
7	Tuesday & Friday
8	Wednesday & Saturday
9	Thursday & Sunday
0	Friday & Monday

You may water only once either before 9am or after 6pm

COMMUNITY CALENDAR

October

Fri 23 Fish & Chip Night - LGS Club
 Social Tennis 6pm-9pm
 HACC Activity Day
 "Emmett" Solo artist at Sportsman's Club

Sat 24 Steak Night at Sportsman's Club
 Cricket—LG v Kukerin

Sun 25

Mon 26 Recycling Collected
 LG's Biggest Loser Round 4
 Hockey Trolls AGM

Tues 27 Physiotherapist
 HACC Chair Aerobics & Exercises
 Seniors SOYF Aerobics - 10am-11am
 Weight Watchers
 Pingrup Potters
 HACC—Morning Tea at Village Hall
 Swine Flu Vac Clinic 2pm-5pm
 Basket ball Starts

Wed 28 Shire Council Meeting at LG

Thur 29 Pizza Night - Rosies
 Occupational Therapist in Lake Grace
 Speech Therapist in Lake Grace

Fri 30 Fish & Chip Night - LGS Club
 Social Tennis 6pm-9pm
 Community Auction for Cadence Lindley
 LG Sportsman's Club AGM

Sat 31 Steak Night at Sportsman's Club
 Cricket - BYE
 Bowls - Karlgarin vs LG
 Craft at CWA
 Closing ceremony of Art in Motion

Sun 1

Mon 2

Tue 3 Physiotherapist
 Weight Watchers
 HACC Chair Aerobics & Exercises
 Seniors SOYF Aerobics - 10am-11am
 Pingrup Potters

Toy Library AGM, 10am

Wed 4 Building Surveyor in Lake Grace

Thur 5 Pizza Night - Rosies
 Occupational Therapist in LG
 Speech Therapist in LG

Coming Events

November 8th -Level 1 Cricket Coaching in NGN
 November 7th - Phillipino Night at Sportsman's Club
 November 10th - Visitor's Centre AGM
 November 14th & 15th - Regional Swimming Camp in Albany
 November 15th - Pingrup Church Anniversary
 November 19th - Immunisation Clinic
 December 6th - Narrogin swimming Open

Photo ID's

Do you need a photo for an ID pass,
 passport, library card or licence?



The Telecentre are able to take and print your photos.

\$12 for a set of four (4)

2	8	9	4		6			
			9		7	6		
	5					3		
7				2	9	5		
				1			6	7
	4			6				
			8				9	6
3	7					4		
1					5			

Sudoku

- The Sudoku grid of rows and columns is divided into individual 3x3 boxes.
- The aim of the game is to fill each row, column and 3x3 box with the numbers 1 to 9.
- You can't repeat numbers in a row, column or 3x3 box and you can't change the numbers already in squares.

9	2							3
	8			7				
							6	9
4					2	9		
		2		6			1	4
8	6	7						
	3		9		5	8		
			3	2		5		1
							2	9